

Tuesdays @ the J!

January Program Calendar *

Chair Exercise: 10:00 AM – 11:00 AM

Programs & *Lunch: 11:00 AM – 1:00 PM (*\$5 donation)

Senior Chorus / Song Session: 1:00 PM - 2:30 PM

January 2: Meet Hazzan Sabrina Sojourner

Lunch: Baked Salmon, Rice, Zucchini Medley

January 9: "Broadway Musicals: A Jewish Legacy" DVD

Lunch: Beef Stew, Kasha Varnishkas, Spinach Salad

January 16: "Noah's Art" Project with Bender Pre-School and

Rabbanit Chava Evans

Lunch: Veggie Lasagna, Mixed Veggies, Tossed Salad

January 23: Alon Goldstein, pianist (in the Kreeger Theatre)

Lunch: BBQ Chicken, Sweet Potato, Health Slaw

January 30: TuB'Shevat Seder with Rabbanit Chava Evans

Lunch: Eggplant Parmesan, Pasta, Bean Vinaigrette

WINTER WEATHER POLICY: in the event of inclement weather, if Montgomery County Schools have a delayed opening or are closed, we will NOT meet that day.

For information contact:

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