



Herman Aquatics Center Indoor Pool Schedule, *updated November 9, 2017**

SUNDAY

<u>TIME</u>	<u>LANE DESIGNATION</u>
7:00am - 9:00am	5 lanes - lap swim only/ 1 Water Jogging
9:00am - 11:30am	4 lanes - lap swim only/ 2 CLOSED - CLASSES
11:30am - 2pm	4 lanes - lap swim only/ **Open Swim
2pm - 5pm	4 lanes - lap swim only/ 2 CLOSED – Scuba Class
5pm - 8pm	4 lanes - lap swim only/ **Open Swim

MONDAY

6am - 9am	5 lanes - lap swim only/ 1 Water Jogging
9am -10am	5 lanes - lap swim only / 1 CLOSED-ProAction PT
10am-12pm	3 lanes – lap swim only/ 1 Double Wide Lane/1 CLOSED - ProAction PT
12pm - 1pm	2 lanes - lap swim only/ 4 CLOSED - CLASS
1pm - 2pm	3 lanes - lap swim only/ 3 CLOSED - CLASS
2pm – 4pm	4 lanes - lap swim only/ **Open Swim
4pm – 5pm	4 lanes – PreTeam/Remaining Lanes – Water Jogging and Class Use Only
5pm – 6:30pm	2 lanes – lap swim only/ 4 CLOSED – Swim Club
6:30pm - 7pm	4 lanes - lap swim only/ **Open Swim
7pm - 8pm	4 lanes - lap swim only/ 2 CLOSED - CLASS
8pm - 10pm	5 lanes - lap swim only/ 1 Water Jogging

TUESDAY

6am - 9am	5 lanes - lap swim only/ 1 Water Jogging
9am – 10am	4 lanes – lap swim only / 2 lanes **Open Swim
10am-12pm	2 lanes – lap swim only/ 2 Double Wide Lanes
12pm-1pm	6 lanes – lap swim only
1pm - 2pm	3 lanes - lap swim only/ 3 CLOSED – CLASS
2pm – 4pm	4 lanes – lap swim only/ **Open Swim
4pm – 5pm	4 lanes – lap swim only/ 2 CLOSED - CLASSES
5pm - 8pm	4 lanes - lap swim only/ **Open Swim
8pm - 10pm	4 lanes - lap swim only/ 2 CLOSED – Scuba Class

WEDNESDAY

6am - 9am	5 lanes - lap swim only/ 1 Water Jogging
10am – 11am	4 lanes – lap swim only/ 2 CLOSED – CLASS
11am – 12pm	6 lanes – lap swim only
12pm - 1pm	2 lanes - lap swim only/ 4 CLOSED - CLASS
1pm - 2pm	3 lanes - lap swim only/ 3 CLOSED - CLASS
2pm - 4pm	4 lanes - lap swim only/ **Open Swim
4pm - 5pm	4 lanes - lap swim only/ 2 CLOSED – CLASS
5pm-7pm	4 lanes – lap swim only/**Open Swim
7pm - 8pm	4 lanes - lap swim only/ 2 CLOSED - CLASS
8pm - 10pm	5 lanes - lap swim only / 1 Water Jogging

THURSDAY

6am – 9am	5 lanes - lap swim only/ 1 Water Jogging
9am – 10am	5 lanes – lap swim only / 1 CLOSED – ProAction PT
10am - 12pm	3 lanes – lap swim only/ 1 Double Wide Lane/ 1 CLOSED – ProAction PT
12pm – 1pm	6 lanes – lap swim only
1pm - 2pm	3 lanes - lap swim only/ 3 CLOSED - CLASS
2pm - 4pm	4 lanes - lap swim only/ **Open Swim
4pm – 5pm	4 lanes – PreTeam/Remaining Lanes – Water Jogging and Class Use Only
5pm – 6:30pm	2 lanes – lap swim only/ 4 CLOSED – Swim Club
6:30pm - 7pm	4 lanes – lap swim only / **Open Swim
7pm - 8pm	4 lanes – lap swim only/ 2 CLOSED - CLASS
8pm - 10pm	4 lanes - lap swim only / 2 CLOSED – Scuba Class

FRIDAY

6am – 9am	5 lanes - lap swim only/ 1 Water Jogging
9am – 10am	6 lanes – lap swim only
10am-12pm	2 lanes – lap swim only/ 2 Double Wide Lanes
12pm - 1pm	2 lanes - lap swim only/ 4 CLOSED - CLASS
1pm - 2pm	3 lanes – lap swim only/ 3 CLOSED - CLASS
2pm – 4pm	4 lanes - lap swim only/ **Open Swim
4pm - 8pm	6 lanes - lap swim only

SATURDAY

7:00am - 9:00am	5 lanes - lap swim only/ 1 Water Jogging
9:00am - 10am	3 lanes - lap swim only/3 CLOSED - CLASSES
10am - 12:30pm	Gudelsky Exceptional Swim Program – POOL RESERVED FOR PROGRAM USE ONLY
12:30pm-8:30pm	4 lanes - lap swim only/ **Open Swim

* Dedicated Lap Lanes available daily. **Open Swim – double wide lane use for slow swimming, water jogging and general use.***Schedule may change to accommodate special events