

Tuesdays @ the J!

See you there~

Chair Exercise: Marsha Bokman 10:00 a.m. – 11:00 a.m.
Senior Chorus / Song Session: 1:00 p.m. – 2:30 p.m.

December Program Calendar *

Programs & *Lunch: 11:00 a.m. – 1:00 p.m. (**Lunch \$5 donation*)

December 4: The singing sensations: Two for the Show Duet!!!!
Lunch: Sliced Brisket, Latkes w/applesauce, Veggie
Medley

December 11: Magda Rosenbaum: “An Artist’s Experience at the
National Gallery”
Lunch: Baked Salmon, Sweet Potatoes, Zucchini
Ratatouille

December 18: Adventist Health Care: Blood Pressure Check
Bozena Skraban: Learn Hands Only CPR
Lunch: Chicken Marsala, Rice, Mixed Veggies

December 25: Program closed for Winter Break

WINTER WEATHER POLICY: If Montgomery County Schools have a delayed opening or are closed, we will **NOT** meet.



For information contact:

Linda Wechsler at lwechsler@benderjccgw.org / 301-348-3893

