

# Coming of Age in Maryland (CoA)

## JANUARY- FEBRUARY 2017

*“We are very thankful for the  
wonderful CoA programs!”  
Ethel W. (CoA Member)*

**For more information, please contact  
301.348.3832 or [fenoch@jccgw.org](mailto:fenoch@jccgw.org).**

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**For social work services, please contact  
301.816.2673 or [dabramson@jssa.org](mailto:dabramson@jssa.org).**

*Coming of Age in Maryland is a partnership of the Jewish Social Service Agency (JSSA), Premier Homecare, the Jewish Community Center of Greater Washington (JCCGW) and Jewish Council for the Aging (JCA). Funding is provided by The Jewish Federation of Greater Washington, the United Jewish Endowment Fund, and the State of Maryland.*

**▲ Inclement Weather Policy**

**When MCPS is closed, the  
CoA program is canceled.  
If schools have a delayed  
opening, please call the CoA  
office @ 301.348.3832 for the  
latest update on that day's  
program. Thank you!**



## OVERNIGHT EXCURSION to NYC!!!

**Wednesday-Thursday ♦ April 19-20, 2017**

**4/19: Depart JCC ~ 8:00 AM; LW ~ 8:30 AM**

**4/20: Return ~ 7:30 PM [LW]; 8:00 PM [JCC]**

### Wednesday, April 19

- Luxury Motor Coach [on-board restroom]
- Continental Breakfast & Boxed Lunch on Bus
- Broadway Musical Matinee: "Waitress" [Orchestra Seating]
- Dinner @ Carmine's
- Overnight @ the Wyndham New Yorker Hotel
- Transportation provided to each site

### Thursday, April 20

- Breakfast @ Hotel
- Tour of The 9/11 Memorial Museum
- Lunch @ legendary Katz's Deli [pay on your own]
- Return Home [Approximate arrival: 8:00 PM]

**The cost for the entire trip including everything listed above (excludes Katz's) is \$495, double occupancy. [Share a room with a friend; we are unable to match people up.] For a single room supplement, please add \$105 to the total.**

RSVP: February 19, 2017.

► **Questions? 301.348.3832 ~OR~ fenocho@jccgw.org**

We reserve the right to make substitutions if necessary..

## CoA REGISTRATION FORM

**REGISTER ONLINE @ [jccgw.org](http://jccgw.org) or by mail**

► Need help? Please call 301.348.3832.

To register by mail, complete & submit this form to:  
**JCCGW, Attn: CoA // 6125 Montrose Rd., Rockville, MD 20852**

Name \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ Apt. # \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

Email \_\_\_\_\_

**Beth Ami, Concert, Mon. Jan. 9** RSVP 1/2  
 Fee: \$7/ticket (16112) Amount \$ \_\_\_\_\_

**Leisure World: CH2 Movie, Wed. Jan. 11** RSVP 1/4  
 Fee: \$7/ticket (16137) Amount \$ \_\_\_\_\_

**Food 'n Fun: Inn @ Brookeville, Mon. Jan. 16** RSVP 1/6  
 Fee: \$30 (16503) Amount \$ \_\_\_\_\_



**Shaare Tefila, Music, Thurs. Jan. 19** RSVP 1/12  
 Fee: \$7 (16078) Amount \$ \_\_\_\_\_

**Excursion: Round House; Thurs. Jan. 26** RSVP 1/16  
 Fee: \$50 (16023), \$20/Transportation (16053) Amount \$ \_\_\_\_\_

**Shaare Tefila, Concert, Wed. Feb. 8** RSVP 2/1  
 Fee: \$7 (16504) Amount \$ \_\_\_\_\_

**Beth Ami, Music, Mon. Feb. 13** RSVP 2/6  
 Fee: \$7/ticket (16505) Amount \$ \_\_\_\_\_

**Leisure World: CH2 Movie, Thurs. Feb. 23** RSVP 2/16  
 Fee: \$7/ticket (16506) Amount \$ \_\_\_\_\_

**Excursion: NYC!!!; Wed.-Thurs., April 19-20** RSVP 2/19  
 Fee: \$495 (16508); \$105/Sgl Rm Supplement (16507) Amount \$ \_\_\_\_\_

► Name of roommate [if sharing]: \_\_\_\_\_

### Method of Payment (check one; NO CASH)

- Check - Payable to: **JCCGW** Total Amount Paid \$ \_\_\_\_\_
- VISA  MasterCard  AmEx  Discover

Credit Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_

## CoA POLICIES

### ► Payment

Checks should be made payable to JCCGW and mailed to:

**JCCGW - Coming of Age (CoA)  
6125 Montrose Road  
Rockville, MD 20852**

▼ JCCGW = Jewish Community Center of Greater Washington  
CoA = Coming of Age

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### ► Registration: Do Not Call To Register!

Programs are filled on a 1st come, 1st served basis, in order of receipt of payment. Register online or mail in the form with your payment!

**EACH participant must COMPLETE the Registration form!**

### ► Refunds/Cancellations

There is no refund if you cancel after the RSVP date.

► **Mailings:** Please call us to be removed from our mailing list.

► Please call **CoA** at **301.348.3832** with any **special needs**.

### ► IMPORTANT EXCURSION INFORMATION

The CoA staff calls each excursion registrant, usually **1-2 days before the trip, with bus departure times**. (An approximate departure time is noted in the CoA booklet.) Please be at your pick-up location at least 10 (ten) minutes **before** boarding time. This allows us to get on the bus, get to our destination on time, and to be considerate of the other attendees. In the case of an emergency, and at the staff's discretion, the bus may wait an additional 5 (five) minutes before departing. Thank you for your understanding and cooperation!

### ► IMPORTANT INFORMATION

#### **RE. CoA BI-MONTHLY MAILINGS**

If you have attended 1 or fewer CoA program (s) between July 1, 2015 - June 30, 2016, your name may be removed from our mailing list. Please call us with any questions or if we have removed your name erroneously. Thank you for your understanding!

**Note:** The CoA bi-monthly calendar can be viewed online.

## Coming of Age & JRLW @ LEISURE WORLD

Fee: \$7

### ***Movie Matinee: "The Green Prince"***

2014 ♦ 101 minutes ♦ Documentary

English, Hebrew & Arabic (with subtitles)

**When: Wednesday, January 11, 1:30 - 3:30 PM RSVP 1/4**

**Where: Clubhouse II Auditorium ♦ Discussion to follow.**

Set against the chaotic backdrop of recent events in the Middle East, Nadav Schirman's **THE GREEN PRINCE** retraces the details of a highly unprecedented partnership that developed between sworn enemies. In the style of a tense psychological thriller, this extraordinary documentary recounts the true story of the son of a Hamas leader who emerged as one of Israel's prized informants, and the Shin Bet agent who risked his career to protect him.

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### ***Movie Matinee: "Fabulous Fashionistas"***

2013 ♦ 60 minutes ♦ Documentary ♦ English

**When: Thursday, February 23, 1:30- 3:00 PM RSVP 2/16**

**Where: Clubhouse II Auditorium ♦ Discussion to follow.**

"An uplifting, life-affirming, and inspiring film" [The Times]

"**Fabulous Fashionistas**" explores the art of aging through the lens of six extraordinary women with an average age of eighty, who all defy our expectations of the aging process. What they all have in common is to look fabulous, have fun, and keep going! The women also want to convey the message that their interest in fashion is more than about looking cool. "It's not about money or looking younger," one of the six said. It's about "squeezing the pips out of life!" Gentlemen, we hope you'll join us as well!



**CoA @ TEMPLE BETH AMI!**  
 Fee: \$7.00 ♦ 14330 Travillah Road, Rockville

**🎵 CANTOR RAMON TASAT  
 IN CONCERT!**

**Monday, January 9 ♦ 1:00 - 2:30 PM**      **RSVP 1/2**

Born in Buenos Aires, **Hazzan Dr. Ramón Tasat** is the Cantor of *Shirat HaNefesh (Song of the Soul)*, an independent synagogue community in Montgomery County. Accompanying himself on guitar, he sings Jewish-Sephardic music with passion and inspiration! His most notable appearances include the Kennedy Center Concert Hall; the Israeli Embassy; the Jewish Music Festival of Berkeley, California; Limmud UK; Saint C ere, France; Siena, Italy; Helsinki, Finland; and Barcelona, Spain.

♥ Refreshments will be served.



**🎵 CONCERT:  
 EIN LANU Z'MAN**

**Monday, February 13 ♦ 1:00 - 2:30 PM**      **RSVP 2/6**

Join us for this beautiful music, which is sheer joy!  
**Ein Lanu Z'man**, the Hebrew name meaning "we have no time," is the official band of Agudas Achim Congregation in Alexandria, Virginia. Their music comes from Jewish tradition, with a diverse repertoire featuring folk, classical, and rock influence.

♥ Refreshments will be served.

**THE SOUNDS OF MUSIC @ THE BENDER JCC!**

**SONG CIRCLE!**

**Tuesdays, January 3, 17; February 7, 21  
 1:00 - 2:30 PM**

- 🎵 The song circle is about the joy of singing
- 🎵 All are welcome, regardless of experience or level of ability
- 🎵 Song sheets will be provided

**Contact Frieda: 301.348.3809 or fench@jccgw.org**

► Sponsored by the Bender JCCGW Senior Adult Division and the Folklore Society of Greater Washington (fsgw.org)

**POLINGER ARTISTS OF EXCELLENCE**

**BRIAN GANZ ♦ PIANO**

**Sunday, January 29, 2017 ♦ 3:00 PM**

Enjoy a **FREE** preview mini-concert here at the Bender JCC, presenting a sampling of pieces to be performed at **Brian Ganz's** upcoming recital at the Music Center at Strathmore.

**Please RSVP: [benderjccgw.org/concerts](http://benderjccgw.org/concerts)**

**Duo Parnas, Violin & Cello**

**Sunday, March 5th ♦ 7:30 PM**

**Duo Parnas** is the stunning collaboration of supremely musical sisters, violinist Madalyn Parnas and cellist Cicely Parnas. The duo has earned rave reviews for their exciting and technically flawless performances. They were officially recognized in Carnegie Hall with a 1st prize win at the 2008 International Chamber Music Ensemble Competition. They have performed across the globe in music festivals, recitals, and as soloists with orchestra and have earned international acclaim!

► **To purchase a ticket, go to [benderjccgw.org/concerts](http://benderjccgw.org/concerts)**  
 Questions: contact **Janet Getz** at 301.348.3779.

## 'TUESDAYS @ THE J' RETURNS!

Selma Sweetbaum Senior Satellite Program

Join us every Tuesday for this **FREE\*** program:

**10:00 – 11:00 AM**

Weekly Exercise; Monthly Blood Pressure Check

**11:00 AM – 12:00 PM**

Guest Speaker

**12:00 PM**

Delicious, Kosher Meals - \*\$5 suggested donation

**1:00 PM**

♪ Jewish Chorus/Song Circle ♦ Led by Frieda  
~or~

Yiddish Conversation Group ♦ Facilitator: Hilda Rubin

► **For more information, contact**  
**Stacy Katz Olivera: 301.348.3889**  
or [solivera@jccgw.org](mailto:solivera@jccgw.org).

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## Women's Connections

**Mondays ♦ 10:45 a.m. - 12:00 p.m.**

**Bender JCC – Room 122**

- ~ All Women Welcome
- ~ Interesting Topics
- ~ Socialize and Make New Friends
- ~ Facilitated by Enid Portnoy

► **For more information, contact**  
**Debbie Sokobin 301.348.3760** or  
[dsokobin@jccgw.org](mailto:dsokobin@jccgw.org).

## FOOD 'N FUN

### NEW YEAR CELEBRATION!

#### *The Inn at Brookeville Farms Restaurant*

**Monday, January 16 ♦ 12:30 - 3:00 PM**

**RSVP 1/6**

19501 Georgia Avenue, Brookeville, MD

Cost: \$30/Holiday Meal & Music

Join us for our annual holiday celebration at this quaint country inn. Come to eat, sing and be merry with friends! Classic country style American cuisine! Enjoy live and lively music while you eat, and then try your hand at **Karaoke!** No experience necessary! Whether you've sung on stage or in the shower, we'd love to hear you sing! If you have a tune in mind, let us know in advance so that we can provide the words & music. Just want to listen? That's good too!

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*WISHING YOU ALL A  
HEALTHY & ...*



## EXCURSIONS

### Round House Theatre *presents* “CAROLINE, OR CHANGE” A Show-Stopping Musical!

Thursday, January 26                      RSVP 1/16  
Depart LW ~ 6:00 PM; Bender JCC ~ 6:30 PM  
Curtain: 7:30 PM  
Location: 4545 East-West Highway, Bethesda  
Cost: \$50/ticket; \$20/transportation

Set in the heat of the Civil Rights Movement, the Tony-nominated *Caroline, Or Change* follows a black maid working for a middle-class Jewish family in Louisiana. When a small amount of money goes missing, buried tensions threaten to rip two families—and the struggling Caroline—apart. Loosely based on Kushner’s provocative and personal story, *Caroline* features a virtuosic score from Jeanine Tesori (Tony Award Winner) that blends blues, gospel, and traditional Jewish melodies into a magical, musical masterpiece.

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**SAVE THE DATE: Wednesday, March 8**

Toby’s Theatre Matinee Performance of:

**“SHOWBOAT”**

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**OVER-NIGHT EXCURSION TO NYC!!!**

Wednesday-Thursday, April 19 - 20

► **REGISTRATION IS NOW OPEN!**

Questions? 301.348.3832 or [fenoch@jccgw.org](mailto:fenoch@jccgw.org)

See page 1 for all the details!

**CoA @ Shaare Tefila! - Cost: \$7**

16620 Georgia Ave., Olney

Near ‘Roots’ grocery store, only 5 min. from LW  
(LEFT at Emory Church Rd., Cross Georgia Ave.,  
LEFT on Service Road)

### **THE BILLION DOLLAR SPY:** A True Story of Cold War Espionage & Betrayal

**David Hoffman - Author, Washington Post Editor**

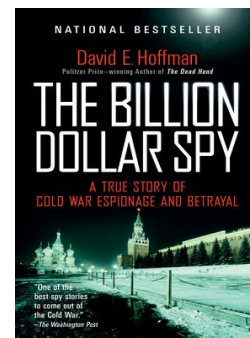
Thursday, January 19, 1:30 - 3:00 PM

RSVP 1/12

“Fascinating Read” [Doubleday Books]  
An engrossing tale.” [NY Times]

“*The Billion Dollar Spy* is one of the best spy stories to come out of the Cold War and all the more riveting . . . for being true. It hits the sweet spot between page-turning thriller and solidly researched history and then becomes something more, a shrewd character study of spies and the spies who run them, the mixed motives, the risks. . . . this is a terrific book.” [Washington Post ]  
Author **David Hoffman** will share this story!

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### **VALENTINE’S CONCERT**

**Singer Karin Paludan**  
With Piano Accompaniment

Wednesday, February 8, 1:30 - 3:00 PM

RSVP 2/1

Soprano **Karin Paludan** is...a singer with an “outstanding voice” - [The Washington Post]. She performs regularly in the DC area and throughout the country in recitals, operas and operettas, and is a winner of the Metropolitan Opera National Council Regional Award. We will be entertained with beautiful love songs in honor of Valentine’s Day!

♥ Refreshments will be served.