

## SWIMMING RULES

- In accordance with the Bender JCC's policy, no child under the age of 12 is permitted to be in the Bender JCC, including pool area, without a parent or responsible adult with them at all times.
- No one is allowed in the pool or pool area unless a Bender JCC lifeguard is on duty.
- All swimmers MUST shower before entering the pool.
- Children under four feet tall must be accompanied by a parent or responsible person at all times, including in the water. While in the water, the parent or responsible person must remain within arm's reach of the child.
- Noodles and kickboards are permitted, but should not be depended on as a safety device. Non-swimmers may use noodles and kickboards with a parent or responsible person in the water and within arm's reach at all times.
- The Bender JCC recommends the use of US Coast Guard approved personal flotation devices for all non-swimmers.
- Acceptable swim attire must be worn by patrons on the deck and in the water. No street clothes are allowed in the pool. Clothing such as cut-offs, gym shorts and underwear is not permitted as swimwear.
- Swim diapers are required for all patrons who lack bowel and bladder control.
- Rough play is not permitted. This includes dunking, shoving, pushing, and riding or sitting on another person's shoulders.
- Persons with open wounds, sores or any communicable disease MAY NOT enter the pool.
- Spitting, spouting or nose-blowing in the pool is strictly prohibited.
- Walk; do not run around the pool area.
- All patrons are subject to the Bender JCC staff's interpretation of the rules.
- For safety reasons, no one should engage the lifeguards in unnecessary conversation.
- Emergency procedures must be observed.
- Swimmers must leave the pool area immediately upon the signal or request of the pool staff.
- Swimming across lap lanes and hanging on ropes is not permitted.
- Animals are not allowed in the building or the pool areas with the exception of service animals. Service animals are allowed on the deck, but not in the water.
- The Bender JCC is not responsible for lost or stolen items.
- Food is permitted on the lawn and upper deck behind the metal railings.
- No meat or poultry, including kosher, is allowed in the facility or the pool area, except at a meal that is catered by a recognized kosher caterer. Shellfish is never allowed on the Bender JCC premises. Kosher certification is not required for dairy and vegetarian meals brought into the Center for individual consumption.
- No glass items, alcohol, drugs or smoking is permitted anywhere on the Bender JCC property.

