

Coming of Age in Maryland (CoA) MARCH - APRIL 2017

▶▶ **SAVE THE DATE:**
Thursday, May 18, 2017
8th ANNUAL "TO LIFE"
HEALTH & WELLNESS EXPO!!

▶ **IMPORTANT REQUEST**

Please call CoA
if you wish to be removed
from our mailing list.
We (and the trees) thank
you!

“
*“You girls do a wonderful job!
Thanks for the fabulous lunch
programs!” Selma H. (CoA Member)*

Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.

**BENDER JCC FILM FESTIVAL
THURSDAY – SUNDAY, MARCH 23 - 26
For Your Information & Enjoyment:**

Film Selections:

Wednesday, March 22 ♦ 7:00 PM

• **LET THE CHURCH SAY AMEN**
UNITED STATES / 2004 / ENGLISH / 87 MIN

Thursday, March 23 ♦ 7:00 PM

• **JERUSALEM**
NAT GEO DOCUMENTARY / 2015 / ENGLISH / 43 MIN

Saturday, March 25 ♦ 8:30 PM

• **FREE MEN**
FRANCE / 2011 / FRENCH WITH ENGLISH SUBTITLES / 99
MIN

Sunday, March 26 ♦ 10:00 AM

• **ARRANGED**
UNITED STATES / 2007 / ENGLISH / 89 MIN

Sunday, March 26 ♦ 6:30 PM

• **IDA**
POLAND / 2014 / POLISH WITH ENGLISH SUBTITLES / 80
MIN

Note: Friday, March 24: NO FILM SHOWN

CoA REGISTRATION FORM

REGISTER ONLINE @ jccgw.org or by mail

► Need help? Please call 301.348.3832.

To register by mail, complete & submit this form to:
JCCGW, Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852

Name _____ Date of Birth ____/____/____

Address _____ Apt. # _____

City _____ State _____ Zip Code _____

Phone # _____

Email _____

Excursion: Toby's; Wed. March 8 **RSVP 2/22**
Fee: \$50 (16577); \$20/Transportation (16578) **Amount \$_____**

Shaare Tefila, Music, Thurs. March 16 **RSVP 3/9**
Fee: \$7 (16579) **Amount \$_____**

Food 'n Fun: Mykonos, Wed. March. 22 **RSVP 3/10**
Fee: \$25 (16580) **Amount \$_____**



Beth Ami, Concert, Mon. March 27 **RSVP 3/20**
Fee: \$7/ticket (16581) **Amount \$_____**

Leisure World: CH2 Movie, Thurs. March 30 **RSVP 3/23**
Fee: \$7/ticket (16582) **Amount \$_____**

Shaare Tefila, Concert, Wed. April 5 **RSVP 3/29**
Fee: \$7 (16583) **Amount \$_____**

Excursion: NYC!!!; Wed.-Thurs., April 19-20
Fee: \$495 (16508); \$105/Sgl Rm Supplement (16507)

► **WAITLIST AVAILABLE; PLEASE CALL.**

Leisure World: CH2 Movie, Thurs. April 27 **RSVP 4/20**
Fee: \$7/ticket (16584) **Amount \$_____**

Method of Payment (check one; NO CASH)

Check - Payable to: JCCGW **Total Amount Paid \$_____**
 VISA MasterCard AmEx Discover

Credit Card # _____ Exp. Date: _____

CoA POLICIES

► Payment

Checks should be made payable to JCCGW and mailed to:

JCCGW - Coming of Age (CoA)
6125 Montrose Road
Rockville, MD 20852

▼ JCCGW = Jewish Community Center of Greater Washington
CoA = Coming of Age

► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

EACH participant must COMPLETE the Registration form!

► Refunds/Cancellations

There is no refund if you cancel after the RSVP date.

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

► IMPORTANT EXCURSION INFORMATION

The CoA staff calls each excursion registrant, usually **1-2 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA booklet.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

► IMPORTANT INFORMATION

RE. CoA BI-MONTHLY MAILINGS

If you have attended 1 or fewer CoA program (s) between January 1, 2016 - December 31, 2016, your name may be removed from our mailing list. Please call us with any questions or if we have removed your name erroneously. Thank you for your understanding!

Note: The CoA bi-monthly calendar can be viewed online.

Coming of Age & JRLW @ LEISURE WORLD

3300 N. Leisure World Blvd. ♦ Fee: \$7

Movie Matinee: "Rosenwald"

2015 ♦ 95 minutes ♦ Documentary ♦ English (no subtitles)

Discussion led by: Ralph Buglass, Historian

When: Thursday, March 30, 1:30 - 3:30 PM **RSVP 3/23**

Where: Clubhouse II Auditorium

Aviva Kempner's film, Rosenwald, is the incredible story of Julius Rosenwald, the son of an immigrant peddler, who rose to become the president of Sears. Julius had a deep concern over racial inequality in America, and used his wealth to become one of America's most effective philanthropists. This movie sheds light on this silent partner of the Pre-Civil Rights Movement. Rosenwald Schools, public schools for African American students, were built over the south in the early 1900's through the collaboration between Booker T. Washington, and Rosenwald.

Come hear the local angle to this remarkable story, by **Ralph Buglass**, Historian, at the Montgomery County Historical Society. Montgomery County once had 17 Rosenwald Schools!

Movie Matinee: "The Women's Balcony"

2016 ♦ 96 minutes ♦ Comedy/Drama

Hebrew, with English Subtitles

When: Thursday, April 27, 1:30 - 3:30 PM **RSVP 4/20**

Where: Clubhouse II Auditorium ♦ Discussion to follow.

When the women's balcony in an Orthodox synagogue collapses in the middle of a bar mitzvah, it causes a major rift in a close-knit congregation in Jerusalem. Charismatic young Rabbi David warns the men of the community that they haven't done enough to ensure the modesty of their women. This results in a rift between the community's men and women that puts faith, friendships and traditions to the test. *The #1 grossing film in Israel in 2016!*

"A rousing good-humored tale of women speaking truth to power"

"Absolutely wonderful!"



CoA @ TEMPLE BETH AMI!
14330 Travillah Road, Rockville ♦ Fee: \$7.00

🎵 CARON DALE of Lox & Vodka
Jewish Soul Music

Monday, March 27 ♦ 1:00 - 2:30 PM **RSVP 3/20**

Members of Lox & Vodka serve up a delightful taste of Jewish Soul Music from the shtetls of Eastern Europe to the shores of America. Singer, songwriter and guitarist **Caron Dale** along with clarinetist extraordinaire **Tom Puwalski** will offer an uplifting and soulful afternoon of klezmer, Yiddish, Hebrew and English song. Get ready to sing, dance and clap your hands!

♥ Refreshments will be served.

OVERNIGHT EXCURSION TO NYC!!!

Wednesday-Thursday ♦ April 19-20, 2017
4/19: Depart JCC ~ 8:00 AM; LW ~ 8:30 AM
4/20: Return ~ 7:30 PM [LW]; 8:00 PM [JCC]

HIGHLIGHTS INCLUDE:

- “Waitress” - Broadway Musical (Orchestra Seats)
- Wyndham New Yorker Hotel (Mid-Manhattan)
- 9/11 Memorial & Museum (assistance-free walking is required)
- Dinner at Carmine’s
- Lunch at Katz’s Deli (on your own)
- Luxury Motor Coach

Cost: \$495pp/Double Occupancy; \$105/Single Rm. Supplement
RSVP: February 19, 2017

SOLD OUT!
WAITLIST IS AVAILABLE!

► QUESTIONS? 301.348.3809 ~OR~ fenoch@jccgw.org

ALL (Adult Living & Learning) Registration

REGISTER ONLINE @ jccgw.org ~ OR ~

By Mail: complete & submit this form to: JCCGW
Attn: **ALL** // 6125 Montrose Rd., Rockville, MD 20852

Name _____ Date of Birth ____/____/____
Address _____ Apt. # _____
City _____ State _____ Zip Code _____
Phone # _____
Email _____

- Folk Songs for Our Times @ JCC [Wed.;1:00pm]**
Code: 15987 Amount \$ _____
- Intergenerational Computer Class [Thurs.;3:30pm]**
Code: 15988 Amount \$ _____
- Exploring Ultra-Orthodox Life [Part II] @ JCC [Wed.;10:30am]**
Code: 16019 Amount \$ _____
- Heroes & Villains @ JCC [Wed.;1:00pm]**
Code: 15986 Amount \$ _____
- Ceramics @ JCC [Wed.;10:00am]**
Code: 15970 Amount \$ _____
- Ceramics Materials Fee**
Code: 15990 Amount \$ _____

- Exploring Ultra-Orthodox Life [Part II] @ LW [Thurs.;10:30am]**
Code: 16017 Amount \$ _____
- Folk Songs for Our Times @ LW [Thurs.;1:00pm]**
Code: 16018 Amount \$ _____

Method of Payment (check one; NO CASH)

Check - Payable to JCCGW Total Amount Paid \$ _____

VISA MasterCard AmEx Discover

Credit Card # _____ Exp. Date: _____

► Questions? Call or email **Debbie Sokobin**
301.348.3760 or dsokobin@jccgw.org

ALL (Adult Living & Learning) Program @ Leisure World

Exploring Ultra-Orthodox Life in Israel, Part II

Thurs., Mar. 2.– Apr. 6
10:30 a.m. – 12 p.m. [Code 16017]
\$30 Mem./Residents of Leisure World

In this class, we will conclude the second season of the highly acclaimed Israeli television series 'Shtisel'. **Ira Weiss** will precede each episode with a discussion of this unique perspective of life in Israel and then follow the episode with Q & A.

Folk Songs for Our Times

Thurs., Mar. 16 & 23
1:00 –2:00 p.m. [Code 16018]
\$20 Mem./Residents of Leisure World

Do you remember the days when the family sat at the piano or around the radio and sang together? In this workshop, **Cantor Karen Webber** will take you on a sung journey through melodies that have a rich history only to have become a part of the lexicon of American Song. We will sing together - "Lemon Tree", "Dona", and much much more!

- For any questions or to register, visit benderjccgw.org or contact **Debbie Sokobin** at 301.348.3760 or dsokobin@benderjccgw.org.

FOOD 'N FUN

MYKONOS GRILL!

Game: Identify Logos & Other Trivia!

Wednesday, March 22 ♦ 12:30 - 3:00 PM **RSVP 3/10**
121 Congressional Lane, Rockville
Cost: \$25/Lunch & Program

We're returning to **Mykonos Grill** for their delicious, authentic Greek food! The ambience is lovely, the wait staff delightful, and the food is SO good!! The place feels authentic, with white walls, faux cobblestone floors, and friendly Mediterranean servers. Start with a half loaf of bread with delicious olive oil - a great beginning to a great meal. After lunch, we'll test your knowledge of trivia, and maybe you & your team will win a prize!

Wishing You Peace & Joy at Passover & throughout the Year!



EXCURSIONS

Toby's Musical Dinner Theatre presents
"SHOW BOAT"
A Matinee Performance

Wednesday, March 8 **RSVP 2/22**
Depart Bender JCC ~ 9:30 AM
Depart Leisure World Clubhouse II ~ 10:00 AM
Return ~ 3:30 PM
Brunch Buffet served from 10:45-11:50 AM
Location: 5900 Symphony Woods Road, Columbia
Ticket: \$50/brunch & show; \$20/transportation

An American classic! **Show Boat** follows life aboard the Cotton Blossom, a Mississippi River show boat. This timeless musical spans generations, telling a powerful story of hope, freedom and love while celebrating the music of vaudeville, jazz and gospel with some of the most beautiful songs ever written, including "Ol' Man River," "Can't Help Lovin' Dat Man" and "Make Believe".

SAVE THE DATE: JUNE 14, 2017

**Excursion: National Museum of
African American History and Culture**

OVERNIGHT EXCURSION TO NYC!!!

Wednesday-Thursday, April 19 - 20

► SOLD OUT; WAITLIST AVAILABLE

Questions? 301.348.3809 or fenocho@jccgw.org

See page 3 for the details!

ALL (Adult Living & Learning) Program

Folk Songs for Our Times (JCC)

Wednesdays, Apr. 5 & 19
1:00 – 2:00 p.m. [Code 15987]
\$20/Members/\$25/General Public

Do you remember the days when the family sat at the piano or around the radio and sang together? In this workshop, **Cantor Karen Webber** will take you on a musical journey through melodies that have a rich History, becoming a part of the lexicon of American Song. We will sing together - "Lemon Tree", "Dona", and much, much more!

**Intergenerational
Computer Class (JCC)**



Thursday, Feb. – May 11
3:30 – 4:30 p.m. [Code 15988]
FREE - Registration Required

Learn from local area teens how to use technology and get connected! This includes smartphones, iPad, tablet, Facebook, email, and MORE!

► Make sure to bring your charged device and charger with you.

AARP Safe Driving Refresher Course (JCC)

Wednesday, March 22 10:00 a.m. – 2:30 p.m.
\$15/AARP members/ \$20 Gen. Public
(Make checks payable to AARP)

ALL (Adult Living & Learning) Program

Exploring Ultra-Orthodox Life in Israel, Part II (JCC)

Wednesdays, March 1– April 5 ♦ 10:30 a.m. – 12:00 p.m.

Instructor: Ira Weiss

\$30/Members; \$40/General Public [Code 16019]

In this class, we will conclude the second season of the highly acclaimed Israeli television series 'Shtisel'. **Ira Weiss** will precede each episode with a discussion of this unique perspective of life in Israel and then follow the episode with a Q & A.

Heroes & Villains (JCC)

Wednesdays, March 8 - 29 ♦ 1:00 – 2 p.m.

Instructor: Paul Levy

\$25/members/\$30 general public [15986]

Paul Levy is back with a new course called "Heroes & Villains". The curriculum covers controversies throughout our recent history: the display of Confederate symbols and statues, ethical decision making by scientists during the development of the atomic bomb, Malcolm X, and balancing national security and privacy.

Ceramics (JCC)

Wednesdays, Feb. 15 – March 29

10:00 a.m. – 12:30 p.m.

Instructor: Debra Vardon

\$100/members; \$120/general public [Code: 15970]

\$25 materials fee [Code:15990]

Join this class for lots of instruction both on and off the pottery wheel with our expert instructor.

CoA @ Shaare Tefila! - Cost: \$7

16620 Georgia Ave., Olney

**Near 'Roots' grocery store, only 5 min. from LW
(LEFT at Emory Church Rd., Cross Georgia Ave.,
LEFT on Service Road)**

A CONCERT OF JEWISH, RUSSIAN & WORLD MUSIC!

Thursday, March 16 ♦ 1:30 - 3:00 PM

RSVP 3/9

♪ **Vladimir Gamarnik - Virtuoso Violinist**

♪ **Pinchas Zahavi - Accordionist**

♪ **Frieda Enoch - Guest Vocalist!**

Join us for this joyous, entertaining and 'heimish' concert. A little nostalgia and a lot of fun! This trio will have you singing along and tapping your feet to familiar tunes from around the world!

♥ Refreshments will be served.

Singer and Pianist Rabbi and Cantor Mark Perman

"From Bima to Broadway"

Wednesday, April 5, 1:30 - 3:00 PM

RSVP 3/29

Join us as **Cantor & Rabbi Mark Perman** performs Broadway show tunes, as well as Jewish melodies, and songs in celebration of the upcoming holiday, Passover. This musical tour of Broadway and Jewish music includes Yiddish, as well as popular standards! It will surely keep you entertained.

Join us to sing, dance or just listen!

♥ Refreshments will be served.

“TUESDAYS @ THE J’

Selma Sweetbaum Senior Satellite Program

Join us every Tuesday for this *FREE** program:

10:00 AM: Weekly Exercise; Monthly Blood Pressure Check

11:00 AM – 12:00 PM: Guest Speaker

12:00 PM: Delicious, Kosher Meals \$5* [suggested donation]

1:00 PM: 🎵 Jewish Chorus/Song Circle ♦ Led by Frieda
~or~ Yiddish Conversation ♦ Facilitator: Hilda Rubin

► For more information, contact

Stacy Katz Olivera: 301.348.3889 ~ or ~ solivera@jccgw.org.

MORE @ THE J

Live from NY: *Tevey & Friends*

Saturday | March 18, 2017 | 8:00 PM

Created by and featuring Hollywood, TV and Broadway stars, **Allen Rickman and Yelena Shmulenson-Rickman** (Coen Brothers, *A Serious Man*) as well as international Yiddish star **Shane Baker** (*Waiting for Godot*), this is a three-person show based on the writings of **Sholem Aleichem**.

By turns rib-tickling and heart-rending, the show includes *Strange Jews on a Train (S'a Lign!)*, excerpts from *Tevey the Dairyman*, *The Great Shlimazl (Menakhem-Mendl)*, and *A Stepmother's Trash Talk (Mayne-loshn fun a Shtifmame)*. The material is presented in both Yiddish and English, by hilarious simultaneous translation, and with subtitles.

Tickets: \$18/Bender JCC; YGW* members
\$22/General Public

► **REGISTER online:** benderjccgw.org

Questions? Contact Debbie Sokobin: 301.348.3760
dsokobin@benderjccgw.org.

*YGW-Yiddish of Greater Washington

THE SOUNDS OF MUSIC @ THE BENDER JCC!

SONG CIRCLE!

Tuesdays, March 7, 21; April 4

1:00 - 2:30 PM

🎵 The song circle is about the joy of singing

🎵 All are welcome, regardless of experience or level of ability

🎵 Song sheets will be provided

► **Contact Frieda: 301.348.3809 or fenoch@jccgw.org**

Sponsored by the Bender JCCGW Senior Adult Division and
the Folklore Society of Greater Washington (fsgw.org)

POLINGER ARTISTS OF EXCELLENCE

Duo Parnas, Violin & Cello
Sunday, March 5th ♦ 7:30 PM

Duo Parnas is the stunning collaboration of supremely musical sisters, violinist Madalyn Parnas and cellist Cicely Parnas. The duo has earned rave reviews for their exciting and technically flawless performances. They were officially recognized in Carnegie Hall with a 1st prize win at the 2008 International Chamber Music Ensemble Competition. They have performed across the globe in music festivals, recitals, and as soloists with orchestra and have earned international acclaim!

Alon Goldstein & Fine Arts Quartet
Sunday, April 2nd ♦ 7:30 PM

Alon Goldstein's artistic vision and innovative programming have made him a favorite with audiences and critics alike. The venerable **Fine Arts Quartet** ranks among the most distinguished and authoritative ensembles of our time! This program features rarely heard chamber arrangements by the 19th-century German composer and conductor Ignaz Lachner of two of Mozart's most magnificent piano concertos.

► **To purchase tickets, go to benderjccgw.org/concerts**
Questions: contact **Janet Getz** at 301.348.3779.