



# Programs for Active Adults Around Town

November 2023 - January 2024

Hosted by Coming of Age (CoA)

For more information, call or email:  
301.348.3832 | [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org)



# A MESSAGE FROM CoA

CoA has a variety of programming planned to keep you active this winter! We look forward to you joining us for one or all of these wonderful programs!

## HIGHLIGHTS INCLUDE:

**NOV 30:** Annual "Knishes" Deli Luncheon & Lecture

**DEC 13:** Hanukkah Concert featuring Y-Studs A Capella

**JAN 7-12:** CoA goes International: HAVANA, CUBA

**Questions? Call Frieda or Lindsay at 301.348.3832.**



*Frieda and Lindsay*

## The Lessans Family Book Festival

JEWISH STORIES THAT TRANSCEND BORDERS AND CONNECT PEOPLE.

### OPENING NIGHT!

**Mel Brooks: Disobedient Jew, by Jeremy Dauber**

Wednesday, November 1 | 7:00 PM | In Person | \$18

Pre-event reception begins at 6:15 PM

**Speaking Yiddish to Chickens: Holocaust Survivors on South Jersey Poultry Farms, by Seth Stern**

Thursday, November 2 | 7:00 PM | In Person | \$18

**Kantika, by Elizabeth Graver**

Friday, November 3 | 10:30 AM | \$30\*

\*Ticket includes program and brunch. Catering provided by Shalom Kosher.

**Why We Love Baseball: A History in 50 Moments, by Joe Posnanski**

Sunday, November 5 | 10:30 AM | \$18

**A Small Sacrifice for an Enormous Happiness: Stories, by Jai Chakrabarti**

Sunday, November 5 | 7:00 PM | In Person | \$18

**In Judgment and Mercy, by Martin J. Siegel**

Monday, November 6 | 7:00 PM | In Person | \$18

Contact Marcie Blackman at [mblackman@benderjccgw.org](mailto:mblackman@benderjccgw.org) or at 301.348.3808 for details or to register.

**"OH, THE PLACES YOU'LL GO..."**

# RAGTIME

THE MUSICAL

## **RAGTIME AT THE SIGNATURE THEATRE**

**Sunday, November 12 | 2:00 PM | \$135**

(includes orchestra seating and transportation)

*Running time is approximately 2 hours 45 minutes, including one 15-minute intermission.*

The triumphant Tony Award-winning musical portrait of America at the turn of the 20th century.

The stories of three American families intertwine against the backdrop of a towering slate of historical figures. Together, through a dazzling array of musical styles from the era, they weave a stunning tapestry that reveals both the promise and prejudice of the American experience.

### **Transportation is provided with two pickup locations:**

12:00 PM from Leisure World

12:30 PM from the Bender JCC

**\*\*Please feel free to bring your lunch with you to eat on the bus.\*\***

**SOLD OUT**

**HAVANA, CUBA**



Register and learn more at [benderjccgw.org/coa](http://benderjccgw.org/coa)

**"OH, THE PLACES YOU'LL GO..."**



## **Pretty Woman at The National Theatre**

**Sunday, December 17 | 7:30 PM | \$160**

(includes orchestra seating and transportation)

*Running time is approximately 2 hours 25 minutes, including one 15-minute intermission.*

PRETTY WOMAN: THE MUSICAL, based on one of Hollywood's most beloved romantic stories of all time. Pretty Woman the film was an international smash hit when it was released in 1990. Now, 30 years later, PRETTY WOMAN: THE MUSICAL is "Big romance and big fun!" (Broadway.com). "Irresistible! A romantic fantasy. A contemporary fairy tale," says The Hollywood Reporter. Get ready to experience this dazzling theatrical take on a love story for the ages.

### **Transportation is provided with two pickup locations:**

5:30 PM from Leisure World

6:00 PM from the Bender JCC

**\*\*Please feel free to bring your dinner with you to eat on the bus.\*\***

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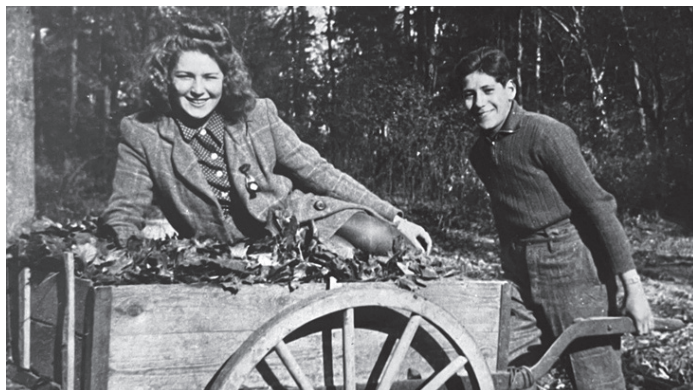
## **WE'RE GOING BACK TO NEW YORK!**



**2-Day Fun & Fabulous Overnight Trip to NYC!**

Email [fenoch@benderjccgw.org](mailto:fenoch@benderjccgw.org) and we'll add your name to the 'want-to-go' list. Details to come....

## CINEMA J



### **A POCKETFUL OF MIRACLES: A TALE OF TWO SIBLINGS** **English | Documentary | USA, 2023 | 1 hour 46 minutes**

Berlin-born and D.C. based filmmaker, Aviva Kempner creates successful and critically acclaimed documentaries, including her latest film, *A Pocketful of Miracles: A Tale of Two Siblings*. She chronicles her mother Hanka and uncle Dudek Ciesla's lives before and during WW II. From their idyllic Jewish upbringing in Poland through their survival of the Holocaust to their tearful reunion after the war, this moving documentary tells their incredible life stories in an impressive, humorous, and moving way.

\*Screening at the Bender JCC will be followed by a Q&A with director Aviva Kempner.\*

#### **Two Screenings:**

Cinema J Matinee @ Leisure World

Thursday, November 16 | 1:30-3:00 PM | \$10 in advance/\$12 at the door  
Leisure World Clubhouse II

3300 N. Leisure World Blvd., Silver Spring, MD 20906

Cinema J @ The Kreeger Theater

Thursday, November 16 | 7:00-9:00 PM | \$12

Bender JCC of Greater Washington

6125 Montrose Rd., Rockville, MD 20852

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Register and learn more at [\*\*benderjccgw.org/CinemaJ\*\*](https://benderjccgw.org/CinemaJ)

## CINEMA J



### THE AUTOMAT

English | Documentary | USA, 2021 | 1 hour 19 minutes  
NOMINEE OF FOUR 2022 CRITICS CHOICE AWARDS

The Automat restaurants became a staple for millions of New Yorkers and Philadelphians during the early 20th century. Director Lisa Hurwitz examines the culinary sensation by interviewing celebrities who share their cherished memories including Ruth Bader Ginsberg, Colin Powell, Carl Reiner, and Mel Brooks who wrote a song for the documentary. "The Automat" features a trove of old photographs, video footage, and wonderful interviews to tell the Horn and Hardart story.

**Thursday, December 21, 2023 | 7:00 – 9:00 PM | \$12**

Bender JCC of Greater Washington  
6125 Montrose Rd., Rockville, MD 20852



### Take Home a Bagel!

First 10 Registrants will receive a free bag of delicious edible goodies which might have been sold at "The Automat!"

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Register and learn more at [benderjccgw.org/CinemaJ](https://benderjccgw.org/CinemaJ)



## SPECIAL EVENTS @ THE JCC



### KNISHES & CONVERSATION

Thursday, November 30, 2023 | 12:30 PM

\$40 | RSVP by 11/16/23

### From Pushcarts to Poolside: An Immigrant History of Food

A riveting and delicious culinary conversation tracing the immigrant history of food on the Lower East Side to the Borscht Belt and how it's shaped the way New York (and the U.S.) eats today. Hosted by Liz Alpern, New York-based co-founder of Jewish food venture Gefilteria and co-author of *The Gefilte Manifesto: New Recipes for Old World Jewish Foods*.

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### But first, let's eat some knishes!

Join us for a delicious, kosher, New York-style deli lunch.

- Corned beef, Pastrami, Hot Dogs
- Vegetarian options available
- Knishes, Pickles, and Dr. Brown's Cream Soda
- Salads & Sides
- Babka, Black 'n White cookies, and that's not all!



### TOO GOOD TO MISS!!

**Don't wait, limited space. Register today!**

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Register and learn more at [benderjccgw.org/CoA](https://benderjccgw.org/CoA)

## SPECIAL EVENTS @ THE JCC



### HANUKKAH CELEBRATION: LATKE-PALOOZA FEATURING THE Y-STUDS

**Wednesday, December 13 | 5:00 PM candle lighting, Latke bar & more; Concert at 7:00 PM | \$50**

Location: Bender JCC of Greater Washington  
6125 Montrose Rd, Rockville, MD 20852

Coming of Age and Arts & Adults presents a Spud & Stud-tacular celebration of the 7th night of Hanukkah.

#### **Highlights:**

- Latke-Palooza: a celebration of crispy fried goodness
- Concert starring NY-based a cappella group the **Y-Studs!**

You may have seen one of their many music videos, like the viral hit 'Evolution of Jewish Music.' Y-Studs brings a unique and fresh style to the world of Jewish music. Since its founding in 2010, the group has gone on to perform for audiences across the nation and around the globe. **Y-Studs A Cappella** is renowned for its members' youthful energy, bright harmonies, and genuine connection with their audiences, yielding a meaningful and unforgettable performance, every time.

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Register and learn more at [benderjccgw.org/CoA](http://benderjccgw.org/CoA)



# FOOD 'N' FUN



## COA COFFEEHOUSE: KLEZMER MEETS SWING

**Thursday, January 18 | 7:00 – 8:30 PM | \$30 | Bender JCC**

The Seth Kibel Trio will brighten your evening with a program of Jewish klezmer and classic swing, exploring the ways in which the history of these genres overlaps and intertwines. Expect lots of familiar classics from the “Great American Songbook,” composed by the likes of the Brothers Gershwin, Irving Berlin, Duke Ellington, and more. Join us for an evening of toe-tapping, lively rhythms, and memorable tunes.

### **But first, let's eat:**

Heavy hors d'oeuvres, desserts, and wine precede the concert.

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## LET'S DO LUNCH!

**Tuesday, December 5 | 12:30 PM | \$36**

Founding Farmers

12505 Park Potomac Ave, Potomac, MD 20854



Recognized worldwide for its fare, Founding Farmers offers classic, heartland-inspired meals as well as seasonal menus featuring local produce. Following lunch we will play a trivia game, where prizes will be awarded!

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Register and learn more at [benderjccgw.org/coa](http://benderjccgw.org/coa)

# COA POLICIES

- Please register at [www.benderjccgw.org/coa](http://www.benderjccgw.org/coa) or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Important: **No refunds** are available for excursions unless your spot can be filled.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org) or at 301-348-3832

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

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Leta Chen is a social worker from JSSA on the Coming of Age [CoA] team. She is experienced working with seniors and knows resources in our community. She is here to support our CoA members in staying healthy and living independently. If you wish to learn more about how Leta and JSSA can assist you, please join our events to meet her in person or reach out to her directly.



Leta Chen, LMSW  
Jewish Social Service Agency (JSSA)  
240-595-1558 or [Lchen@jssa.org](mailto:Lchen@jssa.org)



**For questions or help with programs, please continue to contact Frieda or Lindsay at 301-348-3832.**

# REGISTRATION

REGISTER AT [BENDERJCCGW.ORG](http://BENDERJCCGW.ORG) OR COMPLETE AND SUBMIT THIS FORM  
TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

**\*\* If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for these events\*\***

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

Excursion: Signature Theatre: Ragtime | Sunday, November 12

\$135

Due \$ \_\_\_\_\_

Cinema J: A Pocketful of Miracle | Thursday, November 16

\$12

Due \$ \_\_\_\_\_

Cinema J Matinee @ Leisure World: A Pocketful of Miracle | Thursday, November 16

\$10

Due \$ \_\_\_\_\_

Special Event: Knishes and Conversation | Thursday, November 30

\$40

Due \$ \_\_\_\_\_

Food N' Fun: Founding Farmers | Tuesday, December 5

\$36

Due \$ \_\_\_\_\_

Special Event: Latke-Palooza featuring The Y-Studs | Wednesday, December 13

\$50

Due \$ \_\_\_\_\_

Excursion: The National Theater: Pretty Woman | Sunday, December 17

\$160

Due \$ \_\_\_\_\_

Cinema J: The Automat | Thursday, December 21

\$12

Due \$ \_\_\_\_\_

CoA Coffeehouse: Klezmer meets Swing | Thursday, January 18

\$30

Due \$ \_\_\_\_\_

Total Amount Due \$ \_\_\_\_\_

## **Yes, I want to support CoA's great programs year-round!!**

Donor's name will be listed in the CoA publication for gifts of \$50 or more.

Your contribution is tax-deductible to the extent allowed by law.

☐\$18 ☐\$36 ☐\$50 ☐\$100 ☐\$ \_\_\_\_\_

## **Method of Payment**

\*A 3% fee will be added to all credit card transactions\*

☐VISA ☐MasterCard ☐AmEx ☐Discover ☐Check - Payable to Bender JCC

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_



6125 Montrose Road  
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benderjccgw.org

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## THANK YOU!

Lindsay and Frieda thank you  
for your kind support of and  
participation in CoA!

*We give a special 'shout-out' to Dr.  
Raymond Scalettar for his generous  
donation!*

## IMPORTANT NOTE

Please email us at: [fenoeh@benderjccgw.org](mailto:fenoeh@benderjccgw.org) if you no longer want to receive this booklet.

\*The trees thank you!!\*