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ADULT PROGRAMS

Coming of Age

MARCH– APRIL 2019

►► **SAVE THE DATE:**
Thursday, May 23, 2019
10th ANNUAL “TO LIFE”
HEALTH & WELLNESS EXPO!!

THANK YOU!
We appreciate your
participation in and continued
support of CoA programs!
In this issue, we'd like to
recognize **Jeannette Sturman**,
for her generous donation!
~ Frieda & Melanie

For more information, please contact
301.348.3832 or fenoch@benderjccgw.org.

For social work services, please contact
301.816.2673 or abaronofsky@jssa.org.

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Bender Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.



Partner Agency of
The Jewish Federation
OF GREATER WASHINGTON



jssa!
Jewish Social Service Agency



OVERNIGHT EXCURSION to NYC!!

Tuesday–Wednesday | April 9-10, 2019

4/9: Depart Bender JCC | 8:00 AM; LW | 8:30 AM

4/10: Return | 8:00 PM [LW]; 8:30 PM [Bender JCC]

Tuesday, April 9

- Luxury Motor Coach [on-board restroom]
- Coffee & Snack; Boxed Lunch on Bus
- Afternoon: Free Time or Gulliver's Gate
- Dinner @ Molyvos Restaurant [Greek Cuisine]
- Broadway Musical: **"TOOTSIE"** [Orchestra Seating]

***Note: Broadway Show has been changed to "Tootsie"**

- Overnight: Wyndham New Yorker [Breakfast is included]
- Transportation provided to all sites

Wednesday, April 10

- Guggenheim Museum w/ Docent-Led Tour
- Lunch @ The Brass Rail [American Cuisine]
- Snacks (includes chocolate) on Bus
- Return Home (Approximate arrival: 8:00-8:30 PM)

Note: We reserve the right to make substitutions, as needed.

The cost for the entire trip including everything listed above is \$575/pp. double occupancy. Single room supplement: please add \$100 to the total. Sorry for any inconvenience, but we do not match roommates.

► **RSVP:** February 26, 2019 (or until sold out)

REGISTRATION FORM

To register by mail, complete & submit this form to:

Bender JCC, Attn: CoA // 6125 Montrose Rd., Rockville, 20878

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Food 'n Fun: Mykonos Grill, Wed., March 6

Fee: \$27/Lunch & Program (19176)

RSVP 2/20

Amount \$_____

Shaare Tefila, Lecture/Music, Thurs. March 14

Fee: \$8 (19281); \$10/@ door

RSVP 3/7

Amount \$_____

Movie @ LW: Shoelaces, Thurs. March 28

Fee: \$8 (19182); \$10/@ door

RSVP 3/21

Amount \$_____

Beth Ami, Lecture, Mon. March 25

Fee: \$8 (19245); \$10/@ door

RSVP 3/18

Amount \$_____



National Theatre: "Bronx Tale" Sun. March. 31

Fee: \$90 (19479); \$20/Transportation (19600)

RSVP 3/13

Amount \$_____

Shaare Tefila, Music, Thurs. April 4

Fee: \$8 (19397); \$10/@ door

RSVP 3/28

Amount \$_____

Excursion: NYC!!!; Tues.-Wed., April 9-10

Fee: \$575 (19472); \$100/Sgl Rm Supplement

RSVP 2/26

Amount \$_____

► **Name of roommate [if sharing]:** _____

Movie @ LW: The Last Suit, Thurs. April 29

Fee: \$8/ticket (19580); \$10/@ door

RSVP 4/22

Amount \$_____

I WANT TO BE A DONOR in 2019!

[Donor's name will be recognized & listed in the CoA booklet, for gifts of \$50 or more]

► **Your contribution is tax-deductible to extent allowed by law.**

☐ \$18 ☐ \$36 ☐ \$50 ☐ \$100 ☐ \$_____ **Amount** _____

Method of Payment (check one; **NO CASH**)

☐ **Check - Payable to Bender JCC** **Total Amount Paid \$** _____

☐ VISA ☐ MasterCard ☐ AmEx ☐ Discover

Credit Card # _____ Exp. Date: _____

CoA POLICIES

► Registration & Payment

**REGISTER ONLINE @ benderjccgw.org or by mail,
with a credit card or by check:**

Make checks payable to **Bender JCC** and mail to:

**Bender JCC - Coming of Age
6125 Montrose Road
Rockville, MD 20852**

► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

NOTE: Program may sell-out before the RSVP date.

►► When registering for any and all CoA programs, you must include the name, address & phone # of **EACH** participant!

You may enter this information on your Registration form, or on a separate piece of paper.

► Refunds/Cancellations

There is no refund if you cancel after the RSVP date.

► Mailings: Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

► IMPORTANT EXCURSION INFORMATION

The CoA staff calls each excursion registrant, usually **2-3 days before the trip, to confirm bus departure times**. (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

Coming of Age & JRLW @ LEISURE WORLD

3300 N. Leisure World Boulevard

Fee: \$8; \$10 @ door

Movie Matinee: "Shoelaces"

2018 | 98 minutes | Israeli Drama & Comedy
Hebrew w/English Subtitles

When: Thursday, March 28, 1:30 - 3:30 PM RSVP 3/21

Where: Clubhouse II Auditorium | Discussion to follow

'Shoelaces' tells the story of a complicated relationship between an aging father and his special-needs son whom he abandoned while he was still a young boy. Reuben's kidneys are failing and his son Gadi wants to donate one of his own kidneys. Gadi must fight for his right to save his father's life. Through the film's portrayal of a relationship full of love, rejection and co-dependency, it manages to shed some light and question the importance of human life and human connection.

Movie Matinee:

"The Last Suit—El Ultimo Traje"

2017 | 92 minutes | Drama
Spanish w/English Subtitles

When: Monday, April 29, 1:30- 3:30 PM RSVP 4/22

Where: Clubhouse II Auditorium ♦ Discussion to follow.

Yom Hashoah, Holocaust Memorial Day will be observed on May 2, and we commemorate it with this touching film! An 88 year-old Jewish tailor runs away from Buenos Aires to Poland, where he searches for a friend who saved him from certain death at the end of World War II. After seven decades without any contact with him, Abraham will try to find his old friend and keep his promise to return one day. Comedic and poignant in equal measure, **The Last Suit** approaches its weighty themes with a light touch that illuminates a serious story.

EXCURSIONS

National Theatre *presents*



Sunday, **March 31**

RSVP 3/13

Depart Leisure World Clubhouse II: 5:30 PM

Depart Bender JCC: 6:00 PM; 7:30 PM Performance

Location: 1321 Pennsylvania Ave, NW

Ticket: \$90 [Orchestra]; \$20/transportation

A Bronx Tale is an unforgettable story of loyalty & family. Broadway's hit takes you to the stoops of the Bronx in the 1960s, where a young man is caught between the father he loves and the mob boss he'd love to be. Bursting with high energy dance numbers and original doo-wop tunes. "*A Critics' Pick! The kind of tale that makes you laugh and cry.*" ~ The New York Times

OVERNIGHT EXCURSION TO NYC!!!



Tues – Wed, April 9 - 10, 2019

► **Note:** Broadway show has been changed from *Pretty Woman* to *Tootsie*

RSVP: February 26, 2019 (or until sold out)

No refunds post-RSVP date, unless slot can be filled.

Note: NYC registrations will also be taken by phone.

Questions? 301.348.3832 or fenoch@jccgw.org

See page 1 for all the details!

THE SOUNDS OF MUSIC @ THE BENDER

SONG CIRCLE!

Tuesdays, March 5, 19; April 2, 16

1:00 to 2:30 PM

♪ The Song Circle is about the joy of singing in a friendly, informal setting

♪ All are welcome, regardless of experience or level of ability

♪ Song sheets will be provided

Contact Frieda: 301.348.3809 or fenoch@benderjccgw.org

► Sponsored by the Bender JCC Senior Adult Dept. and the Folklore Society of Greater Washington (fsgw.org)

POLINGER ARTISTS OF EXCELLENCE

Exquisite Classical Music

@ the Bender JCC Kreeger Auditorium

Carter Brey, Cello + Benjamin Pasternack, Piano
Sunday, March 10 | 7:30 PM

Miro Quartet, String Quartet
Sunday, April 14 | 7:30 PM

Go to www.benderjccgw.org/concerts to register.
For more information, contact Janet Getz: 301.348.3779.

ARTS & IDEAS



The Lessans Family Literary Series Presents

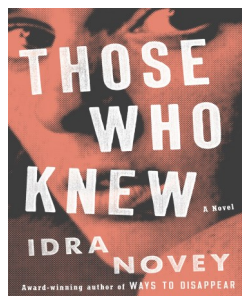
Idra Novey

Thursday, March 7 | 7:00 PM

Tickets: \$15

Books available for purchase online and evening of the event.

On an unnamed island country ten years after the collapse of a U.S.-supported regime, Lena suspects the powerful senator she was involved with back in her student activist days is taking advantage of a young woman who's been introducing him at rallies.



When the young woman ends up dead, Lena revisits her own fraught history with the senator and the violent incident that ended their relationship. What follows is a riveting exploration of the cost of staying silent and the mixed rewards of speaking up in a profoundly divided country.

"Read this now, because everyone you know will be talking about it..." Washington Post

Questions about this literary event?
Contact **Lisa Del Sesto** at
301.348.3756 or
ldelsesto@benderjccgw.org.

Register at
benderjccgw.org

CoA @ Shaare Tefila! - Cost: \$8; \$10 @ Door
16620 Georgia Ave., Olney

Near 'Roots' grocery store, only 5 min. from LW
(LEFT at Emory Church Rd., Cross Georgia Ave.,
LEFT on Service Road)

STEVE FRIEDMAN PRESENTS

"THE BROADWAY DIVAS & THEIR MUSICALS"

Thursday, March 14, 1:30-3:00 PM

RSVP 3/7

We come to many of his lectures & are impressed with his breadth of knowledge, we love hearing his beautiful lyrical tenor, the classic & beloved songs he chooses and we thoroughly enjoy his presentation! Join us - **Steve Friedman** is back! ♥ Refreshments will be served.

"DJANGOLAYA"

Thursday, April 4, 1:30 - 3:00 PM

RSVP 3/28

Djangolaya is a group of musicians in the DC Metro Area celebrating the music of Django Reinhardt, one of the greatest musicians of the 20th century. They're an acoustic group with a European flair. You're likely to hear a wide range of music from swing to bossa nova to gypsy jazz to tango and more.



CoA @ TEMPLE BETH AMI!

14330 Travilah Road, Rockville

Fee: \$8; \$10 @ door

LECTURE BY PROF. RICHARD BELL

*“Alexander Hamilton:
A Remix of History
and Show Biz”*



Monday, March 25, 1:00-3:00 PM

RSVP 3/18

“Hamilton,” a Musical Theatre phenomenon, is based on the Revolutionary War hero, **Alexander Hamilton** and the founding of the United States of America. Prof. Bell will enlighten us about what Lin-Manuel Miranda’s hit Broadway show gets right, wrong and distorts about American History.

Richard Bell, born in London, attended Cambridge U. and received his masters and doctorate degrees in American History from Harvard U. He is currently a professor at the U. of Maryland. **Note:** Your having seen the show Hamilton is **NOT** required to attend, learn & enjoy this talk.

♥ Sweets will be served.

FOOD ‘N FUN

Mykonos Grill Restaurant ♦ Game: Trivia

Wednesday, March 6 ♦ 12:30 - 3:00 PM

RSVP 2/20

121 Congressional Lane, Rockville

Cost: \$27/Lunch & Program

We always enjoy going to **Mykonos Grill**! The ambience is lovely, the wait staff delightful, and the food is SO good!! Start with a slice of bread dipped in premium olive oil, then an appetizer sampler, followed by a tasty entrée, and don’t forget the dessert! ► After lunch, we’ll test your knowledge of trivia, and maybe you & your team will win a prize!

WHAT’S HAPPENING @ THE BENDER JCC!

Selma Sweetbaum Senior Satellite Program

Join us every Tuesday for this **FREE*** program:

10:00 – 11:00 AM

Weekly Exercise; Monthly Blood Pressure Check

11:00 AM – 12:00 PM

Guest Speaker/Entertainment

12:00 PM

Delicious, Kosher Meals - *\$5 suggested donation

1:00 PM

♪ Jewish Chorus & Song Circle ♦ Led by Frieda

► For more information, contact **Linda Wechsler:**

301.348.3893 or lwechsler@benderjccgw.org.

Women’s Connections

Mondays | 10:45 AM - 12:00 PM

Bender JCC – IAC Room

- All women welcome
- Engaging topics
- Socialize and make new friends

~ Facilitated by **Enid Portnoy**

Mah Jongg - Let’s Play!

Tues, March 5-26; 7:00-9:00pm; Beginners

Thursdays, Feb 7-28; 10:30am-12:30pm; Advanced Beg.

Fee: \$60/Members; \$75/Non-Members

► For more information, contact **Stacy Olivera**

301.348.3889 or solivera@benderjccgw.org.