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Coming of Age in Maryland (CoA)

SEPTEMBER- OCTOBER 2017

*“Thanks for the fabulous trips you
arrange. We are ready for more!”
Gerald B. & Roslyn L. (CoA Members)*

**For more information, please contact
301.348.3832 or fenoch@benderjccgw.org.**

**For social work services, please contact
301.816.2673 or abaronofsky@jssa.org.**

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

Bender JCC
of Greater Washington

6125 Montrose Road
Rockville, MD 20852

**SAVE THESE
DATES:**

**Nov. 15: Pajama Game
at Arena Stage**

**Dec. 3: Crazy For You
at Signature Theatre**

April 18-19, 2018: NYC

**▶ IMPORTANT
REQUEST**

**Please call CoA if you
wish to be removed
from our mailing list.
We (and the trees)
thank you!**





Ari Baronofsky LCSW
 abaronofsky@jssa.org
 301-816-2673

Food For Thought

Welcome back from the summer hiatus! I'm looking forward to seeing you at upcoming events. With the fall being a time of reflection, renewal and time with family & friends, I want to remind you about the services that are available to you at JSSA.

JSSA Social Services

- Information and Referrals
- Support Groups
- Individual Counseling
- Phone and In-Person Consultations
- Assistance with Next Steps

A Farewell Message from Meryl Trachtman

"Working with all of you has enriched my life in countless ways. It never felt like work, as we always had such fun together, laughing, dancing, eating, or being entertained by awesome musicians. It's been a privilege to be a part of CoA and this wonderful community for the past 10 years. I will miss you all!"

CoA REGISTRATION FORM

To register by mail, complete & submit this form to: JCCGW,
 Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Food 'n Fun: Baronessa Wed. Sept 6 **RSVP 9/1**
 Fee: \$25(16958) **Amount \$ _____**

Shaare Tefila, Lecture, Thurs. Sept. 7 **RSVP 9/1**
 Fee: \$7 (16920); \$8 [@ door] **Amount \$ _____**

Leisure World [CH2] Movie: Wedding Plan, Mon. Sept. 11 **RSVP 9/4**
 Fee: \$7/ticket (17546); \$8 [@ door] **Amount \$ _____**

Excursion: Olney Theatre, Wed. Sept. 13 **RSVP 9/4**
 Fee: \$40 (17548); \$20/Transportation (17547) **Amount \$ _____**



Leisure World [CH2] Movie: Guggenheim, Mon. Oct. 16 **RSVP 10/9**
 Fee: \$7/ticket (17549); \$8 [@ door] **Amount \$ _____**

Excursion: Nat'l Gallery of Art, Wed. Oct. 18 **RSVP 10/9**
 Fee: \$7 (16894); \$20/Transportation (16895) **Amount \$ _____**

Food 'n Fun: Mykonos Wed. Oct. 25 **RSVP 10/16**
 Fee: \$25(17550) **Amount \$ _____**

Shaare Tefila, Lecture, Thurs. Oct. 26 **RSVP 10/19**
 Fee: \$7 (17551); \$8 [@ door] **Amount \$ _____**

Beth Ami, Karin Paludan, Mon. Oct. 30 **RSVP 10/23**
 Fee: \$7 (16961); \$8/@ door **Amount \$ _____**

I WANT TO BE A DONOR!

[Gifts of \$50 or more will be recognized in the CoA booklet]

► Your contribution is tax-deductible to the extent allowed by law.

\$18 \$36 \$50 \$100 \$? **Amount \$ _____**

Method of Payment (check one) Total Amount Paid \$ _____

Check - Payable to Bender JCCGW

VISA MasterCard AmEx Discover

Credit Card # _____ Exp. Date: _____

CoA POLICIES
Questions? Call 301-348-3832

► **Registration & Payment**

**REGISTER ONLINE @ benderjccgw.org or by mail,
with a credit card or by check**

Make checks payable to **Bender JCCGW** and mail to:

Bender JCCGW - Coming of Age (CoA)
6125 Montrose Road
Rockville, MD 20852

► **Registration: Do Not Call To Register!**

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

**CoA Registration requires including the name &
address of EACH participant on the Registration form,
for EACH CoA program attended.**

► **Refunds/Cancellations**

There is no refund if you cancel after the RSVP date.

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

► **IMPORTANT EXCURSION INFORMATION**

The CoA staff calls each excursion registrant, usually **2-3 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA calendar.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

Coming of Age & JRLW @ LEISURE WORLD
Held @ 3300 N. Leisure World Boulevard [CH2]
Fee: \$7; \$8 @ door

Movie Matinee: "The Wedding Plan"

2016 ♦ 110 minutes ♦ Israeli (with subtitles)

When: Monday, September 11, 1:30- 3:30 PM RSVP 9/4

Where: Clubhouse II Auditorium ♦ Discussion to follow



The Wedding Plan is a sweet, determined, and genuinely affecting film about a woman's crisis of faith in the midst of her search for love. When her fiancé bows out one month before the wedding, Michal refuses to cancel the wedding arrangements. An Orthodox Jew, she insists that G-d will supply her a husband. A love story, told with humor and heart!

Movie Matinee:

"Peggy Guggenheim: Art Addict"

2015 ♦ 95 minutes ♦ English (with some subtitles)

When: Monday, October 16, 1:30 - 3:30 PM RSVP 10/9

Where: Clubhouse II Auditorium ♦ Discussion to follow.

A colorful character who was not only ahead of her time but helped to define it, Peggy Guggenheim was an heiress to her family fortune who became a central figure in the modern art movement. As she moved through the cultural upheaval of the 20th century, she continued to collect art, as well as associate with artists, including such figures as Samuel Beckett, Max Ernst, Jackson Pollock, Alexander Calder, Marcel Duchamp as well as countless others. While fighting through personal tragedy, she maintained her vision to build one of the most important collections of modern art, now enshrined in her Venetian palazzo. **Please note: Contains brief coarse language and some erotic art.**

CoA @ TEMPLE BETH AMI!

14330 Travillah Road, Rockville

Fee: \$7; \$8/@ door

♪ ♪ **Singer Karin Paludan**

With Piano Accompaniment

“Fall Back Into Song!”

Monday, October 30, 1:00 - 2:30 PM

RSVP 10/23

Soprano and Coming of Age favorite, **Karin Paludan**, returns with a cornucopia of opera, operetta and musical theater favorites. Let’s welcome back cooler temps and celebrate the season with song! Fall, that is! **Karin** is a singer with an “outstanding voice” [*The Washington Post*]. She performs regularly in the DC area and throughout the country in recitals, operas and operettas, and is a winner of the Metropolitan Opera National Council Regional Award.

♥ Refreshments will be served.

Wishing you a Happy & Healthy New Year



ALL PROGRAM REGISTRATION

REGISTER ONLINE @ jccgw.org or by mail

► **Questions about ALL? Call or email Debbie Sokobin 301.348.3760 or dsokobin@jccgw.org**

To register by mail, complete & submit this form to: JCCGW
Attn: **ALL** // 6125 Montrose Rd., Rockville, MD 20852

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Torah On Tap [Tues, 7:30pm]

Code: 16824 Amount \$ _____

Ceramics [Wed, 10:00am]

Code: 16808 Amount \$ _____

Adult Painting [Mon, 1:15pm]

Code: 17522 Amount \$ _____

History of Zionism [Mon, 10:30am]

Code: 16859 Amount \$ _____

Aspects of Israel [Wed, 1:00pm]

Code: 16826 Amount \$ _____

Intergenerational Tech Class [Thurs, 3:30pm]

Code: 16838 Amount \$ _____

Ethical Wills & How To Prepare Them [Thurs, 7:30pm]

Code: 16825 Amount \$ _____

Exploring Ultra-Orthodox Life/Held @LW [Thurs.; 10:30am]

Code: 16857 Amount \$ _____

Method of Payment (check one; NO CASH)

Check - Payable to JCCGW Total Amount Paid \$ _____

VISA MasterCard AmEx Discover

Credit Card # _____ Exp. Date: _____

ALL (Adult Living & Learning) Program
Fall Semester 2017 @ the J

**SO THAT YOU WILL BE REMEMBERED:
ETHICAL WILLS & HOW TO PREPARE THEM**

Thursdays, Oct 26 – Nov 9 ♦ 7:30 – 8:45pm [Evening class]
Instructor: Rabbi Evan Krame
Fee: \$27/Members; \$37/General Public
Code: 16825

What is the most precious thing you leave behind when you die? Your legacy may be the values and beliefs that guided you and should remain as a legacy for your family. An Ethical Will is an opportunity to explore your legacy and give it as a guide to life for your family in generations to come. We will discuss the tradition of Ethical Wills and how you can revive this ancient and beautiful practice.

ALL (Adult Living & Learning) Program
▶ @ Leisure World*

**EXPLORING ULTRA-ORTHODOX LIFE IN ISRAEL
THROUGH “SRUGIM”**

Thursday, Oct 19 – Nov 30 ♦ 10:30am – 12:00pm
Instructor: Ira Weiss
Fee: \$32
Code: 16857

We will explore Israel as we watch the highly acclaimed Israeli television series 'Srugim.' Ira will precede each episode with a discussion of this unique perspective of life in Israel and then follow the episode with Q & A. **[Skip Date: 11/23]**

*Brought to you in partnership with the Jewish Residents of Leisure World (JRLW).

FOOD 'N FUN

Baronessa Italian Restaurant

Game: “Movie Trivia”

Wednesday, September 6 ♦ 12:30 - 3:00 PM RSVP 9/1
1302 E Gude Dr, Rockville
Cost: \$25/Lunch & Program

Welcome to **Baronessa!** Enjoy their traditional Italian family recipes and friendly home-style ambiance. Start off your meal with homemade, hot bread with olive oil and cheese, brought directly to your table upon sitting down. Following your entrée, you'll have a yummy dessert, ending a delicious meal!

Customer reviews:

It's my go-to spot for great Italian food!

“A lovely Italian restaurant!

Nice service, cozy place, and delicious food.”

MYKONOS GRILL
Game: “Stand Up & Be Counted”

Wednesday, October 25 ♦ 12:30 - 3:00 PM RSVP 10/16
121 Congressional Ln, Rockville, MD 20852
Cost: \$25/Lunch & Program

Back by popular demand!

- Always a pleasure: food, service and ambiance. A great experience for Greek food lovers.
- A favorite restaurant for the last 20 years.
- For good eats and good times look no further than **Mykonos!**

EXCURSIONS

Olney Theatre Center & Round House Theatre present "In The Heights"

Wednesday, September 13 **RSVP 9/4**

2:00 PM Matinee

Depart JCC ~12:45 PM; Leisure World ~1:15 PM

Return ~ 4:30 PM

Cost:\$40; \$20/Transportation

From the creator of the hit sensation, *Hamilton*, comes Lin-Manuel Miranda's first Broadway musical, the Tony Award-winning *In The Heights*. The story unfolds in Washington Heights, a vibrant New York neighborhood full of striving immigrants and young lovers. Infused with hip-hop beats, salsa, and Latin soul, it is about chasing your dreams and finding your true home!

NATIONAL GALLERY OF ART:

A Tour of the Impressionist Collection

Wednesday, October 18 **RSVP 10/9**

Depart Leisure World ~9:30 AM; JCC ~10:00 AM

Return ~ 4:00 PM

6th & Constitution Ave NW, Washington, DC

Cost:\$7; \$20/Transportation



The National Gallery of Art, the nation's museum, preserves, collects, exhibits, and fosters an understanding of works of art. The beautiful collection of paintings and the sculpture garden are a must see! Lunch is on your own. The cafeteria has good food, a wide selection, and reasonable prices.

ALL (Adult Living & Learning) Program Fall Semester 2017 @ the J

HISTORY OF ZIONISM

Mondays, Oct 16 – Nov 20 ♦ 10:30am – 12:00pm

Instructor: Ira Weiss

Fee: \$32/Members; \$42/General Public

Code: 16859

Ira Weiss will lead us in an intensive study of the History of Zionism through the screening of seven short documentary films. See the birth of the State of Israel, her tragedies and triumphs.

ASPECTS OF ISRAEL: COMPLEX & BEAUTIFUL

Wednesdays, Oct 18 – Nov 15 ♦ 1:00 – 2:00pm

Instructors: Shlichim (Israeli Emmissaries)

Fee: \$32/Members; \$42/General Public

Code 16826

This course will explore the many facets of Israeli society. Five different Israeli shlichim (emissaries) in our community will discuss the Israeli military experience, the land and its beauty, Israeli history, and Israel as a "Start-Up Nation".

INTERGENERATIONAL TECHNOLOGY CLASS

Thursdays, Oct. 19 – Dec. 14 ♦ 3:30 – 4:30pm

Instructors: Teen Volunteers

Code: 16838



Are you interested in learning new computer skills? Honing the skills you already have?

Bring your laptop, smartphone, ipad, etc. and be paired with a teenage computer expert. Potential topics include: sending/receiving emails, opening documents, viewing, sharing, and posting photos, using social media, including Facebook and Twitter. **SPACE IS LIMITED! [Skip Day: 11/23]**

ALL (Adult Living & Learning) Program
Fall Semester 2017 @ the J

TORAH ON TAP

Tuesdays, Oct 3 – Oct 24 ♦ 7:30 – 8:30pm [Evening class]
Instructor: Rabbi JoHanna Potts
Fee: \$27/Members; \$37/General Public
Code: 16824 ♦ Beer & Wine will be served



The first eleven chapters of the Book of Genesis have many of our favorite bible stories from childhood. Yet, if we read them carefully along with key commentaries, they become sophisticated stories about human nature, our place in the world, and the relationship of humans and the divine. Add your insights and voice and learn with us in this class.

CERAMICS

Wednesdays, Oct 11 – Nov 15 ♦ 10:00am – 12:30pm
Instructor: Debra Vardon
Fee: \$130/Members; \$150/General Public
Code: 16808

Get your creative juices flowing with this wonderful ceramics class! Led by Debra, a fabulous artist, you will learn the ins and outs of the pottery wheel as well as different aspects of working with clay. (Material fees included)

ADULT PAINTING

Mondays, Oct 16 – Nov 27 ♦ 1:15 – 2:15pm
Instructor: Gabriela Roitman
Fee: \$80/Members; \$90/General Public
Code:17522

Have you ever wanted to paint a masterpiece? Whether or not you have ever held a brush to a canvas, Gabriela will walk you step-by-step toward the creation of not one but TWO beautiful pieces of work over the seven week course. You will choose a famous painting and recreate it and then have it as a keepsake! (Material fees included)

CoA @ Shaare Tefila! - Cost: \$7; \$8/at door
16620 Georgia Ave., Olney

Near 'Roots' grocery store, only 5 min. from LW
(LEFT at Emory Church Rd., Cross Georgia Ave.,
LEFT on Service Road)

Abraham Lincoln and the Jews
Lauren Strauss , PhD

Thursday, September 7, 1:30-3:00 PM **RSVP 9/1**

♥ Refreshments will be served.

Explore multiple dimensions of the 16th President's surprisingly extensive interactions with the American Jewish community in the years leading up to and during the Civil War. Abraham Lincoln has long been studied, but until recently, few scholars had engaged the question of his attitudes toward Jews. Meet some of his Jewish friends and learn about his responses to anti-Semitic actions by some in his own party.

Dr. Lauren B. Strauss is Scholar in Residence and Director of Undergraduate Studies in the Jewish Studies Program at American University.

“Klan-Destine Relationships”

A Black Man's Odyssey in the Klu Klux Klan!

A LECTURE by DARYL DAVIS

Thursday, October 26, 1:30 - 3:00 PM **RSVP 10/19**

KLAN-DESTINE RELATIONSHIPS is among the most powerful non-fiction books written to date, dealing with the most violent and feared American terrorist group of the last 150 years. This is the first book written about the KKK by a Black man who encountered, confronted and befriended numerous Klan members, conquering their ideology! **Davis'** lecture is fascinating, filled with honesty and humor, about one Black man's quest to make loyal friends out of sworn enemies!

Selma Sweetbaum Senior Satellite Programs

Whether you live in Rockville, Wheaton or Silver Spring, join us for a great day of programming! Exercise, socialize, hear a lecture or performance and enjoy a delicious, hot kosher meal. Programming is free, but there is a \$5 suggested donation for lunch.

Mondays:

Ring House, 1801 E. Jefferson St., Rockville, MD

Tuesdays @the J:

Bender JCC of Greater Washington, 6125 Montrose Rd., Rockville, MD

Wednesdays (alternating):

Har Tzeon Agudath Achim, 1840 University Blvd., Wheaton, MD

(2nd & 4th Wednesday of the month)

Young Israel Shomrei Emunah Congregation, 1132 Arcola Blvd. Silver Spring, MD

(1st & 3rd Wednesday of the month)

Thursdays:

Har Tzeon Agudath Achim, 1840 University Blvd., Wheaton, MD

For more information on this wonderful program and for detailed schedules, please contact **Linda Wechsler** at **301.348.3893** or lwechsler@benderjccgw.org.

SOUNDS OF MUSIC @ THE J!

Welcome back to Tuesdays @ the J!

The fun starts at 10:00am!

Join us for a fun day of light exercise, informative speakers, and music, not to mention a delicious kosher lunch with friends! Enjoy **Chorus/Sing-Along** or **Yiddish Conversation** following lunch. The delicious Kosher meal is provided by the Hebrew Academy. (Suggested lunch donation of \$5)

Questions? Call Linda: 301-348-3893

SONG CIRCLE!

Tuesdays ♦ 1:00 to 2:30 PM
September 5, 19 October 17;
November 7, 21; December 5, 19



- ♪ The song circle is about the joy of singing
- ♪ All are welcome, regardless of experience or level of ability
- ♪ Song sheets will be provided

Contact **Frieda: 301.348.3809** or fenoch@benderjccgw.org

► **Sponsored by the JCCGW Adult Department and the Folklore Society of Greater Washington (fsgw.org)**

Polinger Artists of Excellence Concerts: **Sunday evenings at 7:30 PM**

September 17, 2017 ♦ Rachel Barton Pine, Violin ♦ Brahms
November 12, 2017 ♦ Lise de la Salle, Piano ♦ Beethoven

Ticket Prices: \$45 Regular; \$40 Senior adults; \$35 Under 40

► **To purchase tickets go to benderjccgw.org/concerts or call the Box Office at 301.348.3872**