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Coming of Age in Maryland (CoA)

NOVEMBER- DECEMBER 2016

*“We love the interaction
and meeting new people!”
Janet S. (CoA Member)*

**For more information, please contact
301.348.3832 or fenoch@jccgw.org.**

**For social work services, please contact
301.816.2673 or dabramson@jssa.org.**

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

▶ IMPORTANT REQUEST
**Please call CoA
if you wish to be removed
from our mailing list.
We (and the trees) thank
you!**



6125 Montrose Road
Rockville, MD 20852





Debbie Abramson LCSW
 dabramson@jssa.org
 301-816-2673

Food For Thought

With the fall being a time of reflection, renewal and time with family & friends, I want to remind you about the services that are available to you at JSSA. JSSA provides people of all ages, services that help them deal with life's challenges. JSSA's staff consists of experienced professionals who will work with you, either in the comfort of your own home, or in a JSSA office.

JSSA's staff is available to help you work on individual goals, address life transitions, and respond to circumstances that impact your life. If you think that you would benefit from talking to someone, please call me at the number above or come see me at the next event.

JSSA Social Services

- Information and Referrals
- Support Groups
- Individual Counseling
- Phone and In-Person Consultations
- Assistance with Next Steps

CoA REGISTRATION FORM

REGISTER ONLINE @ jccgw.org or by mail

► Need help? Please call 301.348.3832.

To register by mail, complete & submit this form to:
JCCGW, Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Excursion: Art Museum; Wed. Nov. 9 **RSVP 10/26**
 Fee: \$10 (15712); \$20/Trans. (15810) **Amount \$ _____**

Beth Ami, Jewish Music," Mon. Nov. 14 **RSVP 11/7**
 Fee: \$7/ticket (15802) **Amount \$ _____**

Food 'n Fun: Matchbox, Wed. Nov. 16 **RSVP 11/4**
 Fee: \$25 (15744) **Amount \$ _____**



Shaare Tefila, Music, Thurs. Nov. 17 **RSVP 11/10**
 Fee: \$7 (15784) **Amount \$ _____**

Leisure World: CH2 Movie, Wed. Nov. 30 **RSVP 11/23**
 Fee: \$7/ticket (15804) **Amount \$ _____**

Food 'n Fun: Seasons 52, Wed. Dec. 7 **RSVP 11/25**
 Fee: \$25 (15779) **Amount \$ _____**

Leisure World: CH2 Movie, Thurs. Dec. 8 **RSVP 12/1**
 Fee: \$7/ticket (15694) **Amount \$ _____**

Excursion: "Synetic Theatre" Wed. Dec. 14 **RSVP 12/2**
 \$36/Ticket (15715); \$20/Trans. (15805) **Amount \$ _____**

Shaare Tefila, Concert, Thurs. Dec. 15 **RSVP 12/8**
 Fee: \$7 (15809) **Amount \$ _____**

Beth Ami, Blues & Swing Music," Mon. Dec. 19 **RSVP 12/12**
 Fee: \$7/ticket (15711) **Amount \$ _____**

Method of Payment (check one; NO CASH)

Check - Payable to JCCGW **Total Amount Paid \$ _____**

VISA MasterCard AmEx Discover

Credit Card # _____ Exp. Date: _____

CoA POLICIES

► Payment

Checks should be made payable to JCCGW and mailed to:

**JCCGW - Coming of Age (CoA)
6125 Montrose Road
Rockville, MD 20852**

▼ JCCGW = Jewish Community Center of Greater Washington
CoA = Coming of Age

► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

EACH participant must COMPLETE the Registration form!

► Refunds/Cancellations

There is no refund if you cancel after the RSVP date.

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

► **IMPORTANT EXCURSION INFORMATION**

The CoA staff calls each excursion registrant, usually **1-2 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

► **IMPORTANT INFORMATION**

RE. CoA BI-MONTHLY MAILINGS

If you have attended 1 or fewer CoA program (s) between July 1, 2015 - June 30, 2016, your name may be removed from our mailing list. Please call us with any questions or if we have removed your name erroneously. Thank you for your understanding!

Note: The CoA bi-monthly calendar can be viewed online.

Coming of Age & JRLW @ LEISURE WORLD

Fee: \$7

Movie Matinee: "The Midnight Orchestra"

2016 ♦ 102 minutes ♦ Morocco ♦ Comedy, Drama
Arabic, English, French (with English Subtitles)

When: Wednesday, November 30, 1:30 - 3:30 PM RSVP 11/23

Where: Clubhouse II Auditorium ♦ Discussion to follow.

In 1974, the celebrated musician Marcel Botbol suddenly left his native land of Morocco under mysterious circumstances. His disappearance led to the breakup of his beloved band, The Midnight Orchestra. Thirty years later, Marcel's son Michael is summoned to Casablanca by his father. Unfortunately their reunion is short-lived as Marcel dies shortly after arriving. Michael wants to bury his father in Israel, but soon realizes his father's close connection to Casablanca. Aided by an eclectic cab driver, he sets out on a journey to find the musicians who performed with his father and thus rediscover his own identity. Their offbeat adventures lead Michael to reunite the famous Midnight Orchestra.

Movie Matinee: "Operation Wedding"

2016 ♦ 63 minutes ♦ Documentary
English, Hebrew, Russian (with English Subtitles)

When: Thursday, December 8, 1:30- 3:00 PM RSVP 12/1

Where: Clubhouse II Auditorium ♦ Discussion to follow.

Leningrad, 1970. A group of young Jewish dissidents plots to hijack an empty plane and escape the USSR. Caught by the KGB a few steps from boarding, two of them were sentenced to death and the others to years of hard labor. Their famous failure to steal a plane helped make Soviet Jewry a global cause. 45 years later, the filmmaker reveals the compelling story of her parents. They were the leaders of this group and considered "heroes" in the West, but "terrorists" in Russia, even today.



CoA @ TEMPLE BETH AMI!
Fee: \$7.00 ♦ 14330 Travillah Road, Rockville

**A CONCERT OF YIDDISH, HEBREW,
RUSSIAN AND KLEZMER, TOO!**

Monday, November 14 ♦ 1:00 - 2:30 PM **RSVP 11/7**

- ♪ **Pinchas Zahavi - Accordionist, Vocalist**
- ♪ **Mike Singer - Bass player**
- ♪ **Frieda Enoch - Guest Vocalist!**

Join us for this joyous, entertaining and ‘heimish’ concert. A little nostalgia and a lot of fun! Our very own Frieda will be singing, as we usher in the holiday season with lively music! This trio will have you singing along and tapping your feet to familiar tunes from around the world!

♥ Refreshments will be served.

GINA DESIMONE & THE MOANERS

Monday, December 19 ♦ 1:00 - 2:30 PM **RSVP 12/12**

Gina DeSimone & The Moaners are a DC-based blues and swing foursome that will liven up the room with an eclectic mix of music from all eras! Since 2007, The Moaners have made their mark on the DC music scene with unrelentingly danceable tunes and fun-loving humor. The group’s musically-diverse backgrounds come together to deliver enthusiastic, fun, foot tappin’ rhythm and killer harmonies.

♥ Refreshments will be served.

THE SOUNDS OF MUSIC @ THE BENDER JCC!

SONG CIRCLE!

Tuesdays, November 1, 15; December 6, 20
1:00 to 2:30 PM

- ♪ The song circle is about the joy of singing
- ♪ All are welcome, regardless of experience or level of ability
- ♪ Song sheets will be provided

Contact Frieda : **301.348.3809** or fenoch@jccgw.org

► Sponsored by the Bender JCCGW Senior Adult Division and the Folklore Society of Greater Washington (fsgw.org)

COMMUNITY KLEZMER CONCERT & DINNER



Sunday | November 6, 2016 | Bender JCC
6:00 p.m. – Cocktails
7:00 p.m. – Dinner & Concert

What could be better than a heart-warming, toe-tapping Klezmer concert featuring **“The Seth Kibel Quartet”**?

Why, a delicious dinner with your Bender JCC community of course!

Join us for drinks, dinner, & a *freilach* (festive) evening!

Cost: \$40/ticket (includes drinks, dinner, concert & coffee)

For more information, contact
Debbie Sokobin at **301.348.3760** or dsokobin@jccgw.org.

'TUESDAYS @ THE J' RETURNS!

Selma Sweetbaum Senior Satellite Program
returns to the JCCGW on November 1!

Join us every Tuesday for this **FREE*** program:

10:00 – 11:00 AM

Weekly Exercise; Monthly Blood Pressure Check

11:00 AM – 12:00 PM

Guest Speaker

12:00 PM

Delicious, Kosher Meals - *\$5 suggested donation

1:00 PM

♪ Jewish Chorus/Song Circle ♦ Led by Frieda
~or~

Yiddish Conversation Group ♦ Facilitator: Hilda Rubin

► For more information, contact Stacy Katz Olivera:
301.348.3889 or solivera@jccgw.org.

ALL (Adult Living & Learning)

STILL DRIVING? Support Group at Bender JCC

Tuesday, Nov 15 – 29 ♦ 11:00am – 12:30pm

► Please register with **Connect-a-Ride: 301.738.3252**

Women's Connections

Mondays ♦ 10:45 a.m. - 12:00 p.m.
Bender JCC – Room 122

~ All women welcome ~ Interesting topics

~ Socialize and make new friends

~ Facilitated by Enid Portnoy

► For more information, contact Debbie Sokobin
301.348.3760 or

FOOD 'N FUN

MATCHBOX RESTAURANT

Game: More Trivia, Please!

Wednesday, November 16 ♦ 12:30 - 3:00 PM RSVP 11/4

Congressional Plaza, 1699 Rockville Pike, Rockville

Cost: \$25/Lunch & Program

Welcome to **Matchbox Restaurant**, a great place to share an afternoon with friends in a relaxed and lovely setting. The food is great and the customer service is always attentive and accommodating. Whether you order their signature dish, pizza, or prefer the fish or chicken dish, you won't be disappointed! A fun game of **More Trivia, Please!** will follow the meal.

SEASONS 52 RESTAURANT

Game: Stand Up and Be Counted!

Led by our dear friend, Beth Shapiro

Wednesday, December 7 ♦ 12:30 - 3:00 PM RSVP 11/25

11414 Rockville Pike, Rockville, MD

Cost: \$25/Lunch & Program

Join us for a wonderful meal at this restaurant which offers fresh, seasonal dishes from locally-sourced farmers. The food, inspired by the season and guided by flavor, is served in a private and charming room. Enjoy the signature flatbreads as an appetizer before your main course. It's sure to satisfy any sophisticated palate!

EXCURSIONS

AMERICAN VISIONARY ART MUSEUM

Wednesday, November 9 **RSVP 10/26**
Depart Bender JCC ~ 9:15 AM; LW ~ 9:45 AM
Location: 800 Key Hwy, Baltimore (near Inner Harbor)
Cost: \$10/ticket; \$20/transportation

Unique, eclectic, bold, moving, quirky, humorous, the AVAM has a little something for everyone! It contains many fascinating things - a collection of weird and wonderful stuff, sort of a modern art museum, kind of a craft gallery and pretty much everything in between. You're sure to have a great time exploring all the museum has to offer! The gift shop is a must. They have wonderful art work, books, and trinkets, at an affordable price.

Lunch is on your own at either the museum restaurant or at Rusty Scupper, located right across the street.

Synetic Theater *presents* **"Sleeping Beauty"**

Wednesday, December 14 **RSVP 12/2**
Depart LW ~ 6:00 PM; Bender JCC ~ 6:30 PM
Performance Time: 8:00 PM
Location: 1800 So. Bell Street, Arlington, VA
Cost: \$36/ticket; \$20/transportation

Synetic's award-winning ensemble takes on the classic tale of a princess, an evil sorceress, and a centuries-long sleeping curse in this darkly elegant adaptation of one of the Grimm Brothers' most beloved stories. This magical **wordless** production will enchant viewers of all ages!

► **Synetic** redefines theatre by blending innovative techniques and dramatic movement. **Without the use of words**, you will be 'blown-away' by how powerful the visual story can be!

CoA @ Shaare Tefila! - Cost: \$7
16620 Georgia Ave., Olney

Near 'Roots' grocery store, only 5 min. from LW
(LEFT at Emory Church Rd., Cross Georgia Ave.,
LEFT on Service Road)

Seth Kibel & Daryl Davis **CONCERT & LECTURE**

Thursday, November 17 **RSVP 11/10**
1:00-2:30 PM [NOTE TIME CHANGE]

Globe-trotting pianist **Daryl Davis** and award-winning woodwind player **Seth Kibel** will take you on a broad survey of American Roots music. Blues, jazz, popular song, and early Rock' n' Roll will all be waystations along this musical journey, featuring performances and commentary from the two acclaimed musicians and lecturers.

♥ Refreshments will be served.

Rabbi David Shneyer & Alan Oresky **CONCERT**

Thursday, December 15, 1:30 - 3:00 PM **RSVP 12/8**

Rabbi David Shneyer is a singer and guitarist. He is the founder, director and spiritual leader of Am Kolel and is also the spiritual leader of Kehila Chadasha, a havurah based in Bethesda. In 1970 he founded and has led The Fabrangens Fiddlers, a Jewish liturgical folk band based in the DC area, and is a composer of new liturgical music. **Alan Oresky** has been a freelance musician for over forty years and a public school instrumental music teacher for over thirty-six years. He is also a founding member of the Fiddlers. He plays fiddle and mandolin.

♥ Refreshments will be served.