

Herman Aquatics Center Indoor Pool Schedule, *updated September 9, 2017**

SUNDAY

TIME

7:00 AM–9:00 AM
9:00 AM–11:30 AM
11:30 AM–2:00 PM
2:00 PM–5:00 PM
5:00 PM–8:00 PM

LANE DESIGNATION

5 lanes–lap swim only/ 1 Water Jogging
4 lanes–lap swim only/ 2 CLOSED–CLASSES
4 lanes–lap swim only/ **Open Swim
4 lanes–lap swim only/ 2 CLOSED–Scuba Class
4 lanes–lap swim only/ **Open Swim

MONDAY

6:00 AM–9:00 AM
9:00 AM–10:00 AM
10:00–12:00 PM
12:00 PM–1:00 PM
1:00 PM–2:00PM
2:00 PM–4:00 PM
4:00 PM–5:00 PM
5:00 PM–6:30 PM
6:30 PM–7:00 PM
7:00 PM–8:00 PM
8:00 PM–10:00 PM

5 lanes–lap swim only/ 1 Water Jogging
5 lanes–lap swim only / 1 CLOSED–ProAction PT
3 lanes–lap swim only/ 1 Double Wide Lane/1 CLOSED–ProAction PT
2 lanes–lap swim only/ 4 CLOSED–CLASS
3 lanes–lap swim only/ 3 CLOSED–CLASS
4 lanes–lap swim only/ **Open Swim
4 lanes–PreTeam/Remaining Lanes–Water Jogging and Class Use Only
2 lanes–lap swim only/ 4 CLOSED–Swim Club
4 lanes–lap swim only/ **Open Swim
4 lanes–lap swim only/ 2 CLOSED–CLASS
5 lanes–lap swim only/ 1 Water Jogging

TUESDAY

6:00 AM–9:00 AM
9:00 AM–10:00 AM
10:00 AM–12:00 PM
12:00 PM–1:00 PM
1:00 PM–2:00 PM
2:00 PM–4:00 PM
4:00 PM–5:00 PM
5:00 PM–8:00 PM
8:00 PM–10:00 PM

5 lanes–lap swim only/ 1 Water Jogging
4 lanes–lap swim only/ 2 lanes **Open Swim
2 lanes–lap swim only/ 2 Double Wide Lanes
6 lanes–lap swim only
3 lanes–lap swim only/ 3 CLOSED–CLASS
4 lanes–lap swim only/ **Open Swim
4 lanes–lap swim only/ 2 CLOSED–CLASSES
4 lanes–lap swim only/ **Open Swim
4 lanes–lap swim only/ 2 CLOSED–Scuba Class

WEDNESDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
10:00 AM–11:00 AM	4 lanes–lap swim only/ 2 CLOSED–CLASS
11:00 AM–12:00 PM	6 lanes–lap swim only
12:00 PM–1:00 PM	2 lanes–lap swim only/ 4 CLOSED–CLASS
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–5:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS
5:00 PM–7:00 PM	4 lanes–lap swim only/**Open Swim
7:00 PM–8:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS
8:00 PM–10:00 PM	5 lanes–lap swim only / 1 Water Jogging

THURSDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM - 10:00 AM	5 lanes–lap swim only / 1 CLOSED–ProAction PT
10:00 AM–12:00 PM	3 lanes–lap swim only/ 1 Double Wide Lane/ 1 CLOSED – ProAction PT
12:00 PM–1:00 PM	6 lanes–lap swim only
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–5:00 PM	4 lanes–PreTeam/Remaining Lanes–Water Jogging and Class Use
5:00 PM–6:30 PM	Only 2 lanes–lap swim only/ 4 CLOSED–Swim Club
6:30 PM–7:00 PM	4 lanes–lap swim only / **Open Swim
8:00 PM–8:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS

FRIDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM–10:00 AM	6 lanes–lap swim only
10:00 AM–12:00 PM	2 lanes–lap swim only/ 2 Double Wide Lanes
12:00 PM–1:00 PM	2 lanes–lap swim only/ 4 CLOSED–CLASS
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–8:00 PM	6 lanes–lap swim only

SATURDAY

7:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM–10:00 AM	3 lanes–lap swim only/3 CLOSED–CLASSES
10 AM–12:30 PM	Gudelsky Exceptional Swim Program–POOL RESERVED FOR PROGRAM USE ONLY
12:30 PM–8:00 PM	4 lanes–lap swim only/ **Open Swim

* Dedicated Lap Lanes available daily. **Open Swim – double wide lane use for slow swimming, water jogging and general use. ***Schedule may change to accommodate special events