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**JCCGW**  
*Discover Your Center*

Jewish  
Community  
Center of  
Greater  
Washington

# Fall 2014 PROGRAM GUIDE

**REGISTRATION OPENS AUGUST 1 FOR MEMBERS AND AUGUST 15 FOR THE GENERAL PUBLIC.  
REGISTER ONLINE AT [JCCGW.ORG](http://JCCGW.ORG)**

6125 MONTROSE ROAD | ROCKVILLE, MD 20852 | 301.881.0100 • [JCCGW.ORG](http://JCCGW.ORG)

6125 Montrose Road  
Rockville, MD 20852

**Address Service Requested**



# THE GARDEN OF REMEMBRANCE, A PLACE FOR ALL TO HONOR AND CELEBRATE LIFE.



At the Garden of Remembrance, we welcome everyone to our Memorial Park of landscaped gardens, quiet niches and woodlands, offering a time to reflect, remember and honor loved ones, celebrating meaningful lives of our past.

*14 Years of Caring  
Service and Dedicated Support  
to the Jewish Community  
of Greater Washington*

The Garden of Remembrance Memorial Park has become an integral part of the fabric – and a true landmark – for the entire Washington Jewish community, the area’s only community-based, non-profit Jewish cemetery. Twenty-four area Jewish congregations have reserved their sections in our garden. We welcome all of the Jewish faith, whether affiliated or unaffiliated with a congregation.

☎ *Call our Help Line at 301.428.3000, or visit  
[www.gardenofremembrance.org](http://www.gardenofremembrance.org).*



**Garden of Remembrance**

GAN ZIKARON MEMORIAL PARK

Partner Agency of  
The Jewish Federation  
OF GREATER WASHINGTON





# WELCOME!

The JCCGW embraces and welcomes the diversity of our community and encourages everyone to seek meaning and fulfillment by participating in our rich programming inspired by our Jewish heritage. We open our doors to everyone, including people of all backgrounds, religions, abilities and sexual orientations, and interfaith couples and families.

Inclusion permeates our Center. Inclusion is belonging.

JCC of Greater Washington's 23<sup>rd</sup> Annual  
*Dinner of Champions*  
Where every all-star is included  
**SATURDAY, NOVEMBER 22, 2014**

Irene and Abe Pollin Humanitarian Award  
THE CARL M. FREEMAN FOUNDATION

Greater Washington  
Jewish Sports Hall of Fame  
Inductees

LYLE BERLIN	RHEA SCHWARTZ
LENNY BERNSTEIN	MICHAEL SCHWIMMER
BRUCE LIPKA	

Hyman M. and Phillip D. Perlo  
High School Athlete Award

NICOLE FLECK	HARRY WANDERSMAN
ADAM KAPLAN	ROBERT WEINSTEIN
HANNAH SHIP	DANIEL ZUCKERMAN

Please see page 17 for details.

[jccgw.org/champions](http://jccgw.org/champions)

## THE LESSANS FAMILY ANNUAL BOOK FESTIVAL

**November 6-16, 2014**

**Featuring our Patrons Reception:  
An Evening with Molly  
Ringwald, and Sunday Breakfast  
with *Million Dollar Arm* author  
J.B. Bernstein**

Please see page 17 for details.

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# JCCGW PROGRAMS & SERVICES: OVERVIEW

## EARLY CHILDHOOD EDUCATION

### JCCGW Preschool and Transitional Kindergarten

**Ora Cohen Rosenfeld**

**301.348.3830 • [rosenfeld@jccgw.org](mailto:rosenfeld@jccgw.org)**

- Warm, dedicated and professional teaching staff committed to ensuring each child's happiness, safety and growth
- Flexible 10-month and 12-month programs for 2s, 3s, 4s and transitional kindergarten
- Reggio Emilia inspired curriculum infused with Jewish values
- Enrichment classes and summer programs
- Full family JCCGW membership with full-time enrollment

### Bender-Dosik Parenting Center

**Lauren Dworkin**

**301.348.3837 • [ldworkin@jccgw.org](mailto:ldworkin@jccgw.org)**

Specialized programming for parents/caregivers and children in our resourceful parenting center. Prenatal up to 2 years.

### Family Programs

**Tracy Newman**

**301.348.3848 • [tnewman@jccgw.org](mailto:tnewman@jccgw.org)**

Family-friendly programming, including PJ Library, which provides families raising Jewish children from 6 months to 8 years old with a free treasury of Jewish books and music.

### Recreation Station

**Ora Cohen Rosenfeld**

**301.348.3830 • [rosenfeld@jccgw.org](mailto:rosenfeld@jccgw.org)**

Indoor play gym for children age 2-7 years, with a parent.

## WEINBERG HEALTH & FITNESS CENTER

### Fitness Center

**301.348.3891**

Featuring basketball, racquetball and squash courts, clean and cutting-edge equipment

with cardio theater, free weights, adult and family locker rooms, personal training for individuals or groups, and babysitting for age 3 months to 12 years.

### Elie Ronen Scott Family Gym

**Billy Woodward**

**301.348.3852 • [wwoodward@jccgw.org](mailto:wwoodward@jccgw.org)**

Sunday morning fun in the gym for families with children age 18 months to 6 years.

### Sports & Recreation

**Billy Woodward**

**301.348.3852 • [wwoodward@jccgw.org](mailto:wwoodward@jccgw.org)**

Sports of all varieties for athletes (and aspiring athletes) of all ages.

### Group Exercise

**Charissa Mobley**

**301.348.3710 • [cmobley@jccgw.org](mailto:cmobley@jccgw.org)**

More than 65 group and specialty exercise classes—including Kangoo, Yoga, Total Body Conditioning, Zumba, BODYPUMP™ by Les Mills and Boot Camp—offered weekly.

### Aquatics

**Caroline Cardullo**

**301.348.3890 • [ccardullo@jccgw.org](mailto:ccardullo@jccgw.org)**

Indoor, outdoor and toddler pools. Offering private and group swim lessons for all ages, youth and master swim clubs, and the Isadore and Bertha Gudelsky Exceptional Swim Program for individuals with orthopedic-related disabilities.

### Wellness Services

**301.348.3891**

Offering services including massage, steam room, saunas and spas.

## YOUTH, TWEENS & TEENS

### After-School Programs & School Out Days

**Stacy Katz Olivera**

**301.348.3767 • [solivera@jccgw.org](mailto:solivera@jccgw.org)**

A variety of flexible, safe and engaging programs for your kids after the school bell rings and when school is closed.

### Enrichment Classes

Classes offered include art, aquatics, cooking, dance, fitness, music, science and theater. Students enrolled in Jewish day schools receive member rates on enrichment classes. (Affiliate member rate does not apply to Walkover or Class Complement.)

### Camp Inclusion

**Heather Strauss**

**301.348.3884 • [hstrauss@jccgw.org](mailto:hstrauss@jccgw.org)**

### JCC Maccabi Games

**Caroline Cardullo • 301.348.3890**

For athletes age 13-16, the JCC Maccabi Games promote community service involvement, sportsmanship and Jewish pride.

### Mid-Atlantic Junior Games

**Billy Woodward**

**301.348.3852 • [wwoodward@jccgw.org](mailto:wwoodward@jccgw.org)**

For athletes age 10-12, the Junior Games are a one-day experience modeled after the JCC Maccabi Games. Participants come from Maryland, DC, Virginia, Pennsylvania, New Jersey, Delaware and New York.

### Camp JCC

**301.348.3883 • [campjcc@jccgw.org](mailto:campjcc@jccgw.org)**

- General & specialty camps - age 4-15
- Seven weeks of exceptional programming including field trips, music, art, sports, Israel, nature and much more

- Instructional & recreational swim
- Caring, responsible, and fun-loving counselors and staff
- Pre- and post-camp care available

### Birthday Parties

**[birthday@jccgw.org](mailto:birthday@jccgw.org)**

Celebrate your child's birthday with a party at the JCCGW! For age 3-10 years. See page 16 for details.

### BBYO

**301.984.6073 • [dcc@bbyo.org](mailto:dcc@bbyo.org)**

Providing exceptional identity enrichment and leadership development experiences for Jewish teens in grades 6-12.

### Rockville Open House

**[RockvilleOpenHouse@gmail.com](mailto:RockvilleOpenHouse@gmail.com)**

A supervised, safe gathering space for lesbian, gay, bi-sexual, transgender, queer, questioning, or intersex Jewish teens, age 13 to 18, and their friends and allies.

*Discover Your Center  
Become a JCCGW  
member today!  
Visit [jccgw.org](http://jccgw.org) or  
call 301.348.3800.*

# JCCGW PROGRAMS & SERVICES: OVERVIEW (CONTINUED)

## ADULTS & LIFELONG LEARNING

**Debbie Sokobin**  
301.348.3760 • [dsokobin@jccgw.org](mailto:dsokobin@jccgw.org)

### ACE (Adult Center for Education)

Offering a wide variety of stimulating and high level lectures taught by a graduate level faculty. Held at Leisure World.

### Coming of Age in Maryland (CoA)

Monthly activities, programs, excursions, social services and special events for individuals age 60+.

### Mix & Mingle

A friendly atmosphere to meet with singles age 65+, share experiences, and discuss topics vital to our lives and times.

### New Friends

A support group for widows and widowers to re-enter social settings.

### Satellite Sites

Hosting programs and activities throughout Montgomery County and Prince George's County for kosher lunches, fitness and learning.

### Seniors Organized for Change (SOC)

A nonpartisan political lecture series to educate seniors on local, national and international issues.

### Primetimers

A group for mature adults to socialize and enjoy activities at the Center and around the Greater Washington area.

### Internal Light

Low vision support group for older adults to gather and discuss ways to improve quality of life.

### Men's Group and Women Connect

Weekly gatherings to discuss topics of interest.

### Senior Chorus

Directed by Frieda Enoch, the senior adult chorus meets weekly at Ring House. Anyone who loves to sing is welcome to join.

## VOLUNTEERS

### Tracey Dorfmann

301.348.3712 • [tdorfmann@jccgw.org](mailto:tdorfmann@jccgw.org)  
Support the JCCGW with your gift of time, talent and expertise. Visit [jccgw.org/volunteer](http://jccgw.org/volunteer) to view current volunteer opportunities for teens and adults, and to apply online.

## GILDENHORN SPEISMAN CENTER FOR THE ARTS

### Annual Jewish Film Festival

**Jennifer Smith**  
301.348.3778 • [jsmith@jccgw.org](mailto:jsmith@jccgw.org)  
A festival featuring award-winning inspirational, dramatic and thought-provoking films.

### Kreeger Auditorium

**Joe Musumeci**  
301.348.3774 • [jmusumeci@jccgw.org](mailto:jmusumeci@jccgw.org)  
Concerts, films, special events, dance, dramatic productions, lectures and speaker panels year-round in our 290-seat theater. The Kreeger Auditorium is also available for rental to community organizations.

### Goldman Art Gallery

**Phyllis Altman**  
301.348.3770 • [paltman@jccgw.org](mailto:paltman@jccgw.org)  
Professional art exhibits throughout the year, special events and meeting space.

### Polinger Artists of Excellence Concert Series

**Janet Getz**  
301.348.3779 • [jgetz@jccgw.org](mailto:jgetz@jccgw.org)  
In its 43rd year, this series has presented an outstanding array of renowned artists and rising stars. It is made possible in part by the Gerry and Howard Polinger Concert Endowment Fund.

### The Lessans Family Annual Book Festival

**Jennifer Smith**  
301-348-3778 • [jsmith@jccgw.org](mailto:jsmith@jccgw.org)  
A ten-day literary extravaganza, one of the largest Jewish book festivals in the country, featuring the year's most sought-after authors and offering hundreds of new titles for sale.

### Kass Judaic Library

**Debby Goldberg**  
301.348.3816 • [dgoldberg@jccgw.org](mailto:dgoldberg@jccgw.org)  
Fiction, history, reference books, videos, DVDs and audio books can all be found in our fully computerized library.

### Book Clubs

**Debby Goldberg**  
301.348.3816 • [dgoldberg@jccgw.org](mailto:dgoldberg@jccgw.org)  
Hosting book clubs for all interests from fiction to history to biography and contemporary issues.

## CENTER FOR ISRAEL CULTURE & EDUCATION

### Israel Festival

**Tracey Dorfmann**  
301.348.3712 • [tdorfmann@jccgw.org](mailto:tdorfmann@jccgw.org)  
Honoring Israel's birthday with a community-wide celebration for the entire family.

### Tzofim

**Amit Levinson**  
301.348.3863 • [alevinson@jccgw.org](mailto:alevinson@jccgw.org)  
The local troop of the Tzofim (Israeli Scouts). Shevet Gilad, meets at the JCCGW to engage in Israel-related activities, all in Hebrew.

### Young Shlichut Program

**Amit Levinson**  
301.348.3863 • [alevinson@jccgw.org](mailto:alevinson@jccgw.org)  
An Israeli emissary on the professional staff infuses Israeli culture and education into Center programming.

### Ulpan Hebrew Classes

**Rivka Degani**  
301.348.3810 • [rdegani@jccgw.org](mailto:rdegani@jccgw.org)  
Offering all levels of Hebrew classes from beginner to advanced.

## CENTER FOR JEWISH LIFE

### Holiday Celebrations

**Tracey Dorfmann**  
301.348.3712 • [tdorfmann@jccgw.org](mailto:tdorfmann@jccgw.org)  
Celebrating Judaism through holiday festivals, gatherings, Shabbat activities and freshly-baked challah available for purchase every Friday!

### Jewish Learning

**Tracey Dorfmann**  
301.348.3712 • [tdorfmann@jccgw.org](mailto:tdorfmann@jccgw.org)  
Inspired Jewish learning through biblical texts, music, humor, film and Yiddish language classes.

## FACILITY RENTALS

**Marni Darby**  
301.348.3840 • [mdarby@jccgw.org](mailto:mdarby@jccgw.org)

# JCCGW GENERAL INFO

## SESSION CALENDAR

FALL 2014

	Sun	Mon	Tue	Wed	Thurs	Fri	Sat
<b>SEPTEMBER</b>		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	★ 24	★ 25	★ 26	27
	28	29	30				
<b>OCTOBER</b>				1	2	★ 3	★ 4
	5	6	7	★ 8	★ 9	★ 10	11
	12	13	14	15	★ 16	★ 17	18
	19	20	21	22	23	24	25
	26	27	28	29	30	31	
<b>NOVEMBER</b>							1
	2	3	4	5	6	7	8
	9	10	11	12	13	14	15
	16	17	18	19	20	21	22
	23	24	25	26	★ 27	28	29
<b>DECEMBER</b>		1	2	3	4	5	6
	7	8	9	10	11	12	13
	14	15	16	17	18	19	20
	21	22	23	24	25	26	27
	28	29	30	★ 31			
<b>JANUARY</b>					★ 1	2	3
	4	5	6	7	8	9	10
	11	12	13	14	15	16	17
	18	19	20	21	22	23	24
	25	26	27	28	29	30	31

### COLOR & SYMBOL KEY

- Session 1 (S1): September 7–November 15, 2014
- Session 2 (S2): November 16, 2014–January 31, 2015
- Skip Dates: Youth classes not held
- ★ Holidays: See next column for hours and closures

## HOLIDAY SCHEDULE

### Wednesday, September 24

#### Erev Rosh Hashanah

H&F open 5:30 am–3 pm  
Offices and Membership  
close at 1 pm

### Thursday, September 25

#### Rosh Hashanah

JCCGW closed

### Friday, September 26

#### Rosh Hashanah

JCCGW closed

### Friday, October 3

#### Kol Nidre

H&F open 5:30 am–3 pm  
Offices close at 1 pm

### Saturday, October 4

#### Yom Kippur

JCCGW closed

### Wednesday, October 8

#### Erev Sukkot

H&F open 5:30 am–10 pm

### Thursday, October 9

#### Sukkot

H&F open 5:30 am–10 pm  
Offices and Preschool closed

*H&F = Health & Fitness*

### Friday, October 10

#### Sukkot

H&F open 5:30 am–8 pm  
All offices and Preschool closed

### Thursday, October 16

#### Shemini Atzeret

H&F open 5:30 am–10 pm  
Offices and Preschool closed

### Friday, October 17

#### Simchat Torah

H&F open 5:30 am–8 pm  
All offices and Preschool closed

### Thursday, November 27

#### Thanksgiving

H&F open 7 am–3 pm  
Offices and Preschool closed

### Thursday, December 25

#### New Year's Eve

H&F open 7 am–8 pm  
Offices open regular hours  
Preschool closed

### Wednesday, December 31

#### New Year's Eve

H&F open 7 am–3 pm  
All offices close at 3 pm  
Preschool closes at 12:30 pm

### Thursday, January 1, 2015

#### New Year's Day

H&F open 7 am–8 pm  
Offices and Preschool closed

## BUILDING HOURS

### HEALTH & FITNESS

Monday–Thursday 5:30 am–10 pm  
Friday 5:30 am–8 pm  
Saturday 7 am–8 pm\*  
Sunday 7 am–8 pm

New  
extended  
hours!

The building closes ½ hour after the Health & Fitness Department closes.

### INDOOR POOL

Monday–Thursday 6 am–10 pm  
Friday 6 am–8 pm  
Saturday 12:30–8 pm\*  
Sunday 7 am–8 pm

\*Open until 8:30 pm November 8, 2014–March 7, 2015.

### OUTDOOR POOL

#### Memorial Day to Labor Day

Monday–Friday  
Lap Swim 6–9 am  
Open Swim 1–8 pm

#### Saturday–Sunday

Lap Swim 7–9 am  
Open Swim 10 am–8 pm

### MEMBER & GUEST SERVICES

Monday–Thursday 8:30 am–6 pm  
Friday 8:30 am–5 pm

### MEMBERSHIP SALES

Monday–Thursday 9 am–8 pm  
Friday 9 am–6 pm  
Sunday 10 am–5 pm

### BUSINESS OFFICES

Monday–Friday 9 am–5 pm

### CAFÉ CENTRO

Come to the JCCGW café, Café Centro, for breakfast, lunch or dinner.

Monday – Thursday 7 am–7 pm  
Friday 7 am–3 pm  
Saturday Closed  
Sunday 8 am–6 pm

**INCLEMENT WEATHER?** Visit [jccgw.org](http://jccgw.org) for schedule updates.

To receive JCCGW text alerts, please visit [jccgw.org/textalerts](http://jccgw.org/textalerts).

For full class descriptions and to register, visit [jccgw.org](http://jccgw.org).

# ADULT CLASSES: DANCE, BRIDGE & MAH JONGG, HEBREW, SPECIAL NEEDS, YIDDISH

**CONTACTS:** **DANCE** BUNNYE LEVEY: 301.348.3777 OR BLEVEY@JCCGW.ORG  
**HEBREW** RIVKA DEGANI: 301.348.3810 OR RDEGANI@JCCGW.ORG  
**SPECIAL NEEDS/INCLUSION** INCLUSION@JCCGW.ORG

**BRIDGE, MAH JONGG** MERYL TRACHTMAN: 301.348.3808 OR MTRACHTMAN@JCCGW.ORG  
**YIDDISH** TRACEY DORFMANN: 301.348.3712 OR TDORFMANN@JCCGW.ORG

## GATEWAYS ESOL CLASSES

English for Speakers of Other Languages (ESOL) classes, citizenship preparation, post-citizenship and conversational classes for adults age 60+ meet on Tuesday and Thursday mornings throughout the school year. Contact Debbie Sokobin at 301.348.3760 or dsokobin@jccgw.org.

## ACE SEMINARS

ACE (Adult Center for Education) programs offer a wide variety of stimulating, high-level lectures taught by an outstanding faculty of volunteer instructors. Topics include economics, computers, Judaics, history, literature, creative writing, current events, biographies, music appreciation, theater and more. For details, contact Debbie Sokobin at 301.348.3760 or dsokobin@jccgw.org.

## MONDAY

### Special Needs: Making Waves

7-8 pm

Sep 15-Oct 20  
13476 \$90 | \$108

Nov 17-Dec 22  
13520 \$90 | \$108

### Advanced Hebrew

7-9 pm

Sep 8-Jan 19  
13297 \$400 | \$400

### Beginner Bridge

7-9 pm

Sep 22-Oct 27  
13422 \$135 | \$150

Nov 3-Dec 8  
13629 \$135 | \$150

Dec 15-Jan 19  
13569 \$135 | \$150

### Learn to Play Mah Jongg

7:15-9:15 pm  
Sep 29-Oct 20  
13396 \$60 | \$75

### Hebrew: Bet

7:30-9:30 pm  
Sep 8-Jan 19  
13311 \$400 | \$400

### Hebrew: Gimmel 2

7:30-9:30 pm  
Sep 8-Jan 19  
13338 \$400 | \$400

## TUESDAY

### Designing with Fabrics

10-11:45 am

Sep 9-Nov 11  
13644 \$235 | \$255

### Arts & Crafts | Recycle to New

10-11:45 am

Nov 18-Jan 27  
13645 \$235 | \$255

### Hebrew: Aleph

9-11 am

Sep 9-Jan 27  
13336 \$400 | \$400

### Hebrew: Dalet

11 am-1 pm

Sep 9-Jan 27  
13319 \$400 | \$400

### Special Needs: Lets Cook!

7-8 pm

Sep 16-Oct 21  
13621 \$115 | \$133

Nov 18-Dec 23  
13622 \$115 | \$133

### Hebrew: Aleph

7:30-9:30 pm

Sep 9-Jan 27  
13337 \$400 | \$400

### Hebrew: Bet

7:30-9:30 pm

Sep 9-Jan 27  
13331 \$400 | \$400

## WEDNESDAY

### Hebrew: Vav

11:30 am-1:30 pm

Sep 10-Jan 28  
13308 \$400 | \$400

### Hebrew: Gimmel 2

9:30-11:30 am

Sep 10-Jan 28  
13315 \$400 | \$400

### Learn to Play Mah Jongg

7:15-9:15 pm

Oct 29-Nov 19  
13366 \$60 | \$75

### Hebrew: Gimmel

7:30-9:30 pm

Sep 10-Feb 4  
13316 \$360 | \$360

### Hebrew: Vav

7:30-9:30 pm

Sep 10-Feb 4  
13299 \$360 | \$360

## THURSDAY

### Alvin Mayes Modern Dance Workshop

9:30-10:45 am

Oct 16-Nov 20  
13391 \$111 | \$124

Dec 4-Jan 29

13529 \$130 | \$144

### Creative Clay Modeling

7-9 pm

Sep 11-Nov 13  
13385 \$275 | \$299

Nov 20-Jan 29

13586 \$275 | \$299

### Hebrew: Dalet

7:15-9:15 pm

Sep 11-Feb 5  
13330 \$340 | \$340

### Yiddish Language

7:30-9 pm

Oct 23-Feb 12  
13347 \$200 | \$200

## FRIDAY

### Hebrew: Gimmel

9:30-11:30 am

Sep 5-Feb 6  
13314 \$400 | \$400

## OASIS AT THE JCCGW "BEETHOVEN'S EARS"

WEDNESDAY, OCTOBER 29 | 7 PM

*There is a mystery about all acts of creative genius, but none more imponderable than Ludwig van Beethoven's.*

The JCCGW will host a one-time OASIS (a unique educational program for adults age 50+) seminar with renowned music historian Saul Lilienstein. This lecture will address these questions: How did he do it? How did his encroaching deafness affect his music? The character of the man and the immensity of his talent are the subjects at the heart of this presentation. Look for details in the October *Center Scene* and at [jccgw.org](http://jccgw.org).

## SOCIAL GROUPS FOR INDIVIDUALS WITH SPECIAL NEEDS

The Special Needs Department offers year-round social groups for individuals who have minimal to severe disabilities. For details regarding Hevra and Tikva, social groups for individuals age 18+ who have learning, intellectual and other developmental disabilities, contact Marcy Bennett at 240.283.6031 or [mbennett@jfg.org](mailto:mbennett@jfg.org). For all other programs, e-mail [inclusion@jccgw.org](mailto:inclusion@jccgw.org).

## DUPLICATE BRIDGE

Mondays at 7:15 pm  
\$6 | \$8



# AQUATICS

SESSION 1 (S1): SEPTEMBER 7-NOVEMBER 15, 2014 • SESSION 2 (S2): NOVEMBER 16, 2014-JANUARY 31, 2015

CONTACT: CAROLINE CARDULLO: 301.348.3890 OR CCARDULLO@JCCGW.ORG

## SUNDAY

### Swim Lessons

#### Waterbabies: 6-18 mos

9-9:30 am

S1: 13475 \$113 | \$140

S2: 13519 \$102 | \$126

#### Swim Lessons Watertots: 18 mos-3 yrs

9:30-10 am

S1: 13407 \$113 | \$140

S2: 13521 \$102 | \$126

#### Swim Lessons Level 1: 3-5 yrs

10-10:30 am

S1: 13384 \$113 | \$140

S2: 13543 \$102 | \$126

10:30-11 am

S1: 13448 \$113 | \$140

S2: 13544 \$102 | \$126

#### Swim Lessons Level 2: 4-6 yrs

10-10:30 am

S1: 13376 \$113 | \$140

S2: 13549 \$102 | \$126

10:30-11 am

S1: 13377 \$113 | \$140

S2: 13550 \$102 | \$126

#### Swim Lessons Level 3: 4-7 yrs

11-11:30 am

S1: 13381 \$113 | \$140

S2: 13553 \$102 | \$126

#### Swim Lessons Level 4: 6+ yrs

11-11:30 am

S1: 13380 \$113 | \$140

S2: 13612 \$102 | \$126

## MONDAY

### Swim Lessons Level 1:

#### 3-5 yrs

4-4:30 pm

S1: 13630 \$110 | \$140

S2: 13633 \$102 | \$126

### Swim Lessons Level 2: 4-6 yrs

4-4:30 pm

S1: 13631 \$110 | \$140

S2: 13634 \$102 | \$126

### Swim Lessons Level 3: 4-7 yrs

4:30-5 pm

S1: 13632 \$110 | \$140

S2: 13635 \$102 | \$126

## TUESDAY

### Swim Lessons Level 1:

#### 3-5 yrs

4-4:30 pm

S1: 13447 \$113 | \$140

S2: 13545 \$113 | \$140

### Swim Lessons Level 2: 4-6 yrs

4-4:30 pm

S1: 13378 \$113 | \$140

S2: 13551 \$113 | \$140

### Swim Lessons Level 3: 4-7 yrs

4:30-5 pm

S1: 13382 \$113 | \$140

S2: 13554 \$113 | \$140

## WEDNESDAY THURSDAY

### Swim Lessons Level 1:

#### 3-5 yrs

4-4:30 pm

S1: 13372 \$91 | \$111

S2: 13548 \$91 | \$111

### Swim Lessons Level 2: 4-6 yrs

4-4:30 pm

S1: 13379 \$91 | \$111

S2: 13552 \$91 | \$111

### Swim Lessons Level 3: 4-7 yrs

4:30-5 pm

S1: 13383 \$91 | \$111

S2: 13555 \$91 | \$111

### Swim Lessons Level 1:

#### 3-5 yrs

4-4:30 pm

S1: 13356 \$79 | \$98

S2: 13533 \$91 | \$111

### Swim Lessons Level 2: 3-5 yrs

4-4:30 pm

S1: 13387 \$79 | \$98

S2: 13542 \$91 | \$111

### Swim Lessons Level 3: 4-7 yrs

4:30-5 pm

S1: 13400 \$79 | \$98

S2: 13541 \$91 | \$111



## ISADORE AND BERTHA GUDELSKY EXCEPTIONAL SWIM PROGRAM

For individuals with physical, orthopedic-related disabilities. For information and to apply, contact Melanie or Herb Dubin at 301.622.1780 or dubinm5@verizon.net.

## PRIVATE & SEMI-PRIVATE SWIM LESSONS

Members only. Sessions are 30 minutes.

To register, contact Caroline Cardullo at 301.348.3890 or ccardullo@jccgw.org

### PRIVATE

(one student per instructor)

Three sessions \$140

Six sessions \$240

Ten sessions \$308

### SEMI-PRIVATE

(two students per instructor)

Three sessions \$183

Six sessions \$317

Ten sessions \$468

## SWIM CLUBS

Members only

### Pre-Team: 6-12 yrs

4:15-5:15 pm

S1 & S2

Monday & Thursday

13346 \$292

Monday only

13294 \$164

Thursday only

13298 \$129

### Swim Club: 7-14 yrs

5:15-6:30 pm

S1 & S2

Monday & Thursday

13295 \$313

Monday only

13625 \$186

Thursday only

13329 \$147

### Master Swim Club: 18+ yrs

Monday, Wednesday & Friday

12-1 pm

S1 & S2

13323 \$346

\*Punch Pass/10 visits \$75

\*Drop-in Pass \$8

*\*Must be purchased at the Member & Guest Services desk.*

## SATURDAY

### Swim Lessons Waterbabies:

#### 6-18 mos

9-9:30 am

S1: 13473 \$102 | \$126

S2: 13526 \$91 | \$111

### Swim Lessons Level 1: 3-5 yrs

9-9:30 am

S1: 13430 \$102 | \$126

S2: 13513 \$91 | \$111

### Swim Lessons Watertots: 18 mos-3 yrs

9:30-10 am

S1: 13406 \$102 | \$126

S2: 13507 \$91 | \$111

### Swim Lessons Level 2: 4-6 yrs

9:30-10 am

S1: 13375 \$102 | \$126

S2: 13512 \$91 | \$111

## INDOOR SWIM MEET

Sunday, January 25

5-8 pm

Age 8-14

13615 \$30 | \$35

Contact Caroline Cardullo at 301.348.3890 or ccardullo@jccgw.org



# ART, CHESS AND MUSIC

SESSION 1 (S1): SEPTEMBER 7-NOVEMBER 15, 2014 • SESSION 2 (S2): NOVEMBER 16, 2014-JANUARY 31, 2015

CONTACTS: **ART** BUNNYE LEVEY: 301.348.3777 OR BLEVEY@JCCGW.ORG  
**CHESS** STACY KATZ OLIVERA: 301.348.3767 OR SOLIVERA@JCCGW.ORG

**MUSIC** JANET GETZ: 301.348.3779 OR JGETZ@JCCGW.ORG

## MONDAY

### Chess: 5-12 yrs

4-5 pm  
S1: 13404 \$150 | \$180  
S2: 13516 \$150 | \$180

### Build Your Own Games and Toys: 6-9 yrs

4-5 pm  
S1: 13450 \$200 | \$220  
S2: 13567 \$183 | \$201

### Paint and Draw – Budding Artists: 9-13 yrs

4-5 pm  
S1: 13352 \$200 | \$220  
S2: 13575 \$183 | \$201

## TUESDAY

### Designing with Fabrics: 18+ yrs

10-11:45 am  
S1: 13644 \$235 | \$255

### Arts & Crafts | Recycle to New: 18+ yrs

10-11:45 am  
S2: 13645 \$235 | \$255

### Fun with Clay: 5-8 yrs

4-5 pm  
S1: 13438 \$210 | \$230  
S2: 13558 \$210 | \$230

### Super Crafters – Personalize a Backpack: 8-11 yrs

4-5 pm  
S1: 13449 \$200 | \$220

### Super Crafters – Do it with Duct Tape: 8-11 yrs

4-5 pm  
S2: 13534 \$200 | \$220

## WEDNESDAY

### Jewelry Making: 6-8 yrs

4-5 pm  
S1: 13424 \$183 | \$201  
S2: 13539 \$165 | \$181

### Scrapbooking – Real & Imaginary: 9-11 yrs

4-5 pm  
S1: 13465 \$183 | \$201  
S2: 13564 \$200 | \$220

## THURSDAY

### Paint and Draw - Young Painters: 5-8 yrs

4-5 pm  
S1: 13386 \$200 | \$220

### Paint and Draw - Young Painters: 6-9 yrs

4-5 pm  
S2: 13514 \$165 | \$181

### Building with Clay: 9-11 yrs 4-5:30 pm

S1: 13354 \$203 | \$219  
S2: 13505 \$203 | \$219

### Kids in the Kitchen: 6-10 yrs

4:15-5:15 pm  
S1: 13458 \$176 | \$216

### Creative Clay Modeling for Adults: 18+ yrs

7-9 pm  
S1: 13385 \$275 | \$299  
S2: 13586 \$275 | \$299

## PRIVATE MUSIC INSTRUCTION: AGE 5+ YRS

Private instruction is offered Saturday through Thursday year-round in piano, guitar (acoustic, electric, bass), percussion and drums, voice, woodwinds (flute, clarinet, oboe, bassoon, saxophone), strings (violin, viola, cello) and brass (trumpet, trombone). Private music lessons are also offered in Hebrew for guitar and in Korean for piano. For more information about music lessons, visit [jccgw.org](http://jccgw.org) or contact Janet Getz at 301.348.3779 or [jgetz@jccgw.org](mailto:jgetz@jccgw.org). Please note that online registration is not available for private music lessons.



JEWISH  
EDUCATION  
for the  
21<sup>st</sup> CENTURY

Sign up now  
for classes this  
fall at the  
JCCGW

1-800-830-0173  
[www.ShalomLearning.com](http://www.ShalomLearning.com)

## ARTS AT ALIVE

Jewish Enrichment through the Arts  
**NEW at the JCCGW | for children in grades K-2**  
September 2014-May 2015 | 26 Sessions, Sundays, 10 am – 12 noon

Arts Alive is an interactive, Jewish educational experience that will foster positive Jewish identity, nurture a love for Jewish life and learning, and inspire a passion for the arts from a young age. Children will explore Jewish holidays, culture, values, language, history and traditions in a warm and nurturing environment through art, music, dance, movement, drama, storytelling, cooking and more. Register online at [jccgw.org/artsalive](http://jccgw.org/artsalive). For more information, please contact Tracey Dorfmann at 301.348.3712 or [artsalive@jccgw.org](mailto:artsalive@jccgw.org).

Registration opens at [jccgw.org](http://jccgw.org) on August 1 for members and August 15 for the general public.

[jccgw.org](http://jccgw.org) • 301.881.0100

# DANCE & THEATRE ARTS

CONTACT: BUNNYE LEVEY: 301.348.3777 OR BLEVEY@JCCGW.ORG

## MONDAY

**Twist and Twirl: 3½ -5 yrs**  
3-3:45 pm  
Sep 8-Jan 26  
13310 \$333 | \$372

**Jazz and Mini Hop Combo:  
Gr 1-3**  
4-5 pm  
Sep 8-Jan 26  
13332 \$333 | \$372

**Kinder Ballet: Gr K-1**  
4-5 pm  
Sep 8-Jan 26  
13334 \$333 | \$372

**Youth Dance Company, by  
permission: 10-14 yrs**  
5-6:30 pm  
Sep 8-Jan 26  
13344 \$399 | \$437



## DANCE SCHOOL SHOWCASE

Date TBA

JCCGW Dance School students will perform choreography in a variety of dance styles, including tap, jazz and hip-hop. For information regarding the performance, contact Bunnye Levey at 301.348.3777 or blevey@jccgw.org.

## TUESDAY

**Dance and the Magic Box:  
3-5 yrs**  
3-3:45 pm  
Sep 9-Jan 27  
13342 \$350 | \$392

**Classical Ballet: Gr 2-4**  
4-5 pm  
Sep 9-Jan 27  
13326 \$350 | \$392

**Tap I Beginning: Gr K-2**  
4-5 pm  
Sep 9-Jan 27  
13339 \$350 | \$392

**Theatre Arts & Improvisation:  
6-8 yrs**  
4-5 pm  
Sep 9-Nov 11  
13648 \$175 | \$196  
Nov 18-Jan 27  
13649 \$175 | \$196

**Ballet: Gr 5-7**  
5-6 pm  
Sep 9-Jan 27  
13321 \$350 | \$392

**Poetry Slam & Storytelling:  
9-11 yrs**  
5-6 pm  
Sep 9-Nov 11  
13646 \$175 | \$196  
Nov 18-Jan 27  
13647 \$175 | \$196

**Tap II Intermediate: Gr 3-5**  
5-6 pm  
Sep 9-Jan 27  
13305 \$350 | \$392

**Tap III Intermediate/  
Advanced: Gr 6-10**  
6-7 pm  
Sep 9-Jan 27  
13324 \$350 | \$392

## WEDNESDAY THURSDAY

**Party Dance/Street Jazz  
Combo: Gr 1-3**  
4-5 pm  
Sep 10-Jan 28  
13341 \$298 | \$333

**Street Jazz and Hip Hop:  
Gr 4-6**  
4-5 pm  
Sep 10-Jan 28  
13343 \$298 | \$333

**Yoga Kids: 6-8 yrs**  
4-5 pm  
Sep 10-Oct 29  
13650 \$158 | \$176

Nov 19-Jan 28  
13651 \$140 | \$157

**Street Jazz and Hip Hop:  
Gr 7-10**  
5-6 pm  
Sep 10-Jan 28  
13304 \$298 | \$333

**Alvin Mayes Modern  
Dance Workshop: 18+ yrs**  
9:30-10:45 am  
Oct 16-Nov 20  
13391 \$111 | \$124

Dec 4-Jan 29  
13529 \$130 | \$144

**Creative Movements: 3-4 yrs**  
3-3:45 pm  
Sep 11-Nov 13  
13626 \$140 | \$157  
Nov 20-Jan 29  
13627 \$140 | \$157

**Tap 1 Beginning: Gr 3-5**  
4-5 pm  
Sep 11-Jan 29  
13340 \$280 | \$314

**Contemporary Jazz: Gr 5-8**  
5-6 pm  
Sep 11-Jan 29  
13301 \$298 | \$333

**\*Intermediate/Advanced  
Jazz: 14+ yrs**  
6-7:15 pm  
Sep 11-Jan 29  
13327 \$336 | \$360

**\*Advanced Jazz: Gr 8+**  
7:15-8:30 pm  
Sep 11-Jan 29  
13306 \$336 | \$360

\*Registration is on the recommendation of the instructor, Debbie Clark.



For full class descriptions and to register, visit [jccgw.org](http://jccgw.org).

# FITNESS

CONTACTS: **GROUP EXERCISE** CHARISSA MOBLEY: 301.348.3710 OR CMOBLEY@JCCGW.ORG

## MONDAY

**Tai Chi: 18+ yrs**  
11:30 am-12:30 pm

Sep 15-Nov 17  
13441 \$99 | \$149

Dec 1-Feb 2  
13561 \$99 | \$149



## MASSAGE

**Enjoy the benefits of massage:**

1. Relief from tension headaches
2. Pain relief from chronic illness
3. Improves physical rehabilitation
4. Improves circulation
5. Helps manage depression, anxiety and stress
6. Helps lower blood pressure
7. Increases circulation in over-used muscles
8. Improves lymphatic system circulation
9. Increases oxygen capacity to blood
10. Helps loosen and soften scar tissue
11. Helps increase joint flexibility and muscle range of motion

To schedule a massage, please contact the Member & Guest Services Department at 301.348.3800. Payment must be made in advance.

## PRESCRIBED FITNESS

Age 8-12. Personal training is customized to meet the specific needs of our younger members. These workouts are a great way to introduce your son or daughter to fitness in a fun and safe way. For fees or to schedule an appointment, please call 301.348.3891.

## J-CLUB: BABYSITTING

Age 3 months-5 years. Parents can work out or attend a JCCGW program while their children spend time in our supervised play room. Please pay in advance at the membership desk.

### Hours\*

Monday-Friday 8:30 am-12:30 pm  
Saturday & Sunday 9 am-1 pm

Fee per hour: \$3 mem./\$6 gen. public, per child

Fee for 10-hour card: \$30 mem./\$60 gen. public, per child

Unlimited Pass: \$20 per month (members only)

*\*Hours subject to change. Please call 301.348.3800 to confirm.*

## PERSONAL TRAINING

Age 13+. Customized fitness training programs designed to help you meet your fitness goals. For fees or to schedule an appointment, please call 301.348.3891. Members only.

## HEALTH & FITNESS HOURS

Monday–Thursday 5:30 am-10 pm  
Friday 5:30 am-8 pm  
Saturday 7 am-8 pm\*  
Sunday 7 am-8 pm

The building closes ½ hour after the Health & Fitness Department closes.

*\*Open until 8:30 pm November 8, 2014-March 7, 2015.*

## SMALL GROUP TRAINING

For more information, please call 301.348.3891.

### Women on Weights

For women only, this program is designed to target multiple muscle groups at once. Participants will build lean muscle, lose body fat and burn calories in a short time.

Monday & Friday  
9:30-10:30 am

Sep 15-Oct 24  
13636 \$100 | \$150

Nov 3-Dec 19  
13602 \$120 | \$150

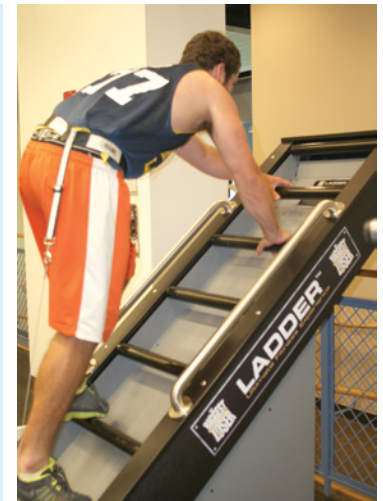
### One HIIT Wonder

High Intensity Interval Training (HIIT) is the fastest way to achieve your fitness goals. Comprised of functional strength training exercises performed in high repetition intervals, this challenging session is for individuals with exercise experience who are looking to take their training to the next level.

Monday & Wednesday  
6-6:30 am

Sep 15-Oct 22  
13637 \$100 | \$150

Nov 3-Dec 15  
13610 \$100 | \$150



## GROUP EXERCISE CLASSES

We offer dozens of group exercise classes, taught by certified instructors, each week. Classes include Pilates, yoga, kickboxing, Zumba, core-balance strength and more. Contact Charissa Mobley at 301.348.3710 or cmobley@jccgw.org.



# PRESCHOOL

CONTACT: ORA COHEN ROSENFELD: 301.348.3839 OR OROSENFELD@JCCGW.ORG

## JCCGW PRESCHOOL & TRANSITIONAL KINDERGARTEN

The JCCGW Preschool is a place where children grow and learn in a nurturing and inclusive Jewish setting. We strive to foster a positive sense of self in each child.

We encourage children to express themselves through creative art and music activities and we make our holidays, customs, traditions and values come to life. Through our flexible 10-month and 12-month programs, the preschool builds the foundation to create childhood memories, both Judaic and secular. We challenge, enlighten and broaden children's horizons through a wide variety of experiences.

**Our exceptional staff makes the difference** and it is our priority to employ experienced and talented staff members who meet our high standards. We provide ongoing professional development to support our staff as lifelong learners. Our talented and dedicated staff is committed to ensuring each child's happiness, safety and growth.

## FREE JCCGW FAMILY MEMBERSHIP WITH FULL-DAY ENROLLMENT!

For details, contact Ora Cohen Rosenfeld at 301.348.3830 or [rosenfeld@jccgw.org](mailto:rosenfeld@jccgw.org).

## DIVE INTO THE NEW YEAR

ECE Pool Party

Sunday, Sep 7

Join our preschool and PJ Library for a fun-filled end-of-summer event. Let's begin the New Year with a splash! Contact Ora Cohen Rosenfeld at 301.348.3830 or [rosenfeld@jccgw.org](mailto:rosenfeld@jccgw.org).

## TUESDAY

### \*Shake, Rattle & Roll: 3-4 yrs

Sep 9-Dec 16  
12:30-2:30 pm

10-month students  
13302 \$300

12-month students  
13303 \$225

## WEDNESDAY THURSDAY

### \*Kreative Kitchen: 3-4 yrs

Sep 10-Dec 17  
12:30-2:30 pm

10-month students  
13320 \$280

12-month students  
13322 \$210

### \*Sensational Science: 3-4 yrs

Sep 11-Dec 18  
12:30-2:30 pm

10-month students  
13325 \$220

12-month students  
13328 \$165

\*Available to JCCGW Preschool students only.

## SPECIAL EVENTS

### Fall Shabbat Dinner

Friday, Sep 19

### Pizza in the Hut

Tuesday, Oct 14 | 6-8 pm  
\$10

### Picture Art

Tuesday, Nov 11  
Wednesday, Nov 12

### Curriculum Night

Wednesday, Nov 12  
7:30 pm

### PJ Havdalah

Saturday, Dec 6 | 6:30 pm

### Chanukah Sing

Friday, Dec 19

## PRESCHOOL OPEN HOUSES

Tuesday, Oct 21 | 10 am  
Tuesday, Nov 18 | 10 am  
Tuesday, Dec 16 | 10 am



## HOLIDAYCARE

Childcare is offered for JCCGW Preschool students during Jewish holidays as follows:

### Rosh Hashanah

Friday, Sep 26  
9 am-5 pm  
13425 \$75

### Sukkot

Thursday, Oct 9  
9 am-5 pm  
13426 \$75

Friday, Oct 10

9 am-5 pm  
13427 \$75

### Shemini Atzeret

Thursday, Oct 16  
9 am-5 pm  
13442 \$75

### Simchat Torah

Friday, Oct 17  
9 am-5 pm  
13624 \$75

## KID COVERAGE FOR 10-MONTH STUDENTS

(when the 12-month program is in session)

Monday, Dec 22  
9 am-5 pm  
13601 \$75

Tuesday, Dec 23  
9 am-5 pm  
13600 \$75

Friday, Dec 26  
9 am-5 pm  
13574 \$75

Monday, Dec 29  
9 am-5 pm  
13573 \$75

Tuesday, Dec 30  
9 am-5 pm  
13572 \$75

# BENEFITS BEYOND THE CLASSROOM

For full class descriptions and to register, visit [jccgw.org](http://jccgw.org).

FALL 2014 PROGRAM GUIDE

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# BENDER-DOSIK PARENTING CENTER

CONTACT: LAUREN DWORKIN: 301.348.3837 OR LDWORKIN@JCCGW.ORG

## SUNDAY

**Music Together: 0-5 yrs**  
Sep 7-Nov 9

10-10:45 am  
13390 \$220 | \$230

11-11:45 am  
13474 \$220 | \$230

## MONDAY

**Itsy Bitsy Yoga – Tots:  
crawler-2 yrs**  
Sep 8-Nov 10  
9:30-10:15 am  
13641 \$80 | \$90

**Itsy Bitsy Yoga – Tykes:  
21 mos-4 yrs**  
Sep 8-Nov 10  
10:30-11:15 am  
13642 \$80 | \$90

**Itsy Bitsy Yoga – Baby:  
6 wks-crawler**  
Sep 8-Nov 10  
11:30 am-12:15 pm  
13643 \$80 | \$90

## TUESDAY

**Music Together: 0-5 yrs**  
Sep 9-Nov 11

9:30-10:15 am  
13413 \$220 | \$230

10:30-11:15 am  
13401 \$220 | \$230

**Music Together: 0-1 yr**  
Sep 9-Nov 11  
11:30 am-12:15 pm  
13471 \$220 | \$230

## WEDNESDAY

**Music Together: 0-5 yrs**  
Sep 10-Nov 12

9:30-10:15 am  
13472 \$220 | \$230

10:30-11:15 am  
13389 \$220 | \$230

1-1:45 pm  
13414 \$220 | \$230

**Story Time: 0-5 yrs**  
10-11 am

Sep 10-Nov 12  
13374 \$25 | \$30

Dec 3-Feb 4  
13504 \$25 | \$30

**Mommy and Baby Yoga**  
Sep 10-Nov 5  
11 am-12 pm  
13640 \$80 | \$90

**L'Amazing Baby: Prenatal**  
Oct 22-Nov 19  
7:15-9:15 pm  
13369 \$130 | \$150

## THURSDAY

**Story Time: 0-5 yrs**  
10-11 am

Sep 11-Nov 20  
13373 \$25 | \$30

Dec 4-Feb 5  
13503 \$25 | \$30

## FRIDAY

**Shabbat Shalom  
Playgroup\*: 0-5 yrs**  
10-11 am

Sep 12-Nov 21  
13462 Free

Dec 5-Jan 30  
13515 Free

*\*One-time registration is required  
at [jccgw.org/parenting](http://jccgw.org/parenting).*

## JEWISH HOLIDAY PROGRAMS FOR FAMILIES WITH YOUNG CHILDREN

**Rosh Hashanah: Apples & Honey**

Thursday, Sep 25  
10 am-12 pm

**Yom Kippur: I'm Sorry Day**

Saturday, Oct 4  
10 am-12 pm

**Sukkot: Sukkah Village**

Building Day: Sunday, Oct 5  
10 am-12 pm

For details about these programs, please visit [jccgw.org](http://jccgw.org).

## BENDER-DOSIK PARENTING CENTER

The Bender-Dosik Parenting Center provides activities, classes and educational opportunities for the whole family. Programs allow you to connect with other families and bond with your little one (0-5 years) in a nurturing and hands-on environment. Celebrate Jewish holidays, cultivate essential developmental skills and create play-filled memories together.

## MOMMY MOVIE MONDAYS (DADDY/CAREGIVER, TOO!) 10 AM-12 PM

For parents or caregivers with children 12 months or younger. Older children may be dropped off at J-Club Babysitting (see page 11).

Oct 6	13353	\$5
Oct 20	13368	\$5
Nov 3	13481	\$5
Nov 17	13482	\$5
Dec 1	13589	\$5
Dec 15	13607	\$5



## BUBBIE (AND ZAYDIE) BOOTCAMP

**Tuesday, Oct 21 | 7-9 pm**

13628 \$10 | \$15

Making memories, supporting the new parents and keeping your grandbaby safe are just a few of the topics that will be discussed.

## CHARACTER BRUNCH

**Sunday, December 14 | 10-11:30 am**

Have brunch with your favorite storybook characters! For details or to register, contact Lauren Dworkin at 301.348.3837 or [ldworkin@jccgw.org](mailto:ldworkin@jccgw.org).

Children over 1: \$7  
Adult: \$10  
Family of 3 or more: \$25

## PARENTING LECTURES

**Parenting with Confidence 1**

Speaker: Dr. Kay Abrams  
Monday, Oct 6  
7:15-9 pm  
13415 \$5 | \$10

**Parenting with Confidence 2**

Speaker: Dr. Kay Abrams  
Monday, Nov 17  
7:15-9 pm  
13388 \$5 | \$10

## PACE (PARENT AND COMMUNITY EDUCATION)

For first-time moms with babies 2 weeks-5 months, PACE is a group that meets to discuss a variety of topics including eating, sleeping, crying, attachment, disposition and play. Members can share experiences, ask questions and express concerns. For details and to register, visit [jccgw.org/PACE](http://jccgw.org/PACE).



Registration opens at [jccgw.org](http://jccgw.org) on August 1 for members and August 15 for the general public.

[jccgw.org](http://jccgw.org) • 301.881.0100

# SPORTS & RECREATION

SESSION 1 (S1): SEPTEMBER 7-NOVEMBER 15, 2014 • SESSION 2 (S2): NOVEMBER 16, 2014-JANUARY 31, 2015

CONTACTS: BILLY WOODWARD: 301.348.3852 OR WWOODWARD@JCCGW.ORG

## SUNDAY

**Youth Soccer Clinic: 3-5 yrs**  
12:30-1:15 pm  
S1: 13454 \$150 | \$170

**Youth Soccer Clinic: 6-8 yrs**  
1:15-2 pm  
S1: 13433 \$150 | \$170

### JCC MACCABI GAMES AWARD CELEBRATION

**Sunday, Sep 7 | 6-8 pm**  
\$25 per person  
Register online at [jccgw.org](http://jccgw.org).  
For details, contact Caroline Cardullo at 301.348.3890 or [ccardullo@jccgw.org](mailto:ccardullo@jccgw.org).

### FALL ADULT SOFTBALL LEAGUE

**Week Night League**  
**Sep 8-Oct 28**  
Games are played Mondays and Tuesdays between 6:30 and 10 p.m.  
13291 \$680 per team

**Sunday League**  
**Sep 7-Oct 26**  
Games are played between 9 a.m. and 12 p.m.  
13290 \$750

## MONDAY

**Tumble Tots Gymnastics: 3-5 yrs**  
3-3:45 pm  
S1: 13399 \$110 | \$130  
S2: 13518 \$99 | \$117

**Gymnastics Level A: 5-8 yrs**  
4-4:45 pm  
S1: 13364 \$110 | \$130  
S2: 13560 \$99 | \$117

**Gymnastics Level B: 6-12 yrs**  
4:45-5:45 pm  
S1: 13363 \$130 | \$150  
S2: 13506 \$117 | \$135

### FREE DROP-IN ADULT SPORTS

Age 18+. Members only.

**Basketball**  
Tuesday & Thursday  
6-10 pm

**Volleyball**  
Monday | 7-9 pm

## TUESDAY

**Preschool Sports & Sorts: 3-5 yrs**  
3-3:45 pm  
S1: 13432 \$95 | \$115

**Tennis and T-Ball: 3-5 yrs**  
3-3:45 pm  
S2: 13578 \$95 | \$115

**Floor Hockey/Soccer: 5-7 yrs**  
4-4:45 pm  
S2: 13537 \$95 | \$115

**Outdoor Sports Zone: 5-7 yrs**  
4-4:45 pm  
S1: 13395 \$95 | \$115

## WEDNESDAY

**Tumble Tots Gymnastics: 3-5 yrs**  
12:45-1:30 pm  
S1: 13464 \$88 | \$104  
S2: 13523 \$88 | \$104

**Super Tots Gymnastics: 4-5 yrs**  
3-3:45 pm  
S1: 13459 \$88 | \$104  
S2: 13522 \$88 | \$104

**Gymnastics Level A: 5-8 yrs**  
4-4:45 pm  
S1: 13410 \$88 | \$104  
S2: 13524 \$88 | \$104

**Gymnastics Level B: 6-12 yrs**  
4:45-5:45 pm  
S1: 13398 \$104 | \$120  
S2: 13525 \$104 | \$120

**Gymnastics Level B Advanced: 8-12 yrs**  
5:45-6:45 pm  
S1: 13408 \$104 | \$120  
S2: 13559 \$104 | \$120

### WINTER YOUTH BASKETBALL LEAGUE

5-13 yrs  
Sundays, starting Jan 11  
Registration opens in November; please visit [jccgw.org](http://jccgw.org) for details.

### SPORTS LESSONS

Private and semi-private lessons are offered in gymnastics, basketball, karate and more! For more information, call 301.348.3892.

## THURSDAY

**Mini Soccer and Basketball: 3-5 yrs**  
3-3:45 pm  
S1: 13467 \$67 | \$81  
S2: 13538 \$76 | \$92

**Basketball – Yellow: 8-12 yrs**  
4:45-5:45 pm  
S1: 13411 \$119 | \$126  
S2: 13566 \$128 | \$144

**Basketball – White: 5-7 yrs**  
4-4:45 pm  
S1: 13409 \$105 | \$119  
S2: 13565 \$120 | \$136

**Ga Ga Sport: 5-11 yrs**  
4-4:45 pm  
S1: 13494 \$67 | \$81  
S2: 13605 \$76 | \$92

## KARATE

Taught by instructors from Kang's Black Belt Karate Academy. Uniform and belt testing fees are additional.

### MONDAY

**Lil Dragons Karate: 3-5 yrs**  
Sep 8-Jan 26 | 3-3:40 pm  
13333 \$347 | \$399

**Kid Tiger Karate: 5-8 yrs**  
Sep 8-Jan 26 | 4-4:45 pm  
13318 \$347 | \$399

### WEDNESDAY

**Lil Dragons Karate: 3-5 yrs**  
Sep 10-Jan 28 | 3-3:40 pm  
13345 \$292 | \$336

**Kid Tiger Karate: 5-8 yrs**  
Sep 10-Jan 28 | 4-4:45 pm  
13317 \$292 | \$336

### MONDAY & WEDNESDAY

**Kid Tiger Karate: 5-8 yrs**  
Sep 8-Jan 28 | 4-4:45 pm  
13313 \$639 | \$735

**Beginner Karate: 9+ yrs**  
Sep 8-Jan 28 | 4:45-5:30 pm  
13288 \$639 | \$735

**Intermediate/Advanced Karate: 9+ yrs**  
Sep 8-Jan 28 | 5:30-6:15 pm  
13349 \$639 | \$735

**Advanced/Black Belts and Adults Karate: 9+ yrs**  
Sep 8-Jan 28 | 6:15-7 pm  
13312 \$639 | \$735



# YOUTH AFTER-SCHOOL PROGRAMS

SESSION 1 (S1): SEPTEMBER 7-NOVEMBER 15, 2014 • SESSION 2 (S2): NOVEMBER 16, 2014-JANUARY 31, 2015

CONTACT: STACY KATZ OLIVERA: 301.348.3767 OR SOLIVERA@JCCGW.ORG

## FULL SCHOOL YEAR AFTER-SCHOOL PROGRAM KIDS AFTER SCHOOL

**This program is licensed by the Maryland State Department of Education.**

3:30-6 pm. Offered 5, 3 or 2 days a week — you choose the days. Program features enthusiastic staff, a variety of activities, homework help, healthy snacks and credit toward JCCGW youth enrichment classes in a safe and secure environment. Care on days when school is out—including winter and spring breaks—is also included.

Supervised walkover from CESJDS is provided for children in grades K-2. MCPS provides bus transportation to the JCCGW from Luxmanor and Farmland elementary schools, as well as Tilden Middle School.

To register for Kids After School, visit [jccgw.org/afterschool](http://jccgw.org/afterschool).

Kids After School: Gr K-6

Monthly Fees

5 Days \$415 | \$445

3 Days \$295 | \$325

2 Days \$225 | \$245

## AFTER-SCHOOL PROGRAMS BY SESSION

### CLASS COMPLEMENT UP TO 30 MINUTES: GR K-6

Monday through Thursday, 2:45-6 pm. This program provides required supervision for children before and/or after JCCGW enrichment classes for up to a total of 30 minutes. Children must be enrolled in an enrichment class on the same day as Class Complement. They may bring homework or a book or quiet activity from home.

#### Monday

S1: 13405 Free | \$35

S2: 13531 Free | \$35

#### Tuesday

S1: 13452 Free | \$35

S2: 13532 Free | \$35

#### Wednesday

S1: 13453 Free | \$35

S2: 13579 Free | \$35

#### Thursday

S1: 13451 Free | \$35

S2: 13530 Free | \$35



## CLASS COMPLEMENT 30 MINUTES PLUS: GR K-6

Monday through Thursday, 2:45-6 pm. This program provides required supervision for children before and/or after JCCGW enrichment classes for more than 30 minutes. Children must be enrolled in an enrichment class on the same day as Class Complement. A healthy snack will be provided. Children can bring homework or a book or quiet activity from home.

#### Monday

S1: 13466 \$100 | \$150

S2: 13580 \$100 | \$150

#### Tuesday

S1: 13428 \$100 | \$150

S2: 13582 \$100 | \$150

#### Wednesday

S1: 13429 \$100 | \$150

S2: 13583 \$100 | \$150

#### Thursday

S1: 13455 \$100 | \$150

S2: 13581 \$100 | \$150



## WALKOVER: CESJDS GR K-2

This program provides supervised walkover from CESJDS to the JCCGW. Children can meet their parents or be escorted to an enrichment class.

#### Monday

S1: 13443 \$10 | \$20

S2: 13562 \$10 | \$20

#### Tuesday

S1: 13445 \$10 | \$20

S2: 13571 \$10 | \$20

#### Wednesday

S1: 13446 \$10 | \$20

S2: 13576 \$10 | \$20

#### Thursday

S1: 13444 \$10 | \$20

S2: 13563 \$10 | \$20

## DAILY DROP-IN

Monday through Thursday | 2:45-6 pm

This program provides required supervision for your child on a drop-in basis. Children drop into the Class Complement program.

To register, contact Stacy Katz Olivera at [solivera@jccgw.org](mailto:solivera@jccgw.org) at least 24 hours in advance to ensure space is available. A healthy snack will be provided. Children can bring homework, a book or quiet activity from home.

Fee per day \$25 | \$35

10 Pack \$200 | \$250

**Please note: Children enrolled in grades K-6 must be enrolled in a supervised program while in the Center. Thank you for your cooperation in helping to keep our children safe.**

# SCHOOL OUT DAYS, BIRTHDAY PARTIES & TEEN PROGRAMS

**NOTE: CHILDREN IN GRADES K-6 MUST BE ENROLLED IN A SUPERVISED PROGRAM WHILE IN THE CENTER. THANK YOU FOR YOUR COOPERATION IN HELPING TO KEEP OUR CHILDREN SAFE.**

**CONTACT:** 301.348.3889

## SCHOOL OUT DAYS

### BY DAY: Gr K-6

This program provides full-day or half-day coverage when school is out. Enthusiastic staff will provide a variety of programs, activities (including swimming) and occasional field trips.

### Wednesday, Sep 24: JDS | 9 am-12:30 pm

13361 \$25 | \$35

### Friday, Oct 3: JDS | 9 am-12:30 pm

13393 \$25 | \$35

### Wednesday, Oct 8: JDS | 12-3:30 pm

13365 \$25 | \$35

### Wednesday, Oct 15: JDS | 12-3:30 pm

13357 \$25 | \$35

### Friday, Oct 31: MCPS | 9 am-3:30 pm

13355 \$55 | \$70

### Tuesday, Nov 4: JDS & MCPS | 9 am-5 pm

13359 \$75 | \$90

### Monday, Nov 10: MCPS | 12:30-3:30 pm

13367 \$25 | \$35

### Tuesday, Nov 11: MCPS | 12:30-3:30 pm

13392 \$25 | \$35

### Wednesday, Nov 26: JDS & MCPS 12-3:30 pm

13508 \$25 | \$35

### Thursday, Dec 4: JDS | 9 am-3:30 pm

13527 \$55 | \$70

### Friday, Dec 5: JDS | 9 am-3:30 pm

13528 \$55 | \$70

### Monday, Jan 19: JDS & MCPS | 9 am-5 pm

13517 \$75 | \$90

### Tuesday, Jan 20: MCPS | 9 am-3:30 pm

13540 \$55 | \$70

### Monday, Jan 26: JDS | 9 am-3:30 pm

13608 \$55 | \$70

## WINTER BREAK SCHOOL OUT DAYS: GR K-6

Dec 24, 26, 29, 30, 31; Jan 2

9 am-3:30 pm

If you can't beat the cold, join us in the warmth of the JCCGW for arts & crafts, sports, swimming and a field trip. Free for students in grade K-6 participating in Kids After School on the days enrolled in Kids After School.

### Winter Break School Out Days

13556 \$330 | \$410

### Winter Break AM Care

8-9 am

13535 \$60 | \$72

### Winter Break PM Care

3:30-6 pm

13536 \$100 | \$150

## BBYO

BBYO is one of the world's leading Jewish movements for high school teens, convening and connecting teens of all backgrounds who will become inspired to live Jewish lives while making a difference in the world. BBYO offers a wide variety of programmatic opportunities including educational, athletic, advocacy and much more.

## BBYO CONNECT

BBYO Connect offers teens a variety of experiences to help bridge the gap between immediate pre- and post-bar/bat mitzvah and high school programs. Focused on service, social and Judaic programming, BBYO Connect builds a network of teens across North America at a critical age when middle school students begin to strengthen their identities, form social circles and prepare for high school and beyond.

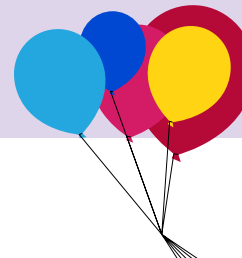
For more information, please call 301.984.6073 or email the BBYO office at [dcc@bbyo.org](mailto:dcc@bbyo.org).

## YOU SAY IT'S YOUR BIRTHDAY?

Celebrate with a party at the JCCGW! Themes include:

- Art
- Super-hero
- Gymnastics
- Create Your Own!
- Pirates
- Sports
- Princess

For more information or to book a party, please send an e-mail to [birthday@jccgw.org](mailto:birthday@jccgw.org).



## TZOFIM

Join the Tzofim (Israeli Scouts), Shevat Gilad, made up of more than 100 fluent Hebrew speakers in grades 3-12 who meet every Sunday at the JCCGW to engage in Israel-related activities, all in Hebrew. Contact Amit Levinson at 301.348.3863 or [alevinson@jccgw.org](mailto:alevinson@jccgw.org).

# SPECIAL EVENTS

## GOLDMAN ART GALLERY EXHIBITS

Contact Phyllis Altman at 301.348.3770 or [paltman@jccgw.org](mailto:paltman@jccgw.org)

### VOICES OF THE VIGIL

On loan from Jewish Historical Society of Greater Washington

September 1-October 19

Reception: Sunday, September 7 | 2-3:30 p.m.

Program will include remarks by Ambassador

Richard Schifter, lecture in concert by Robyn Helzner, and curator-led exhibition tour.

Open when JCCGW is open

Voices of the Vigil showcases more than 90 historic photos, archival documents, protest buttons and t-shirts, and other memorabilia that tell the story of our community's role in the struggle for freedom for Soviet Jewry. In addition to holding a 20-year daily vigil across the street from the Soviet Embassy, Washington Jews organized rallies and marches, lobbied politicians, mailed letters and packages to refuseniks, and visited Jews in the Soviet Union.

### OUTSIDE THE BOX

Original abstract paintings filled with energy by Joan Schiller

October 26-November 23

Reception: Sunday, November 23 | 2-4 pm

Ms. Schiller will present a talk about her artwork during the reception at 2:30 pm

Open when JCCGW is open

**The JCCGW gratefully acknowledges The Kaplan Family Foundation for supporting this exhibit.**

Joan Schiller is a local working artist who loves using acrylic paints and other "out of the box" materials. Some art in this show is touchable, colorful and kid friendly!

### ARTsy HOLIDAY BOUTIQUE & CRAFT SHOW

November 30-December 23

Join us for our unique holiday boutique, art

and craft show, and fun shopping experience! Find that original, one-of-a-kind ARTsy gift. Choose from Israeli and beaded jewelry, fused glass and ceramics, Judaica, wearable or decorative fiber art, painted clothes and furniture, wall art and so much more!

### Holiday Boutique and Craft Show Hours

Mondays - Thursdays: 9:30 am-7 pm

Sundays and Fridays: 9:30 am-4 pm

Saturdays: Closed

### Opening Reception

"First Sunday, First Look"

Sunday, November 30 • 2-4 pm

### ART, Dreidels & Chocolate Gelt Reception

Sunday, December 14 • 2-4 pm

### Chanukah Candle #6 Reception

Sunday, December 21 • 2-4 pm

## LITERARY ARTS

### THE LESSANS FAMILY ANNUAL BOOK FESTIVAL

November 6-16

Now in its 45th year, this festival boasts more than 20 of the most sought-after authors who speak at programs including lectures, breakfasts and luncheons, children's programs, a book club brunch, and a kickoff event.

We offer one of the east coast's most extensive collection of books of Jewish content for sale, including many popular and best-selling fiction and nonfiction books. Our unique store offers hundreds of recently-published titles, many of which are personally selected and reviewed by a volunteer committee of more than 20 community members.

For details, to request a Lessans Family Annual Book Festival brochure, or to join the committee, contact Jennifer Smith at 301.348.3778 or [jsmith@jccgw.org](mailto:jsmith@jccgw.org).

## CONCERTS

[jccgw.org/concerts](http://jccgw.org/concerts)

Contact Janet Getz at 301.348.3779 or

[jgetz@jccgw.org](mailto:jgetz@jccgw.org).

### POLINGER ARTISTS OF EXCELLENCE CONCERT SERIES

**Brian Ganz, Piano**

Sunday, September 14 | 7:30 pm

### Weilerstein Piano Trio

Sunday, November 2 | 7:30 pm

### Trio Con Brio Copenhagen & Ettore Causa

Piano Trio + Viola

Sunday, November 23 | 7:30 pm

### UNITED STATES AIR FORCE BAND CHAMBER PLAYERS SERIES

FREE | RSVP to Janet Getz at [jgetz@jccgw.org](mailto:jgetz@jccgw.org) or 301.348.3779

### Brass Quintet

Tuesday, September 9 | 8 pm

### Woodwind Quintet plus Chamber Trio

Tuesday, September 16 | 8 pm

### Geoff Reecer Jazz Trio

Tuesday, September 23 | 8 pm

### String Quartet

Tuesday, September 30 | 8 pm

### THE VIVALDI PROJECT

*Daniel Pearl Memorial Program*

Monday, October 20 | 7:30 pm

FREE | RSVP to Janet Getz at [jgetz@jccgw.org](mailto:jgetz@jccgw.org) or 301.348.3779

## SPECIAL NEEDS

### DINNER OF CHAMPIONS:

### WHERE EVERY ALL-STAR IS INCLUDED

Saturday, November 22 | 7 pm

Now in its 23rd year, this event honors

those who have achieved success in the world of sports, and those who have made extraordinary contributions to our community. Proceeds provide funding for the JCCGW's nationally-recognized programs for individuals with special needs.

The Carl M. Freeman Foundation will receive the Irene and Abe Pollin Humanitarian Award.

Lyle Berlin, Lenny Bernstein, Bruce Lipka, Rhea Schwartz and Michael Schwimer will be inducted into the Sports Hall of Fame.

Nicole Fleck, Adam Kaplan, Hannah Ship, Harry Wandersman, Robert Weinstein and Daniel Zuckerman will receive the Hyman M. and Phillip D. Perlo High School Athlete Award.

Visit [jccgw.org/champions](http://jccgw.org/champions) or contact Jodi Shulimson at 301.348.3769 or [jshulimson@jccgw.org](mailto:jshulimson@jccgw.org).

## FAMILY PROGRAMS

### Chanukah Celebration

Sunday, December 21

The entire community is invited to join us for a fun and meaningful family holiday celebration. Watch for details in the December Center Scene magazine or visit [jccgw.org](http://jccgw.org).

### Family Fun Day

Thursday, December 25

Bring the family to the Center for lots of fun activities. Watch for details in the December Center Scene magazine or visit [jccgw.org](http://jccgw.org).

Registration opens at [jccgw.org](http://jccgw.org) on August 1 for members and August 15 for the general public.

[jccgw.org](http://jccgw.org) • 301.881.0100

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## We've been teaching kids for more years than Moses spent in the desert.

The Bethesda Chevy-Chase Jewish Community Group offers:

- ✧ Quality, Innovative Education
- ✧ Hebrew & Judaics Curriculum
- ✧ Ulpan Hebrew Classes
- ✧ Classes for Grades K - 7
- ✧ Small Class Sizes
- ✧ Open High Holy Day Services
- ✧ Adult Education
- ✧ Torah Rental
- ✧ Workshops
- ✧ Group Activities
- ✧ Israeli Folk Dancing
- ✧ Community Service

We meet at the JCC of Greater Washington (Rockville, MD).

Education Director, Celia Barash  
301-762-4188

We welcome interfaith families, single parent families, and recent arrivals to this country

*A family-oriented approach to Jewish Education & life for over 70 years*

The Group admits students of any race, color or ethnic origin.

## If you can't be "Next year in Jerusalem," Make it "Next year at the BCC-JCG"



Please join our family and friends for

### Open High Holy Day Services

Services conducted by **Rabbi Judith Kummer** and **Cantor Sonja Pilz**  
At Winston Churchill High School  
(11300 Gainsborough Rd., Potomac, MD)

#### Rosh Hashanah

**Erev Rosh Hashanah**—Wednesday, Sept. 24, 7:30 pm

**Rosh Hashanah Day**—Thursday, Sept. 25, 9:30 am

**Family Service**—Thursday, Sept. 25, 2:45 pm

#### Yom Kippur

**Kol Nidre**—Friday, Oct. 3, 7:00 pm

**Yom Kippur Day**—Saturday, Oct. 4, 9:30 am

**Family Service**—Saturday, Oct. 4, 2:45 pm

**Text Study and Neilah Service**—Saturday, Oct. 4, 5:30 pm

Everyone is welcome. No tickets required.

**Contributions requested** \* Air conditioned \* Parking

## Bethesda-Chevy Chase Jewish Community Group (BCC-JCG)

[www.bccjcg.org](http://www.bccjcg.org)

(301) 348-3763

[administrator@bccjcg.org](mailto:administrator@bccjcg.org)



Debra Shin, DDS MSD  
Diplomate, American Board of Orthodontics

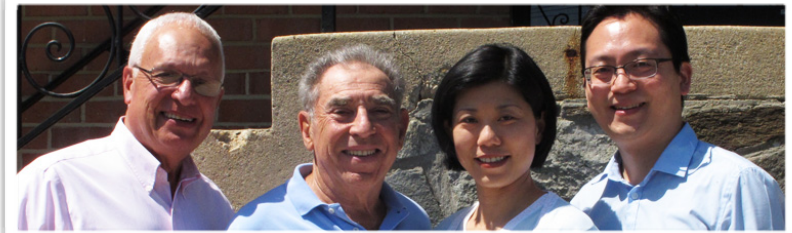
Richard Shin, DDS MS FRCD(C)  
Diplomate, American Board of Orthodontics

We treat children of all ages and welcome teenagers and adult patients who prefer cosmetic treatment options such as clear braces or Invisalign. Referrals from the former patients of the practice are always welcomed and appreciated!

**4701 Randolph Road #108  
Rockville, MD 20852**

**Telephone (301) 770 7770**

[www.ShinOrthodontics.com](http://www.ShinOrthodontics.com)  
[www.facebook.com/ShinOrtho](https://www.facebook.com/ShinOrtho)



Drs. Arnold Feldman and Gerald Chasen would like to announce the successful transition of their Rockville and Silver Spring orthodontic practices to Drs. Debra and Richard Shin.

Drs. Shin will continue to practice at the Randolph Road office and continue to strive for the **Tradition of Excellence** that both Drs. Feldman and Chasen have been known for.

We treat children of all ages and also welcome teenagers and adult patients who prefer cosmetic treatment options such as clear braces or Invisalign. Referrals from the former patients of the practice are always welcomed and appreciated!

Please visit our website for practice information and call us for your **FREE** initial consultation visit.

# Your Home. Your Life. Your Community.

The Charles E. Smith Life Communities brings together multiple living options on one scenic Rockville campus, each with its own warm personality and specialized culture of caring, wisdom and experience. In fact, 104 years of experience, dating back to the first Hebrew Home in Washington, DC.

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*Outpatient Senior Medical Care*      Hirsh Health Center      301.816.5004

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*New Memory Care Residence*      Cohen-Rosen House      301.816.5050

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