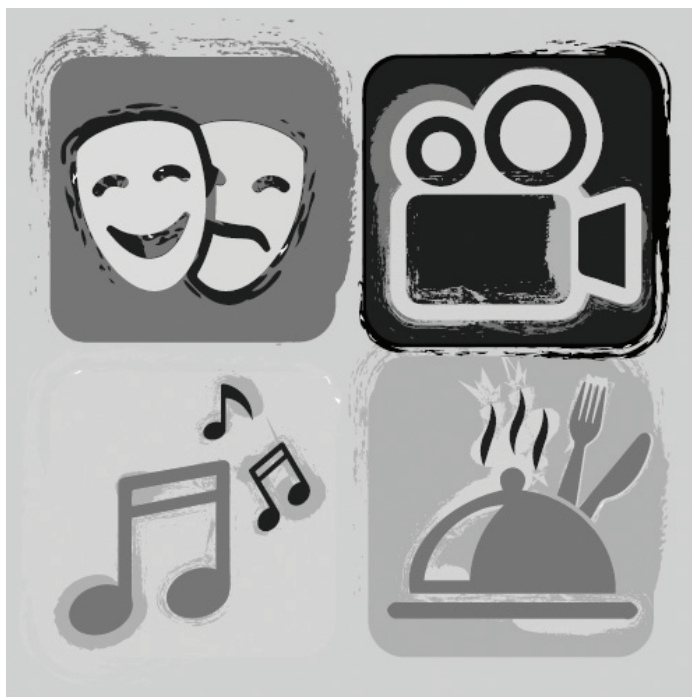


Find
Your Place
at the **J** **Bender JCC**
of Greater Washington



Programs for Active Adults Around Town

SEPTEMBER – OCTOBER, 2023

Hosted by Coming of Age (CoA)

For more information, call or email:
301.348.3832 | fenoch@benderjccgw.org

Partner Agency of
The Jewish Federation
OF GREATER WASHINGTON



jssa Jewish Social Service Agency
Serving Maryland, DC and Northern Virginia



Jewish Residents
of Leisure World

A MESSAGE FROM CoA

Welcome back! We hope you had a wonderful summer. We look forward to you joining us for these wonderful programs!

HIGHLIGHTS THIS FALL INCLUDE:

Sept. 28: Health & Harvest Fair- Enjoy a day of wellness, friends, and fun at the Bender JCC!

Oct. 19: CoA Coffeehouse: Wine, Dine and Jazz.

Call us with any questions at 301.348.3832.



Frieda and Lindsay

BOOKS & MUSIC @ THE J

2023 Polinger Artists of Excellence Concert Series

CHEE-YUN AND AUDREY ANDRIST Violin + Piano

Sunday, October 22 | 7:00 PM

Purchase tickets at benderjccgw.org/concerts

The Mount Vernon Virtuosi

Season Opening Concert

Sunday, September 24 | 1:00 PM

From Bach to Kol Nidrei

Cooking with Shannon Sarna

Author of *Modern Jewish Comfort Food*

Tuesday, September 12 | 7:00 PM

Register at: benderjccgw.org/LitSeries

Contact Marcie Blackman at mblackman@benderjccgw.org or at 301-348-3808 for details or to register.



Wishing you a Shana Tova
A happy, healthy and meaningful New Year!

EXCITING NEW TRIP!

JANUARY 7-12, 2024

HIGHLIGHTS INCLUDE:

- Finca Vigia, the home of American author Ernest Hemingway
- Bet Shalom Synagogue & Sephardic Hebrew Center
- Classic car drive
- Fusterlandia
- Enjoy an old-world Vegas-style show at the famous La Tropicana Club
- And so much more!

Interested in joining us?

Call 301-348-3832 or email fenoch@benderjccgw.org.



HAVANA, CUBA



Register and learn more at benderjccgw.org/coa

CINEMA J



ISRAEL SWINGS FOR GOLD

English | Documentary | USA, 2023 | 1 hour 17 minutes

In 2021, Israel's baseball team competed in the Olympics for the first time. This film follows the players experiences on and off the field. They encounter unexpected battles including anti-Semitism and anti-Zionism. Victory for Israel comes on the playing field, even if not on the podium. Israel Swings for Gold follows the 2018 hit *Heading Home: The Tale of Team Israel*, about Israel's Cinderella run at the 2017 World Baseball Classic.

TWO SCREENINGS

Cinema J Matinee @ Leisure World

Please call 301.348.3832 to register.

(Note: Advance tickets will not be sold at Leisure World.)

Wednesday, September 6 | 1:30-3:30 PM

\$10 in advance/\$12 at the door

Leisure World Clubhouse II

3300 N. Leisure World Blvd., Silver Spring, MD 20906

Cinema J @ The Kreeger Theater

Thursday, September 7 | 7:00 – 9:00 PM | \$12

Bender JCC of Greater Washington

6125 Montrose Rd., Rockville, MD 20852

Register and learn more at benderjccgw.org/CinemaJ

CINEMA J +



HOT DOGS! GET YOUR HOT DOGS!

Sept 7, 2023 | 5:30 PM | \$25

Bender JCC | 6125 Montrose Road, Rockville, MD 20852

As a companion event to our film screening (listed on opposite page), join us for a baseball-themed dinner featuring ballpark staples- beer, soda, hot dogs, french fries and more!

Come for dinner, stay for the movie- for a combined price of \$36

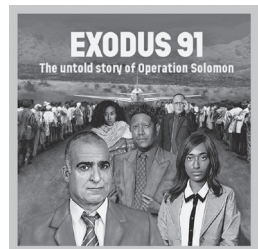
Cinema J at Leisure World: Exodus 91

Monday, October 30 | 1:30 PM

\$10 in advance, \$12 day of

Leisure World Clubhouse II

Israel | 90 Minutes | 2022



This extraordinary film follows Israeli diplomat, Asher Naim, on a seemingly insurmountable mission to bring 15,000 Ethiopian Jews to Israel. Working with his Ethiopian-Israeli colleagues who themselves immigrated to Israel only a decade earlier, Asher's faith in his mission is tested as he navigates the treacherous world of bureaucracy and politics.

Register and learn more at benderjccgw.org/CinemaJ



Coming of Age in Maryland (CoA) hosts the 2nd Annual Health and Harvest Fair.

Enjoy a day of wellness, friends, and fun at the Bender JCC.

Visit benderjccgw.org/fair to learn more.

At Bender JCC of Greater Washington | 6125 Montrose Rd, Rockville, MD 20852

The Health and Harvest Fair is packed full of highlights to help you live your healthiest life, including:

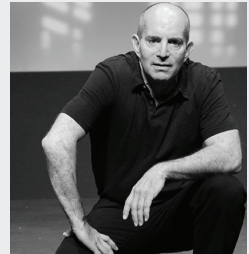
- Flu shots, updated Covid vaccines, and other vaccinations
- Preventive health care screenings
- Interactive workshops and demonstrations
- Delicious, healthy food for purchase
- Farmer's stands selling fall fruit & veggies
- Free giveaways and raffle prizes!
- Artisans, MoCo services, tastings, and more!

We've packed all these highlights — plus extra bonus giveaways — into four hours (10:00 AM – 2:00 PM), so make a day out of it! You'll schmooze with new and cherished friends, learn something new at a workshop, do some shopping, grab a bite, and most importantly, invest in your health.

GRAND FINALE SHOW: **My Son The Waiter: A Jewish Tragedy**

7:30PM | Kreeger Theater
\$32 in advance, \$36 day of

Laughter is the best medicine- so let's end our day of health with some comedy. My Son the Waiter tells Actor/Comedian Brad Zimmerman's moving, hilarious story about the grit required to "make it" as an actor. He opened for Joan Rivers, Brad Garrett and George Carlin and now has his own one-man show that is as profound and touching as it is entertaining.



"Brad is a great comedian and storyteller"

"Wonderfully funny"

"A fun, enjoyable evening. I laughed and laughed"

FOOD 'N' FUN



WINE DINE AND JAZZ

LET'S DO LUNCH!

Tuesday, October 10

12:30 PM | \$32

Mama Lucia

18224 Village Center
Drive Olney, MD 20832

Who doesn't love Italian?!

Choices include:

- Spaghetti marinara
- Eggplant parmigiana
- Chicken piccata
- And more!

Join us for an authentic Italian lunch, followed by a trivia game, where prizes will be awarded!

COA

COFFEEHOUSE

Thursday, October 19

7:00 – 8:30 pm

\$30 | Bender JCC

A tribute to Jazz great Ella Fitzgerald, featuring vocalist Dominique Bianco and her three piece band.

Bianco was honored with the Best Jazz Artist award at the 2023 Wammie Awards, an annual ceremony that recognizes the achievements of musicians in the Washington, D.C. metropolitan area. Join us for a jazzy coffeehouse featuring music, hors d'oeuvres, dessert and wine.

Register and learn more at benderjccgw.org/coa

“OH, THE PLACES YOU’LL GO...”



Limited Spaces Available. Please call 301.348.3832 to register.

MOULIN ROUGE AT THE KENNEDY CENTER

Tuesday, September 19 | 7:30 PM Show | \$160

(includes orchestra seating and transportation)

Baz Luhrmann’s revolutionary film comes to life onstage, remixed in a new musical mash-up extravaganza. *Moulin Rouge!* This Tony Award winning musical is a theatrical celebration of Truth, Beauty, Freedom, and—above all—Love.

Transportation is provided with two pickup locations:

4:30 PM from Leisure World | 5:00 PM from the Bender JCC

CoA Excursions:

The Capital Jewish Museum

Wednesday, October 25 | 11:00 AM Tour | \$50

(includes docent led tour and transportation)

Join us for a private guided tour of the museum’s inaugural special exhibition, *Notorious RBG: The Life and Times of Ruth Bader Ginsburg*. Afterwards, enjoy some time exploring the museum on your own.



*Purchase a boxed lunch for \$15 or bring your own lunch to eat on the return home. Dessert provided for all. *

Transportation is provided with two pickup locations:

9:30 AM from Leisure World | 10:00 AM from the Bender JCC

Register and learn more at benderjccgw.org/coa

COA POLICIES

- Please register at www.benderjccgw.org/coa or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Programs may sell out before the RSVP date.
- Refunds will not be available after the RSVP date.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: fenocho@benderjccgw.org or at 301-348-3832

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

Leslie Kessler is a social worker from JSSA on the Coming of Age team. She is here to be a resource for our members providing services and strategies aimed at keeping you engaged and independent, much in line with the CoA mission. If you wish to learn more about how Leslie and JSSA can be of service to you, please reach out to her directly.



Leslie Kessler, LCSW-C, LICSW
240-673-0999 or lkessler@jssa.org



For questions or help with programs, please continue to contact Frieda or Lindsay at 301-348-3832.

**THANK YOU TO OUR PARTNERS AT THE
JEWISH FEDERATION FOR THEIR GENEROUS
SUPPORT OF OUR PROGRAMMING**

REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

A 3% Fee will be added to all credit card transactions

** If registering for an excursion, please note that these events sell out fast, and there is no guarantee that your form will arrive prior to the event selling out. We strongly suggest you call in to register for these events**

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Cinema J Matinee @Leisure World: Israel Swings for Gold | Wednesday, Sept. 6

RSVP 8/23 \$10 in advance/ \$12 day of Due \$ _____

Cinema J: Israel Swings for Gold | Thursday, September 7

RSVP 8/24 \$12 Due \$ _____

Hot Dogs! Get Your Hot Dogs! Dinner | Thursday, September 7

RSVP 8/24 \$25 Due \$ _____

*Attend both events for \$36 RSVP 8/24 Due \$ _____

Excursion: Kennedy Center: Moulin Rouge | Tuesday, September 19

RSVP 9/5 \$160 Due \$ _____

Special Event: Health & Harvest Grand Finale | Thursday, September 28

RSVP 9/14 \$32 Due \$ _____

Food N' Fun: Mama Lucia, Tuesday October 10

RSVP 9/26 \$32 Due \$ _____

CoA Coffeehouse | Thursday, October 19

RSVP 10/5 \$30 Due \$ _____

Excursion: Capitol Jewish Museum | Wednesday, October 25

RSVP 10/11 \$50- ticket only | \$65- ticket and boxed lunch Due \$ _____

Cinema J: Exodus 91 | Monday, October 30

RSVP 10/17 \$10 Due \$ _____

Yes, I want to support CoA's great programs year-round!!

Donor's name will be listed in the CoA publication for gifts of \$50 or more. Your contribution is tax-deductible to the extent allowed by law.

\$18 \$36 \$50 \$100 \$_____

Method of Payment

Effective July 1, a 3% fee will be added to all credit card transactions

VISA MasterCard AmEx Discover Check - Payable to Bender JCC

Total Amount \$ _____

Credit Card # _____ Exp. Date: _____

J Bender JCC
of Greater Washington

6125 Montrose Road
Rockville, MD 20852
benderjccgw.org



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IMPORTANT NOTE

Please email us at
fenoeh@benderjccgw.org if you
no longer want to receive this
booklet.

The trees thank you!