

**Herman Aquatics Center Indoor Pool Schedule, \*\*\*updated September 9, 2017**

**SUNDAY**

**TIME**

7:00 AM–9:00 AM  
9:00 AM–11:30 AM  
11:30 AM–2:00 PM  
2:00 PM–5:00 PM  
5:00 PM–8:00 PM

**LANE DESIGNATION**

5 lanes–lap swim only/ 1 Water Jogging  
4 lanes–lap swim only/ 2 CLOSED–CLASSES  
4 lanes–lap swim only/ \*\*Open Swim  
4 lanes–lap swim only/ 2 CLOSED–Scuba Class  
4 lanes–lap swim only/ \*\*Open Swim

**MONDAY**

6:00 AM–9:00 AM  
9:00 AM–10:00 AM  
10:00–12:00 PM  
12:00 PM–1:00 PM  
1:00 PM–2:00PM  
2:00 PM–4:00 PM  
4:00 PM–5:00 PM  
5:00 PM–6:30 PM  
6:30 PM–7:00 PM  
7:00 PM–8:00 PM  
8:00 PM–10:00 PM

5 lanes–lap swim only/ 1 Water Jogging  
5 lanes–lap swim only / 1 CLOSED–ProAction PT  
3 lanes–lap swim only/ 1 Double Wide Lane/1 CLOSED–ProAction PT  
2 lanes–lap swim only/ 4 CLOSED–CLASS  
3 lanes–lap swim only/ 3 CLOSED–CLASS  
4 lanes–lap swim only/ \*\*Open Swim  
4 lanes–PreTeam/Remaining Lanes–Water Jogging and Class Use Only  
2 lanes–lap swim only/ 4 CLOSED–Swim Club  
4 lanes–lap swim only/ \*\*Open Swim  
4 lanes–lap swim only/ 2 CLOSED–CLASS  
5 lanes–lap swim only/ 1 Water Jogging

**TUESDAY**

6:00 AM–9:00 AM  
9:00 AM–10:00 AM  
10:00 AM–12:00 PM  
12:00 PM–1:00 PM  
1:00 PM–2:00 PM  
2:00 PM–4:00 PM  
4:00 PM–5:00 PM  
5:00 PM–8:00 PM  
8:00 PM–10:00 PM

5 lanes–lap swim only/ 1 Water Jogging  
4 lanes–lap swim only/ 2 lanes \*\*Open Swim  
2 lanes–lap swim only/ 2 Double Wide Lanes  
6 lanes–lap swim only  
3 lanes–lap swim only/ 3 CLOSED–CLASS  
4 lanes–lap swim only/ \*\*Open Swim  
4 lanes–lap swim only/ 2 CLOSED–CLASSES  
4 lanes–lap swim only/ \*\*Open Swim  
4 lanes–lap swim only/ 2 CLOSED–Scuba Class

### WEDNESDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
10:00 AM–11:00 AM	4 lanes–lap swim only/ 2 CLOSED–CLASS
11:00 AM–12:00 PM	6 lanes–lap swim only
12:00 PM–1:00 PM	2 lanes–lap swim only/ 4 CLOSED–CLASS
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–5:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS
5:00 PM–7:00 PM	4 lanes–lap swim only/**Open Swim
7:00 PM–8:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS
8:00 PM–10:00 PM	5 lanes–lap swim only / 1 Water Jogging

### THURSDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM–12:00 PM	5 lanes–lap swim only / 1 CLOSED–ProAction PT
12:00 PM–1:00 PM	6 lanes–lap swim only
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–5:00 PM	4 lanes–PreTeam/Remaining Lanes–Water Jogging and Class Use Only
5:00 PM–6:30 PM	2 lanes–lap swim only/ 4 CLOSED–Swim Club
6:30 PM–7:00 PM	4 lanes–lap swim only / **Open Swim
7:00 PM–8:00 PM	4 lanes–lap swim only/ 2 CLOSED–CLASS
8:00 PM–10:00 PM	4 lanes–lap swim only / 2 CLOSED–Scuba Class

### FRIDAY

6:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM–10:00 AM	6 lanes–lap swim only
10:00 AM–12:00 PM	2 lanes–lap swim only/ 2 Double Wide Lanes
12:00 PM–1:00 PM	2 lanes–lap swim only/ 4 CLOSED–CLASS
1:00 PM–2:00 PM	3 lanes–lap swim only/ 3 CLOSED–CLASS
2:00 PM–4:00 PM	4 lanes–lap swim only/ **Open Swim
4:00 PM–8:00 PM	6 lanes–lap swim only

### SATURDAY

7:00 AM–9:00 AM	5 lanes–lap swim only/ 1 Water Jogging
9:00 AM–10:00 AM	3 lanes–lap swim only/3 CLOSED–CLASSES
10 AM–12:30 PM	Gudelsky Exceptional Swim Program–POOL RESERVED FOR PROGRAM USE ONLY
12:30 PM–8:00 PM	4 lanes–lap swim only/ **Open Swim

\* Dedicated Lap Lanes available daily. \*\*Open Swim – double wide lane use for slow swimming, water jogging and general use. \*\*\*Schedule may change to accommodate special events