



Programs for Active Adults Around Town

MAY – JUNE 2022

NEXT ISSUE: SEP-OCT 2022

Hosted by Coming of Age (CoA)

For more information, call 301.348.3832.







GAMES, BOOKS & MUSIC @ THE J

GAMES: MAH JONGG; CANASTA | Dates and times TBD

POLINGER ARTISTS OF EXCELLENCE CONCERT SERIES GRYPHON TRIO

Piano Trio | Sunday, June 12 | 7:00 PM | \$45

BEETHOVEN Piano Trio No. 1 in E-Flat Major, Op. 1, No. 1

CLARKE Piano Trio

BRAHMS Piano Trio No. 1 in B Major, Op. 8

"Big, bold, almost orchestral performances"

–Los Angeles Times

Artists of Excellence Presents: Mt. Vernon Virtuosi

Mount Vernon Virtuosi is a chamber orchestra based comprised of seventeen string players. The orchestra provides a place of artistic growth for the young musician on the brink of their professional career. Through the generous contributions of dedicated individuals, all regular season performances at Bender JCC, including the Family Concerts, are presented free of charge.

"From Heart to Heart – A Mother's Day Celebration" Concert 2 showings: Sunday, May 8 11:00 -12:00 PM (Family Show) 2:00-3:00 PM (General Public) | Free

The Lessans Family Literary Series Presents Friday Fiction with Elyssa Friedland, Last Summer at the Golden Hotel | Friday, May 20 | 10:30 AM | Free

The Lessans Family Literary Series is proud to present the final installation of Friday Fiction. We are thrilled to welcome Elyssa Friedland for this installment of our virtual book club style program. Elyssa will discuss her new book, Last Summer at the Golden Hotel. Elyssa will be in conversation with JCC community member and author Deborah Kalb.

Questions? Please contact Marcie Blackman: mblackman@benderjccgw.org or 301-348-3808.

SPECIAL EVENT: DELECTABLE DESSERTS & HOCUS POCUS!





Karl Koppertop

Join us for a magically delicious evening, including platters of cupcakes, confections, fruit and more, featuring Karl Koppertop, acclaimed magician & mentalist.

Thursday, May 19 I 7:00-8:00 PM I \$25 Bender JCC Art Gallery RSVP by May 5

The most entertaining magician since Penn & Teller! Karl will stroll through the gallery as you enjoy delicious, sweet treats, dazzling you with magic in its purest form right under your noses and in your hands. Sure to be a most unique and exciting experience for all!

Register and learn more at benderjccgw.org/coa

CINEMA J



HERE WE ARE

Israel | 2020 | 92 min | Narrative Thursday, May 5 | 7:00 - 9:00 PM | \$12 Bender JCC Kreeger Theater 6125 Montrose Rd., Rockville

Here We Are is an unmissable gem!

Modern-day Israel. After giving up his job to raise his child, Aharon is struggling with the idea of putting his twenty-something autistic son Uri into a specialized care home. So much so that on the way there, Aharon decides to

stay on the train and take Uri on an adventure-filled road trip.

Winner of 4 extremely well-deserved Ophir Awards (Israeli Oscars), this film is about a tender, touching relationship between a father and son, a story told with much heart and soul.



FIDDLER'S JOURNEY TO THE BIG SCREEN

USA | 2022 | 88 min | Documentary Wednesday, May 25 | 1:30 - 3:00 PM | \$10

Cinema J Matinee @ Leisure World

Co-sponsored by Jewish Residents of Leisure World (JRLW) Leisure World Clubhouse II Auditorium 3300 N. Leisure World Blvd, Silver Spring, MD 20906

Director Norman Jewison's Fiddler on the Roof, the film called "the most powerful movie musical ever made" (The New Yorker) marked its 50th anniversary this past fall.

Narrated by Jeff Goldblum, *Fiddler's Journey to the Big Screen* shows us how this beloved musical made its triumphant, hazardous journey to the screen. It captures the humor and drama, the compassion and humanity of Jewison's quest to reimagine the Broadway hit into a widescreen epic - it was a true labor of love!

CINEMA J



GREENER PASTURESIsrael | 2020 | 90 minutes | Hebrew, English subtitles

A heartwarming and irresistible comedy from Israel, Greener Pastures has been nominated

for 12 Israeli Academy Awards including Best Film, Best Director, and Best Lead Actor.

Dov, a widower, is forced by his family to move to a nursing home against his will. All he can think about is buying his old house back, and getting out.

When he notices that all his fellow residents smoke legal medical cannabis, he realizes that weed will be his salvation - selling it, not smoking it.

But when love, cannabis, and crime come into play, will he risk it all to make his dream come true?

Cinema J @ the Kreeger Theater

Thursday, June 9 | 7:00 - 9:00 PM | \$12 Bender JCC of Greater Washington 6125 Montrose Rd., Rockville, MD 20852

Cinema J Matinee @ Leisure World

Co-sponsored by JRLW Wednesday, June 22 | 1:30 - 3:30 PM | \$10/in advance/\$12 Day Of Leisure World Clubhouse II 3300 N. Leisure World Blvd, Silver Spring, MD 20906

Register and learn more at benderjccgw.org/coa

"OH, THE PLACES YOU'LL GO..."



TO KILL A MOCKINGBIRD I The Kennedy Center **Starring Emmy winner Richard Thomas Thursday, June 30 I 7:30 PM Show I \$110 (includes orchestra seat and transportation)

Pick-Up Sites:

Leisure World Clubhouse II: 4:00 PM

Bender JCC: 4:30 PM

All rise for Academy Award winner Aaron Sorkin's adaptation of Harper Lee's Pulitzer Prize-winning masterwork. The New York Times Critic's Pick *To Kill A Mockingbird* is "the most successful American play in Broadway history." (60 Minutes). Rolling Stone gives it 5 stars, calling it "an emotionally shattering landmark production of an American classic," and New York Magazine calls it "a real phenomenon. Majestic and incandescent, it's filled with breath and nuance and soul."

To Kill A Mockingbird—"the greatest novel of all time" (Chicago Tribune) - has quickly become "one of the greatest plays in history" (NPR).

FOOD 'N' FUN



FREE (no registration required; while it lasts)

In celebration of the Shavuot holiday, join Coming of Age (60+ Adult program) to say hello, catch up, and enjoy some delicious ice cream! Stay and schmooze while you cool down with a sweet treat. If you're not familiar with our program, please come and learn more about it. A limited number of chairs will be available, so please bring your own if you'd like. Please maintain social distancing.

In the event of rain, we will reschedule for another date.

LET'S DO LUNCH! June 14, 2022 I 12:30-3 PM Cost: \$36

Join us for a 3 course lunch in a private, outdoor setting [weather permitting] at Season's 52 in Rockville. After lunch we will play a fun trivia game where prizes will be awarded! You won't want to miss this!





Exercise Velness Spirituality Aware Healthy Lifestyle Physical Vegetables Relaxation Walking Persistence

Thursday, May 19 | 10:00 AM - 2:00 PM
Leisure World, Clubhouse I
3700 Rossmoor Boulevard | Silver Spring, MD 20906

*Co-sponsored by The Jewish Residents of Leisure World and presented by Coming of Age in Maryland

Highlights

FREE Admission • FREE Bags • FREE 'Goodies'

- Exhibitor Hall: 10:00 AM 2:00 PM
- Get Vaccinated: Get your covid, flu, and other vaccines in one easy visit
- Health Screenings (End at 2:00 PM)
- Hand Sanitizer Stations
- Interactive Workshops
- Keynote Speaker: TBD
- 'Capture a Memory' with a picture of YOU [& friend(s)]
- "Head to Toe" Massages
- Social and Community Organizations
- Grand Finale Show (Pre-purchased tickets required) \$15.00

**Important Note: We are following all local safety guidelines.
THANK YOU for doing your part in helping to keep everyone in our community safe!

HEALTH & WELLNESS EXPO

CLUBHOUSE GRILLE BUFFET

OPENS @ 11:00 AM

Delicious "EXPO SPECIAL" Lunch (Purchase On-Site)

FANTASTIC RAFFLE PRIZES!

- Restaurants Hair and Nail Salons Gift Baskets
- Stores Boutiques Bus trips to NYC & more!

GRAND PRIZE:

I-ROBOT RUMBA VACCUM (Value = over \$300)



GRAND FINALE MAGIC SHOW: Karl Koppertop

3:00 - 4:00 PM

Leisure World Clubhouse II 3300 N. Leisure World Blvd. \$15/ \$18 at the door

Karl Koppertop's unique personal blend of comedy and sleight of hand magic is the perfect end to the expo. You will be delighted, amazed, baffled and above all, entertained!

"Extraordinary" "Incredible" "Engaging"
"Just witnessed the impossible!"

Register and learn more at benderjccgw.org/coa

COA POLICIES

- Please register at www.benderjccgw.org/coa or complete and mail the attached registration form.
- Please include all participants' names and contact information if using paper registration form.
- Programs are filled in order of receipt of payment.
- Programs may sell out before the RSVP date.
- Refunds will not be available after the RSVP date.
- For additional program information, to discuss accommodations for special needs, or to be removed from these mailings, please contact Frieda Enoch: fenoch@benderjccgw.org or at 301-348-3832

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.



Hello! Please allow me to introduce myself. I am Leslie Kessler, the social worker from JSSA working with the Coming of Age/CoA program. It's exciting that we will be able to attend in person programs very soon!



Aside from enjoyable conversation, my goal is to be a resource for you. CoA is all about keeping you active, engaged and independent. Toward that end, if you wish to learn about available resources, services and strategies, I invite you to reach out to me. Let's talk!

Need program and logistics information? Please reach out to Frieda or Lindsay at 301-348-3832.

Leslie Kessler, LCSW-C, LICSW 240-673-0999 or lkessler@jssa.org

REGISTRATION

REGISTER AT BENDERJCCGW.ORG OR COMPLETE AND SUBMIT THIS FORM TO BENDER JCC, ATTN: COA, 6125 MONTROSE RD, ROCKVILLE, MD 20852

Name	Date of Birth/	
Address		Apt. #
CitySt	ateZip Co	ode
Phone #		
Email		
Cinema J: Here We Are, Thursday, May \$12	7 5, 7 PM RSVP 4/28	Due \$
EXPO: Grand Finale Show, Thursday, N \$15	1ay 19, 3 PM RSVP 5/5	Due \$
Special: Delectable Desserts & Hocus Po \$25	ocus, Thursday, Ma RSVP 5/5	
Cinema J Matinee @ LW: Fiddler's Jou \$10 in advance/ \$12 day of	r ney, Wednesda y RSVP 5/18	
Food 'N Fun: Ice Cream Social, Thursda Free	ay, June 2	
Cinema J: Greener Pastures, Thursday \$12	, June 9, 7 PM RSVP 6/2	Due \$
Food 'N Fun: Season's 52, Tuesday Jun \$36	e 14 RSVP 6/7	Due \$
Cinema J Matinee @ LW: Greener Past \$10 in advance/ \$12 day of	-	•
Excursion: Kennedy Center, Thurs., June \$110	230 RSVP 6/16	Due \$
IMPORTANT NOTE: The next CoA Boo September-October issue. *All CoA prog website for your review. Hope you will join u	grams are listed on	
Method of Payment		
□ VISA □ MasterCard □ AmEx □	Discover	
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Note: Please do not send cash.		



6125 Montrose Road Rockville, MD 20852 benderjccgw.org



11[™] ANNUAL "TO LIFE" HEALTH & WELLNESS EXPO

IMPORTANT NOTE

Please email us at: fenoch@benderjccgw.org if you no longer want to

The trees thank you!!

receive this booklet.

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