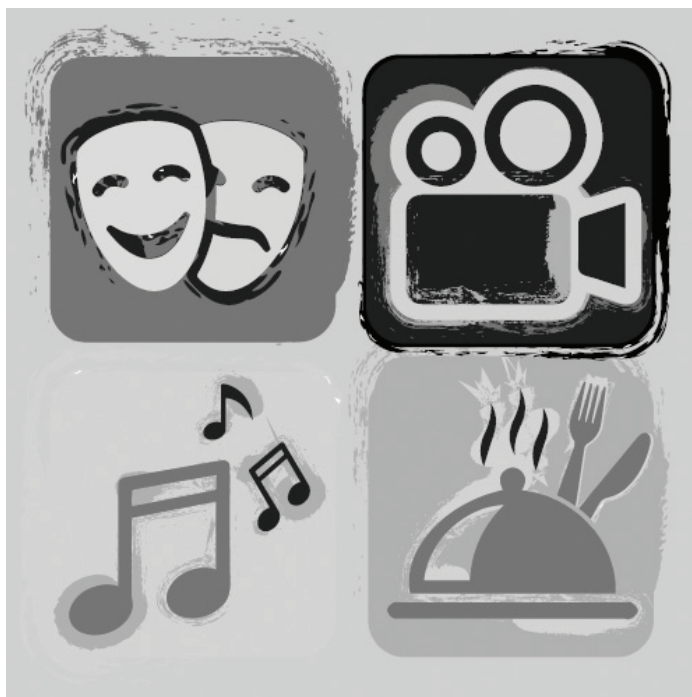


Find
Your Place
at the **J** **Bender JCC**
of Greater Washington



Programs for Active Adults Around Town

MAY – JUNE, 2023

Hosted by Coming of Age (CoA)

For more information, call or email:
301.348.3832 | fenoch@benderjccgw.org

Partner Agency of
The Jewish Federation
OF GREATER WASHINGTON



jssa Jewish Social Service Agency
Serving Maryland, DC and Northern Virginia



Jewish Residents
of Leisure World

A MESSAGE FROM CoA

We look forward to you joining us for these wonderful programs!

HIGHLIGHTS THIS SPRING INCLUDE:

May 11: A continued celebration of Israel@75 with
Food 'N' Fun at Al HaEsh

June 1: 12th Annual Health & Wellness Expo at Leisure World

Call us with any questions at 301-348-3832.



Frieda and Lindsay

BOOKS & MUSIC @ THE J



2023 Polinger Artists of Excellence Concert Series Celebrating 50 Years!

CLAREMONT TRIO – Piano Trio

Sunday, May 7, 2023 | 7:00 PM | \$50

Purchase tickets at benderjccgw.org/aoe

Friday Fiction:

***The Most Likely Club* by Elyssa Friedland**

Friday, May 12, 2023 | 10:30 AM

Register at: benderjccgw.org/LitSeries

Contact Marcie Blackman at mblackman@benderjccgw.org or at
301-348-3808 for details or to register.

CINEMA J



HALLELUJAH: LEONARD COHEN, A JOURNEY, A SONG

2021 | Documentary/Music | 1h 58m

A definitive exploration of singer songwriter Leonard Cohen as seen through the prism of his internationally renowned hymn, "Hallelujah." Includes never-before-seen notebooks, journals

and photographs, performance footage, and extremely rare audio recordings and interviews.

TWO SCREENINGS:

Cinema J @ The Kreeger Auditorium

Thursday, June 8 | 7:00 – 9:00 PM | \$12

Bender JCC of Greater Washington

6125 Montrose Rd., Rockville, MD 20852

Cinema J Matinee @ Leisure World

Tuesday, June 13 | 1:30-3:30 PM | \$10 in advance/\$12 at the door

Leisure World Clubhouse II

3300 N. Leisure World Blvd., Silver Spring, MD 20906

A Tribute to Leonard Cohen

June 22, 2023 | 7:00 PM | \$25

Goldman Art Gallery | 6125 Montrose Road, Rockville, MD 20852

As a companion event to our film screening (listed above), singer-songwriter Robbie Schaefer performs the songs of Leonard Cohen, leading us on a journey through his life and music. Enjoy a live performance of some of Cohen's most celebrated songs while savoring a variety of delicious hors d'oeuvres, sweets and fine wine.

Register and learn more at benderjccgw.org/coa

CINEMA J



CINEMA J @ LEISURE WORLD: THE FUTURE OF ISRAEL AND ITS DEFENDERS

Tuesday, May 16

1:30 – 2:30 PM | Free

English | Documentary

Canada, 2022 | 52 Minutes

Screening at Leisure World, Clubhouse II, 3300 N. Leisure World Blvd., Silver Spring, MD

A captivating, colorful and vibrant documentary, “The Future of Israel and its Defenders” presents contemporary perspectives of critical issues affecting Israel today through the lens of experts, military strategists, “start-up-nation” leaders, journalists and current and former political leaders. The film features the new emerging face of Israel, one that is proud and feels normalized among its neighbors and the world community. Despite the defamation campaigns and rising global antisemitism, Israelis are feeling stronger than ever, particularly following the signing of The Abraham Accords. This is a film that will uplift your spirit about Israel’s future and inspire and empower your community to renew its commitment to the Jewish State.

Register and learn more at [**benderjccgw.org/CinemaJ**](https://benderjccgw.org/CinemaJ)

CINEMA J



EXODUS 91

Thursday, May 18 | 7:00 – 9:00 PM | \$12

Israel | 90 Minutes | 2022

Bender JCC of Greater Washington

6125 Montrose Rd., Rockville, MD

This extraordinary film follows Israeli diplomat, Asher Naim, on a seemingly insurmountable mission to bring 15,000 Ethiopian Jews to Israel. As he learns more about these African Jews, he finds himself between worlds and faces a crisis of faith in himself and his country. Set in 1991 amidst the international politics behind Operation Solomon, Asher Naim learns he is being sent to Ethiopia to negotiate the release of thousands of Ethiopian Jews from a country collapsing under famine and civil war. Working with his Ethiopian-Israeli colleagues who themselves immigrated to Israel only a decade earlier, Asher's faith in his mission is tested as he navigates the treacherous world of bureaucracy and politics.

Register and learn more at [**benderjccgw.org/CinemaJ**](https://benderjccgw.org/CinemaJ)



12TH ANNUAL "TO LIFE"

Commitment
Exercise
Spirituality
Aware
Wellness
Healthy
Lifestyle
Learn
Physical
Involved
Vegetables
Relaxation
Persistence
Vitality
Walking

Thursday, June 1 | 10:00 AM – 2:00 PM

Leisure World, Clubhouse I

3700 Rossmoor Boulevard | Silver Spring, MD 20906

*Co-sponsored by The Jewish Residents of Leisure World
and presented by Coming of Age in Maryland

Highlights

FREE Admission • FREE Bags • FREE 'Goodies'

- **EXHIBITOR HALL: 10:00 AM - 2:00 PM**
- Health Screenings (END at 2:00PM)
- Vaccines: Covid19 and other boosters
- Interactive Workshops
- 'Capture a Memory' with a picture of YOU and friends
- "Head to Toe" Massages
- Social and Community organizations
- Grand Finale Show (**\$15 in advance/\$18 at the door**)

Register and learn more at **benderjccgw.org/coa**

HEALTH & WELLNESS EXPO

CLUBHOUSE GRILLE RESTAURANT

Delicious Lunch Available (Purchase On-Site)

FANTASTIC RAFFLE PRIZES!

- Restaurants • Hair and Nail Salons • Gift Baskets
- Stores • Boutiques • Bus trips to NYC & more!

GRAND PRIZE:

Valued at over \$300

GRAND FINALE SHOW: The Jersey Tenors

3:00 - 4:00 PM

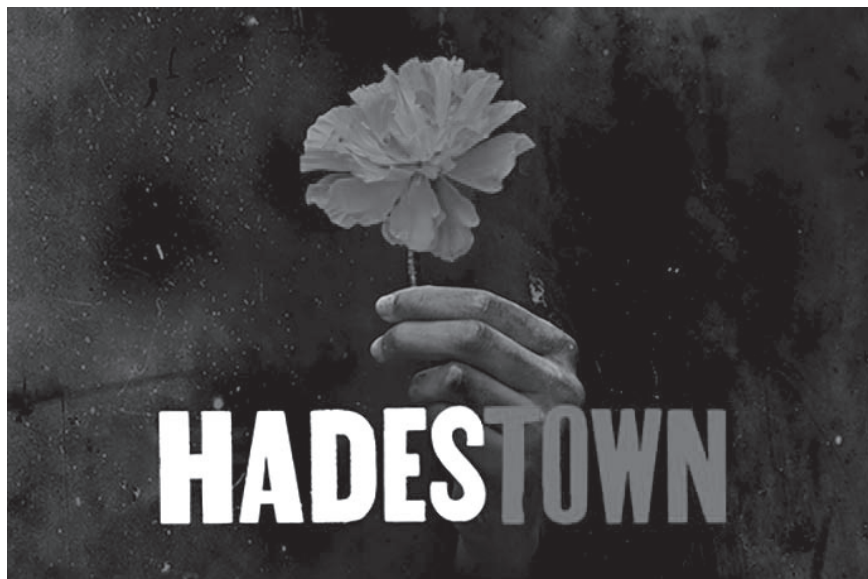
Leisure World Clubhouse II
3300 N. Leisure World Blvd.
\$15 in advance/ \$18 at door



Recently touted as the most versatile and talented tribute act in the nation, The Jersey Tenors are America's newest rock/opera mash-up sensation. The guys are a tremendous force on stage giving everything to the audience. Their repertoire is varied and offers something for everyone. Their voices are excellent and their chemistry on stage is undeniable. From Frankie Valli to Frank Sinatra to Figaro... FORGETTABOUTIT!

"Mesmerizing!" "Top flight male vocalists!"
"They've got it, they might as well flaunt it!"
"An amazing, amazing show!"

"OH, THE PLACES YOU'LL GO..."



Hadestown

@ The National Theater

Thursday June 15, 2023

\$160 | 7:30 show | Transportation included

COME SEE HOW THE WORLD COULD BE.

Welcome to HADESTOWN, where a song can change your fate. Winner of eight 2019 Tony Awards® including Best Musical and the 2020 Grammy® Award for Best Musical Theater Album, this acclaimed new show from celebrated singer-songwriter Anaïs Mitchell and innovative director Rachel Chavkin (Natasha, Pierre & The Great Comet of 1812) is a love story for today... and always.

Two bus pickups:

5:15 PM- Leisure World Clubhouse II, 3300 N. Leisure World Blvd,
Silver Spring

5:45 PM- Bender JCC, 6125 Montrose Rd., Rockville

FOOD 'N' FUN

LET'S DO LUNCH!

Thursday, May 11 | 12:00 PM | \$25

Al Ha'Esh Israeli Grill

4860 Boiling Brook Pkwy, Rockville, MD 20852

Join us for an authentic Israeli lunch featuring unlimited salads and warm fresh baked pita. Choose from a variety of delicious meats or fish prepared with spices imported from Israel.

Following lunch we will play a trivia game, where prizes will be awarded!



ICE CREAM SOCIAL
Tuesday, June 20, 2023
2:00-3:30 PM at Leisure
World, Clubhouse II
3300 N. Leisure World Blvd.
Silver Spring
*Outdoors - Rear Parking Lot
(near tennis courts)*

FREE (no registration required; while it lasts)

Kick off the summer with Coming of Age (60+ Adult program)! Say hello, catch up, and enjoy some delicious ice cream! Stay and schmooze while you cool down with a sweet treat. If you're not familiar with our program, please come and learn more about it. A limited number of chairs will be available, so please bring your own if you'd like.

In the event of rain, we will reschedule for another date.

Register and learn more at **benderjccgw.org/coa**

COA POLICIES

- Please register at www.benderjccgw.org/coa or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Programs may sell out before the RSVP date.
- Refunds will not be available after the RSVP date.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: fenocho@benderjccgw.org or at 301-348-3832

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

Leslie Kessler is a social worker from JSSA on the Coming of Age team. She is here to be a resource for our members providing services and strategies aimed at keeping you engaged and independent, much in line with the CoA mission. If you wish to learn more about how Leslie and JSSA can be of service to you, please reach out to her directly.



Leslie Kessler, LCSW-C, LICSW
240-673-0999 or lkessler@jssa.org



For questions or help with programs, please continue to contact Frieda or Lindsay at 301-348-3832.

**THANK YOU TO OUR PARTNERS AT THE
JEWISH FEDERATION FOR THEIR GENEROUS
SUPPORT OF OUR PROGRAMMING**

REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM
TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

Effective July 1, 2022 a 3% Fee will be added to all credit card transactions

** If registering for an excursion, please note that these events sell out fast,
and there is no guarantee that your form will arrive prior to the event selling
out. We strongly suggest you call in to register for these events**

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Food 'N Fun: Al Ha'Esh | Thursday, May 11

RSVP 4/27 \$25 Due \$ _____

Cinema J Matinee @LW: The Future of Israel | Tuesday, May 16

RSVP 5/9 FREE

Cinema J: | Exodus 91 | Thursday, May 18

RSVP 5/11 \$12 Due \$ _____

Special Event: Expo Grand Finale | Thursday, June 1

RSVP 5/23 \$15 in advance / \$18 at the door Due \$ _____

Cinema J: Hallelujah | Thursday, June 8

RSVP 6/1 \$12 Due \$ _____

Cinema J Matinee @LW: Hallelujah | Tuesday, June 13

RSVP 6/6 \$10 in advance/ \$12 day of Due \$ _____

Excursion: Hometown @ The National Theater | Thursday, June 15

RSVP 5/25 \$160 Includes transportation Due \$ _____

Special Event: Leonard Cohen Musical Tribute | Thursday, June 22

RSVP 6/8 \$25 Due \$ _____

Yes, I want to support CoA's great programs year-round!!

Donor's name will be listed in the CoA publication for gifts of \$50 or more.

Your contribution is tax-deductible to the extent allowed by law.

☐ \$18 ☐ \$36 ☐ \$50 ☐ \$100 ☐ \$ _____

Method of Payment

Effective July 1, a 3% fee will be added to all credit card transactions

☐ VISA ☐ MasterCard ☐ AmEx ☐ Discover ☐ Check - Payable to Bender JCC

Total Amount \$ _____

Credit Card # _____ Exp. Date: _____



6125 Montrose Road
Rockville, MD 20852
benderjccgw.org



IMPORTANT NOTE

Please email us at fenoch@benderjccgw.org if you no longer want to receive this booklet.

The trees thank you!!

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